## DEVELOPMENTAL CHECK LIST OF PORTAGE KIT
### (MOTOR SECTION)

<table>
<thead>
<tr>
<th>Age Card</th>
<th>Behaviour</th>
<th>Entry Date</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>C-1</td>
<td>Reaches for object 6-9 inches in from him.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>2. Grasps object held 3 inches in front of child</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>4. Reaches for preferred object (A)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>5. Puts object in mouth.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>6. Head and Chest are supported on arms while on stomach.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>7. Holds head and chest erect supported on one arm.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>8. Feels and explores objects with mouth.</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>9. Turns from stomach to side, maintains position 50% of the time</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>10. Rolls from stomach to back (A)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>11. Moves forward on body length on stomach</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>12. Rolls from back to side (A)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>13. Turns from back to stomach</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
14. Pulls to sitting position when grasping adult's fingers.
15. Turns head freely when body is supported.
16. Maintains sitting position for two minutes.
17. Puts down one object deliberately to reach for another (A)
18. Picks up and drops object on purpose (A)
19. Stands with maximum support (A)
20. Bounches up and down in standing while being supported.
21. Crawls one body length to obtain object.
22. Sits self supported.
23. From sitting position, turns to hands and knees position
24. Moves from stomach to sitting position(A)
25. Sits without hand support
26. Fillings objects haphazardly (A)
27. Rocks back and forth on hands and knees.
28. Transfers object from one hand to the other in sitting position.
29. Retains two one-inch cubes in one hand (A)
30. Pulls self to on knees position (A)
31. Pull self to standing position (A)
32. Uses pincer grasp to pick up object (A)
33. Creeps
34. Reaches with one hand from creep position (A)
35. Stands with minimum support (A)
36. Licks food from around mouth (A)
37. Stands alone for one minute.
38. Dumps object from receptacle
39. Turns pages of book, several at a time
40. Scoops with spoons or shovel (A)
41. Puts small objects in container (A)
42. Lowers self from standing to sitting position (A)
43. Claps hands (A)
44. Walks with minimum aid (A)
45. Takes a few steps without support (A)
46. Creeps uptairs (A)
47. Moves from sitting to standing position (A)
48. Rolls a ball in imitation (A)
49. Climbs into adult chair, turns and sits
50. Puts 4 rings on peg (A)
51. Removes 1 peg from pegboard (A)
52. Puts 1 peg in pegboard
53. Builds tower of 3 blocks
54. Marks with crayon or pencil (A)
55. Walks independently (A)
56. Creeps down stairs, feet first
57. Seats self in small chair
58. Squats and returns to standing
59. Pushes and pulls toys while walking (A)
60. Uses rocking horse or rocking chair
61. Walks upstairs with aid (A)
62. Bends at waist to pick up objects without falling
63. Imitates circular motion
64. Strings 4 large beads in two minutes
65. Turns door knobs, handles etc.
66. Jumps in place with both feet.
67. Walks backwards
68. Walks downstairs with aid
69. Throws ball to adult 5 feet away without adult moving feet
70. Builds tower of 5-6 blocks (A)
71. Turns pages one at a time
72. Unwrap small object (A)
73. Folds paper in half in imitation (A)
74. Takes apart and puts together snap-together toys
75. Unscrews nesting toys
76. Kicks large stationary ball
77. Rolls clay balls (A)
78. Grasps pencil between thumb and forefinger, resting pencil on third finger. (A)
79. Forward somersault with aid
80. Puts together 3 pieces puzzle or formboard.

3-4 81. Snips with scissors (A)
82. Jumps from height of 8 inches (A)
83. Kicks large ball when rolled to him (A)
84. Walks on tiptoe (A)
85. Runs 10 steps with coordinated, alternating arm movement.
86. Play with five pegs.
87. Pedals tricycle five feet (P)
88. Swings on swing when started in motion (P).
89. Climbs up and slides down 4-6 feet slide (A) (P)
90. Summometers forward.
91. Walks up stairs, alternating feet (A)
92. Marches
93. Catches ball with two hands.
94. Traces templates (A)
95. Cuts along 8" straight line within 1/4" of line.
96. Stands on one foot without aid 4-8 seconds (A)
97. Runs changing direction (A)
98. Walks balance beam.
99. Jumps forward 10 times (A).
100. Jumps over string 2 inches off the floor.
101. Jumps backward six times (A)
102. Bounces and catches large ball.
103. Makes clay shapes put together with 2 to 3 parts
104. Cuts along curved line
105. Screws together threaded object.
106. Walks downstairs alternating feet.
107. Pedals tricycle, turning corners (P)
108. Hops on one foot 5 successive times.
109. Cuts out 2 inch circle.
110. Draws simple recognisable pictures such as house, man, tree
111. Cuts out and paste simple shapes.
112. Prints capital letters, large, single, anywhere on paper.

113. Walks balance board forward and sideways.

114. Skips.

115. Swings on swing initiating and sustaining motion (P).

116. Spreads fingers, touching thumb to each finger.

117. Can copy small letters.

118. Climbs step ladders of steps ten feet high to slide (P).

119. Hits nail with hammer.

120. Dribbles ball with direction.

121. Colour, remaining within lines 95%.

122. Can cut picture from magazine or catalogue without being more than 1/4" from edge.

123. Uses pencil sharpener.

124. Copies complex drawings.

125. Tears simple shapes from paper (A).

126. Folds paper square two times on diagonal imitation.

127. Catches soft ball or bean bag with one hand.
128. Can jump rope by self.
129. Hits ball with bat or stick.
130. Picks up objects from ground while running (A).
131. Skates forward 10 feet (P).
132. Rides bicycle (P).
133. Slides on sled (P).
134. Walks or play in water waist-high in swimming pool (P).
135. Steers wagon propelling with one foot (P).
136. Jumps up and pivots on one foot.
137. Prints name on primary paper using lines.
138. Jumps from height of 12 inches and lands on balls of feet.
139. Stands on one foot, no support, eyes closed 10 seconds.
140. Hangs 10 seconds from horizontal bar bearing own weight on arms.