Annexure-1

Interview Schedule for Inmates of Old Age Homes

1. Name
2. Age
3. Gender Male Female
5. Religion Hindu/Sikh/Christian/Others
6. Marital status Married/Widowed/Divorced/Never Married
7. Educational Status Primary/Middle/Matric/BA/MA/Above
8. Area Urban/Rural
9. Occupation Present/Previous
10. Pensioner/Non-pensioner
11. Economically Dependent/Independent
12. Family Status Nuclear/Joint/Extended/No Family
13. Number of Children

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14. Children working outside Country/City/Village
15. Any illness/No illness if yes specify
16. What are your leisure time activities?
   - Indoor (Watching T.V, Reading, Playing Cards, Gossiping with other inmates)
   - Outdoor (Regular walk, Jogging, Sports, Picnics)
17. Faced or Facing any kind of abuse.
18. What do you mean by elder abuse? According to you it is
   - Neglect/Emotional Abuse/ Verbal Abuse/ Emotional Abuse/ Physical Abuse/Showing Disrespect
19. Which kind of abuse has been faced by you?
20. What according to you are the reasons of Elder Abuse?
   - Caregivers Stress/ Environmental stressors/ Dependency/Victims Pathology
21. Did you take any action against the abuser? Yes/No
22. Whom did you approach when faced the abuse?
   - Discussed with family, friends or others
   - Approached a social worker
   - Approached a counsellor
   - Senior Citizens Association
   - Police
   - Lawyer
   - No response

23. Reasons for joining OAH
   - No Care Giver
   - No Support from Children
   - Loneliness
   - Death of Spouse
   - Any other

24. Decision to live in OAH was taken by whom.
   - Self/Others (Spouse/Children/Relatives/Friends)

25. What is your duration of stay in OAH?

26. Prefer to stay in single room or shared basis.

27. Do you interact with other inmates? Yes/No

28. Are you facing any problem due to other inmates?

29. How often your children/Grandchildren visit you
   - Weekly/Monthly/Yearly/Never Visit

30. How often you have telephonic conversation with children/grandchildren
   - Weekly/Monthly/Yearly/Never

31. How often your relatives/friends visit you
   - Weekly/Monthly/Yearly/Never

32. Did you plan for your retired or old age life? Yes/No If Yes in what terms
   - Housing/ Deposits/Medical Fitness/Kept part of your income for Medical Problems/None/Any Other

33. Are you satisfied with the services of the old age home?
   - Food, Safety, Medical, Hygiene

34. Are you satisfied with the services around the home such as
   - Locality/Market/Bank/Post Office/Transport/Park/Hospital
35. Are you satisfied with the infrastructure and facilities in OAH such as Building Design/Living Room/Wash Room/Office Area

36. Are you engaged in some social activity?

37. Do you feel that there is any change in the attitude of the youngsters towards the aged? Yes/No

38. What type of change is being noticed by you?
   - Parents are deemed burden for the youth
   - Youngsters do not like any interference from parent side.
   - Career building is the only priority for the youth.
   - Youth wished to be sole decision makers for their own lives as well as for the lives of older persons.

39. What according to you are the reasons for this change?
   - Westernization/Commercialization/T.V. Culture/Rise in cost of living/Generation gap/Any Other

40. What do you understand by term ‘empowerment’ for older persons?
   - Healthy Ageing/Financially Independent/Politically Active/Socially Active/Any Other (Specify)

41. Do you feel empowered? Yes/No
   - If yes, in what terms________________________

42. Are you involved in any social activity? Yes/No
   - If yes, please specify________________________

43. Are you politically active? Yes/No

44. Are you health conscious? Yes/No

45. What do you do to keep yourself healthy?
   - Regular Walk/Regular Exercise/Yoga/Anything Else/Nothing

46. What is your overall view about your present life span?
   - More than satisfied/Satisfied/Dissatisfied/No satisfaction at all

47. Any suggestion/remarks about your stay in general.
Interview Schedule for Beneficiaries of Chandigarh Senior Citizens Association

1. Name
2. Age
3. Gender Male Female
5. Religion Hindu/Sikh/Christian/Others
6. Marital status Married/Widowed/Divorced/Never Married
7. Educational Status Primary/Middle/Matric/BA/MA/Above
8. Area Urban/Rural
9. Occupation Present/Previous
10. Pensioner/Non-pensioner
11. Economically Dependent/Independent
12. Family Status Nuclear/Joint/Extended/No Family
13. Number of Children
   
