APPENDIX I

PERCEPTION OF MOTHER'S CHILD REARING PRACTICE SCALE

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INSTRUCTIONS

The scale contains items relating to the rearing practices of your mother and your interaction with her. Kindly answer the following questions honestly and thoughtfully as it will enable you to obtain a better understanding of your interaction with your mother. Your answers to the questions will be treated in the strictest confidence. Please indicate your answer to each question by drawing a circle around any one of the five alternatives which are 'Very Often (V.O.)', 'Quite Often (Q.O.)', 'Moderately (M.)', 'Seldom (S.)', and 'Never (N.)'. There is no time limit, but work rapidly. Kindly see to it that you attempt all questions.

V.O. Q.O. M. S. N.

1. Does your mother take a keen interest in your day-to-day college/school studies?

2. How often your mother gives academic help and support in doing your home assignment?

3. Does your mother encourage you to read books and magazines other than your text books?

4. Do you discuss your academic problems with your mother?
5. How often does your mother permit and encourage you to call your friends at home?

6. Are you allowed to attend and have parties at home?

7. Are you allowed to stay out late with friends in the evening with permission?

8. Does your mother like to cultivate social relationship with your friends' families?

9. How often do you go to play games in the evening?

10. Does your mother accompany you and take you out for pictures, boating, swimming, club etc.?

11. How often does your mother encourage you to take part in games and exercises?

12. How often your mother comes to watch activities in which you participate in your institution?

13. Do you discuss your economic problems with your mother?

14. When you need money to purchase anything that you take a fancy for, does your mother readily give money for it?

15. Is some definite monthly pocket money given to you for your personal needs?

16. If at any time you need money does your mother readily give it to you?
17. Does your mother try to read and learn about how to give you a balanced and healthy diet?

18. Does your mother make sure that you eat all varieties and types of food?

19. How often does your mother take you out for meals and coffee etc.?

20. Does your mother go out of her way to cook something especially for you which you like?

21. How often your wardrobe is planned and renovated according to the current style & fashion?

22. Are you satisfied with the clothes you possess for daily wear?

23. Does your mother agree to your making party dresses and special occasion clothes?

24. Does your mother go out of her way specially to buy you a dress which you may particularly want?

25. How often does your mother discuss matters relating to sex?

26. How often do you discuss sex and sexual problems with your mother?

27. Were you prepared and briefed about bodily changes which take place at puberty?

28. Did your mother tell and prepare you regarding the problems of adolescents?
29. Does your mother hug and kiss you in the morning and before you go to bed at night?

30. How often does your mother show her affection in the form of hugging or petting?

31. Does your mother reward you with a gift, verbal appreciation, or in the form of a pat or a hug?

32. How often do you put your head in your mother's lap and lie down?

33. How often does your mother appreciate your behaviour which helps in giving you a better self-concept?

34. How often do you have differences of opinion with your mother on matters relating to your discipline, clothes, food, friends, and going out?

35. How often do you discuss your troubles and problems with your mother?

36. How much time your mother spends with you, when you are emotionally upset and under stress?

37. Are you often falling sick with some minor ailment such as headaches, colds, or stomach-aches etc.?

38. How often does your mother promptly take you to the doctor when you are sick?
39. Does your mother go out of her way to spend most of her time with you when you are sick?

40. Does your mother make sure that you have your yearly medical check-up and vaccinations done regularly?