APPENDIX-II

FOR RESEARCH ONLY

Vineland Social Maturity Scale
Nagpur Adaptation By Dr. Malin

TEST ITEMS

AGE LEVEL 0-1

1. "Crows"; laughs
2. Balances Head
3. Grasps object within reach
4. Reaches for familiar persons
5. Rolls over (unassisted)
6. Reaches for nearby objects
7. Occupies self unattended
8. Sits unsupported
9. Pulls self upright
10. "Talks"; imitates sounds
11. Drinks from cup or glass unassisted
12. Moves about on floor (creeping crawling)
13. Grasps with thumb and finger
14. Demands personal attention.
15. Stands alone.
17. Follows simple instructions.

I to II

18. Walks about room unattended.
19. Marks with pencil or crayon
20. Masticates (Chews) solid or semi-solid food
21. Removes shoes or sandals, pulls off socks.
22. Transfers objects.
23. Overcomes simple obstacles.
24. Fetches or carries familiar objects.
25. Drinks from cup or glass unassisted.
26. Walks or uses go-cart for walking.
27. Plays with other children.
28. Eats with own hands.
29. Goes about house or yard.
30. Discriminates edible substances from non-edible.
31. Uses names of familiar objects.
32. Walks upstairs unassisted.
33. Unwraps sweets, chocolates.
34. Talks in short sentences.
35. Asks to go to toilet.
36. Initiates own play activities.
37. Removes shirt or frock if unbuttoned.
38. Eats with spoon or fork.
39. Gets drink (water) unassisted.
40. Dries own hands.
41. Avoids simple hazards.
42. Puts on shirt or frock unassisted (need not button)
43. Can do paper folding.
44. Relates experiences.
III- IV
45. Walks down stairs.
46. Plays co-operatively at kindergarten level.
47. Buttons shirt or frock.
48. Helps at little household tasks.
49. "Performs" for others.
50. Washes hands unaided.

IV-V
51. Cares for self at toilet.
52. Washes face unassisted.
53. Goes about neighbourhood unattended.
54. Dresses self except for typing or buttoning.
55. Uses pencils or crayon for drawing.
56. Plays competitive exercise games.

V-VI
57. Uses hoops, files, kites, rided tricycles.
58. Prints (writes simple words).
59. Plays simple table games.
60. Is trusted with money.
61. Goes to school unattended.

VI-VII
62. Mixes rice 'properly' unassisted.
63. Uses pencil for writing.
64. Bathes self assisted.
65. Goes to bed unassisted.
VII- VIII

66. Tells time to quarter hour.
67. Helps himself curing meals.
68. Refuses to believe in magic and fairy tales.
69. Participates in pre-adolescent play.
70. Combs or brushes hair.

VIII- IX

71. Uses tools or utensils.
72. Does routine household tasks.
73. Reads on own initiative.
74. Bathes self unaided.

IX- X

75. Cares for self at table (meals).
76. Makes minor purchases.
77. Goes about home town freely.

X- XI

78. Writes occasional short letters to friends.
79. Makes independent choice of shops.
80. Does small remunerative work; makes articles.
81. Answers ads; writes letters for information.

XI- XII

82. Does simple creative work.
83. Is left to care for self or others.
84. Enjoys reading books, newspapers, magazines.
85. Plays difficult games.
86. Excercises complete care of dress.
87. Buys own clothing accessories.
88. Engages in adolescent group activities.
89. Performs responsible routine chores.