   S1  S2  S3  S4  S5
   D1  D2  D3  D4  D5

14. Children working outside Country/City/Village
15. Any illness/No illness if yes specify___________
16. What are your leisure time activities?
   Indoor (Watching T.V, Reading, Playing Cards, Gossiping with other inmates)
   Outdoor (Regular walk, Jogging, Sports, Picnics)
17. Faced or Facing any kind of abuse.
18. What do you mean by elder abuse? According to you it is
   Neglect/Emotional Abuse/ Verbal Abuse/ Emotional Abuse/ Physical Abuse/Showing Disrespect
19. Which kind of abuse has been faced by you?
20. What according to you are the reasons of Elder Abuse?
   Caregivers Stress/ Environmental stressors/ Dependency/Victims Pathology
21. Did you take any action against the abuser? Yes/No
22. Whom did you approach when faced the abuse?
- Discussed with family, friends or others
- Approached a social worker
- Approached a counsellor
- Senior Citizens Association
- Police
- Lawyer
- No response

23. Do you own the house you are residing in? Yes/No

24. The ownership status of the house living in.
   Owned/Rented/Owned by Son or Daughter/Owned by Relative or Friend

25. Does the ownership status affect your life? Yes/No

26. What are the effects of ownership status on your life?
   - Financially Independent
   - You are the Decision Maker
   - Family members take your advice in decision making
   - You can remain socially active
   - Any Other

27. Do you participate in household chores? Yes/No

28. If yes it is willingly or forcibly and if no, is there any effect on your life?

29. Does the ownership status have any effect on your participation in household chores?
   Yes/No

30. Do you feel that there is any change in the attitude of the youngsters towards the aged? Yes/No

31. What type of change is being noticed by you?
   - Parents are deemed burden for the youth
   - Youngsters do not like any interference from parent side.
   - Career building is the only priority for the youth.
   - Youth wished to be sole decision makers for their own lives as well as for the lives of older persons.

32. What according to you are the reasons for this change?
   Westernization/Commercialization/T.V. Culture/Rise in cost of living/Generation gap/Any Other
33. Are you a member of CSCA? Yes/No If Yes since __________
34. Do you attend meetings of CSCA? Yes/No. If no why?
35. Are you aware of services and projects of CSCA? Yes/No
36. Are you availing these services? Yes/No. If yes which service ________________.
37. Do you think ‘Project Sharavanika’ is applicable? Yes/No
38. Why according to you ‘Project Sharavanika’ is not applicable in nature? Due to
   • No Bondage of Relationship with Volunteers Engaged
   • Lack of Affection
   • Pessimistic attitude of the aged towards outsiders
   • The volunteers cannot minimize the gap existing with our children
   • Feeling of embarrassment in the society
39. To 42 are for the beneficiaries of ‘Project Vanita’
   Profile of beneficiaries consisting of Name, Age, Marital Status, Occupation.
40. Are you satisfied with the services and activities of the Centres? Yes/No
41. If yes what are the reasons for your satisfaction.
   • Free medical checkups and follow-ups
   • Helps in keeping personal hygiene
   • We can now at least take good care of our grand children
   • Helps in income generation skills
   • Bring happiness in our lives
42. If no what are the reasons for your dissatisfaction?
   • Cannot change our status
   • Cannot bring an end to our problems
   • Our work suffers, we cannot attend these meetings every time
43. What do you understand by term ‘empowerment’ for older persons?
   Healthy Ageing/Financially Independent/Politically Active/Socially Active/Any Other (Specify)
44. Do you feel empowered? Yes/No
   If yes, in what terms __________________
45. Are you involved in any social activity? Yes/No
   If yes, please specify __________________
46. Are you politically active? Yes/No
47. Are you health conscious? Yes/No
48. What do you do to keep yourself healthy?
49. Regular Walk/Regular Exercise/Yoga/Anything Else/Nothing
50. What is your overall view about your present life span?
   More than satisfied/Satisfied/Dissatisfied/No satisfaction at all
51. Any suggestion/remarks.
Interview Schedule for Beneficiaries of Help Age India

1. Name
2. Age
3. Gender
4. Caste
5. Religion
6. Marital status
7. Educational Status
8. Area
9. Occupation
10. Pensioner/Non-pensioner
11. Economically Dependent/Independent
12. Family Status
13. Number of Children
   S1  S2  S3  S4  S5
   D1  D2  D3  D4  D5

14. Children working outside Country/City/Village
15. Any illness/No illness if yes specify
16. What are your leisure time activities?
   Indoor (Watching T.V, Reading, Playing Cards, Gossiping with other inmates)
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18. What do you mean by elder abuse? According to you it is
   Neglect/Emotional Abuse/ Verbal Abuse/ Emotional Abuse/ Physical Abuse/Showing
   Disrespect
19. Which kind of abuse has been faced by you?
20. What according to you are the reasons of Elder Abuse?
   Caregivers Stress/ Environmental stressors/ Dependency/Victims Pathology
21. Did you take any action against the abuser? Yes/No
22. Whom you approached when faced the abuse?
   • Discussed with family, friends or others
   • Approached a social worker

