APPENDIX-A

From
Ajmer Singh
Director Sports
Panjab University
Chandigarh,

To
The Principals of all the colleges affiliated to
Panjab University
Chandigarh.

Dear Sir,

A Research Project entitled "NORMATIVE STUDY OF PHYSICAL FITNESS OF PANJAB UNIVERSITY MEN STUDENTS" have been undertaken by me as a Thesis for the Degree of Doctor of Philosophy in Physical Education. The subjects for this study are four thousand men students studying in various colleges in Pre-University, and B.A. Parts I, II and III Classes. One hundred randomly selected male students from your college would be required to perform a ten-item test battery of physical fitness for collecting data. For this purpose I shall need the services of your physical education staff as well as the use of your college play grounds and other sports facilities.

I shall be grateful if the permission is accorded to conduct tests in your college.

Thanking you,

Yours faithfully,

Ajmer Singh