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• Approached a counsellor
• Senior Citizens Association
• Police
• Lawyer
• No response

23. Do you own the house you are residing in? Yes/No

24. The ownership status of the house living in.
   Owned/Rented/Owned by Son or Daughter/Owned by Relative or Friend

25. Does the ownership status affect your life? Yes/No

26. What are the effects of ownership status on your life?
   • Financially Independent
   • You are the Decision Maker
   • Family members take your advice in decision making
   • You can remain socially active
   • Any Other

27. Do you participate in household chores? Yes/No

28. If yes it is willingly or forcibly and if no, is there any effect on your life?

29. Does the ownership status have any effect on your participation in household chores?
   Yes/No

30. Do you feel that there is any change in the attitude of the youngsters towards the aged? Yes/No

31. What type of change is being noticed by you?
   • Parents are deemed burden for the youth
   • Youngsters do not like any interference from parent side.
   • Career building is the only priority for the youth.
   • Youth wished to be sole decision makers for their own lives as well as for the lives of older persons.

32. What according to you are the reasons for this change?
   Westernization/Commercialization/T.V. Culture/Rise in cost of living/Generation gap/Any Other

33. Do you know HAI? Yes/No

34. Do you know about various services provided by HAI? If yes specify
   • Free Medical Checkups
• Free Medicines
• Listen to the problems of aged
• Helps in Income Generation
• Counselling of the elderly and their family members
• Provide necessary support and help to deal with situations like elder abuse
• Any Other

35. To what extent do you feel that HAI is a boon for older persons?

• Not at all
• A little
• Moderate
• Very much
• Extremely

36. Are you satisfied with the services of HAI

• Very dissatisfied
• Dissatisfied
• Neither Satisfied nor Dissatisfied
• Satisfied
• Very Satisfied

37. What are your perceptions about the team of HAI?

• Friendly
• Family Like
• Easily Approachable
• No Response

38. Do you wish to suggest any other service to be performed by HAI?

• OAHs in Rural Area
• Day Care Centres
• Any Other
• Nothing Else

39. What do you understand by term ‘empowerment’ for older persons?

Healthy Ageing/Financially Independent/Politically Active/Socially Active/Any Other (Specify)

40. Do you feel empowered? Yes/No

If yes, in what terms ____________________
41. Are you involved in any social activity? Yes/No
   If yes, please specify _______________________
42. Are you politically active? Yes/No
43. What do you do to keep yourself healthy?
44. Regular Walk/Regular Exercise/Yoga/Anything Else/Nothing
45. What is your overall view about your present life span?
   More than satisfied/Satisfied/Dissatisfied/No satisfaction at all
46. Any suggestion/remarks.
Interview Schedule for Officials of OAHs

1. Name and Address of OAH

2. Type of OAH
   - Pay and Stay – NGO/Government
   - Free of Cost – NGO/Government

3. Intake Capacity of the home
   Present Strength of the home: _______ Males _______ Females

4. Criteria for admission
   - Age Limit
   - Medical Fitness
   - Income
   - Resident of Chandigarh
   - Any other
   - Proofs Required

5. How is an inmate admitted to the home?
   - By Interviewing
   - By Written Application
   - Any Other

6. Who decides the admission of inmates?
   - Management Committee
   - Trustees
   - Government
   - Management and Administrative In-charge of the (Collectively)

7. Building of the Home
   - Owned by whom
   - Single Floor or Multi Floors
   - Provision of Lift
   - Location of the Home (Near Market/Bank/Post Office/Hospital/Temple/Park/Transport Facility/Residential Area)
   - Bedrooms (Single/Double/Dormitory)
   - Toilets and Bathrooms (Attached/ Separate)
   - Dining Room (Capacity _______)

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Are rooms well ventilated?
• Kitchen area, its cleanliness, availability of utensils, LPG gas stove etc.
• Water Supply
• Electricity Supply (Availability of Generator)
• Cleanliness of the Home
• Lighting Facility

8. Staffing Pattern
• Number of Managerial Staff
• Number of Administrative Staff
• Number of Part Time Members
• Number of Full Time Members
• Number of Cooks
• Gardener
• Cleaners
• Attendants
• Guard
• Doctors

Total staff in the Home ____________________

9. Is the selection of the staff done on the basis of special knowledge and training in geriatrics care?
10. Do you train your staff in geriatrics care?
11. What are the sources of income?
12. What are the expenditure heads?
13. Total income of the home in a year __________
14. Total expenditure of the home in a year __________
15. How much grant is sanctioned by the Government?
16. Is there any inspection done by the Government?
17. Any interference of the government?
18. What are the charges of the services provided by the home?
   • Advance Payment
   • Room Rent
   • Food Charges
• Electricity Charges
• Water charges
19. How often the management meets in a year?
20. Did any inmate ever approached for kind of abuse faced by them in the home?
21. Number of cases of elder abuse registered with your organization.
22. How do you handle such cases?
23. What do you suggest for mitigating elder Abuse in the society?
24. What are the problems faced by the management in running the home?
25. Any other information you wish to tell.
Interview Schedule for Officials of HAI

1. Name of the NGO
2. Registration Status
3. Mission of HAI
4. Aims and Objectives of HAI
5. Organizational Structure of HAI Chandigarh Branch.
6. Is the staff of HAI trained in geriatrics care?
7. Do you provide any training to the staff?
8. What are the services provided to older persons?
9. What are various Projects of HAI?
10. Which projects are executed in Chandigarh?
11. Number of beneficiaries covered under one project

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<tr>
<th>Name of the Project</th>
<th>Number of Beneficiaries</th>
<th>Year</th>
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12. The areas covered by HAI in Chandigarh.
13. What services are provided to older persons in Chandigarh?
15. Expenditure of HAI, Chandigarh.
16. Do you charge anything from the beneficiaries of HAI? Yes/No
17. Did any older person ever approach HAI for any kind of abuse faced by them? Yes/No
18. Number of cases of elder abuse registered with HAI, Chandigarh.
19. How do you handle such cases?
20. Any record maintained of such cases.
21. What do you suggest for mitigating elder abuse in the society?
22. What are the problems faced by the management in dealing with older persons?
23. Any other information you wish to tell.
Interview Schedule for Officials of Chandigarh Senior Citizen Association

1. Name of the NGO
2. Registration Status
3. Mission of CSCA
4. Aims and Objectives of CSCA
5. Organizational Structure of CSCA.
6. Is the staff of CSCA trained in geriatrics care?
7. Do you provide any training to the staff?
8. What are the services provided to older persons?
9. What are the various Projects of CSCA? Please Explain in Detail.
10. Number of beneficiaries covered under one project

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11. Income sources of CSCA Chandigarh.
12. Expenditure of CSCA Chandigarh.
13. Do you charge anything from the beneficiaries of CSCA? Yes/No
14. Did any older person ever approach CSCA for any kind of abuse faced by them? Yes/No
15. Number of cases of elder abuse registered with CSCA.
16. How do you handle such cases?
17. What do you suggest for mitigating elder abuse in the society?
18. Any record maintained of such cases.
19. What are the problems faced by the management in dealing with older persons?
20. Any other information you wish to tell.
1. THE BACKGROUND

Demographic Trends

1. Demographic ageing, a global phenomenon has hit Indian shores as well. People are living longer. Expectation of life at birth for males has shown a steady rise from 42 years in 1951-60 to 58 years in 1986-90, it is projected to be 67 years in 2011-16, an increase of about 9 years in a twenty five year period (1986-90 to 2011-16). In the case of females, the increase in expectation of life has been higher-about 11 years during the same period, from 58 years in 1986-90 to 69 year in 2011-16. At age 60 too, the expectation of life shows a steady rise and is a little higher for women. In 1989-93, it was 15 years for males and 16 years for females.

2. Improved life expectancy has contributed to an increase in the number of persons 60+ from only 12 million persons 60+ in India in 1901, the number crossed 20 million in 1951 and 57 million in 1991. Population projections for 1996-2016 made by the Technical Group on Population Projections (1996) indicate that the 100 million mark is expected to be reached in 2013. Projections beyond 2016 made by the United Nations (1996 Revision) has indicated that India will have 198 million persons 60+ in 2030 and 326 million in 2050. The percentage of persons 60+ in the total population has seen a steady rise from 5.1 percent in 1901 to 6.8 percent in 1991. It is expected to reach 8.9 percent in 2016. Projections beyond 2016 made by United Nations (1996 Revision) has indicated that 21 percent of the Indian population will be 60+ by 2050.

3. Growth rate on a large demographic base implies a much larger increase in numbers. This will be the case in the coming years. The decade 2001-11 is expected to witness an increase of 25 million persons 60+ which is equivalent to the total population of persons 60+ in 1961. The twenty five years period 1991 to 2016 will witness an increase of 55.4 million persons 60+ which is nearly the same as the population of persons 60+ in 1991. In other words, in a twenty five years period starting 1991 the population 60+ will nearly double itself.

4. Sixty three percent of the population in 1991 (36 million) is in the age group 60-69 years, often referred to as 'young old' or 'not so old' while 11 percent (6 million) is in the age group 80 years and over i.e., in the 'older old' or 'very old' category. In 2016, the percentage in these age groups will be almost the same, but the numbers are expected to be 69 million and 11 million respectively. In other words, close to six tenths of population 60-69 years can be