Chapter V
Summary, Conclusions and Recommendations

The following chapter gives a brief description of the study done. The researcher has tried to perform the study to her best ability. In this chapter researcher also provides the results of the study and suggests various recommendation for other fellow researchers and scholars related to similar subjects. The researcher also shares her views on the study conducted.

5.1 Summary
In India the curriculum of college physical education and sports contains many sports activities, which are of foreign origin. Since inclusion of almost all the sport activities in the curriculum has a base on extensive research investigations, similar approach is need in all recently introduced games and korfball is one of them. A great number of youths belonging to various colleges and universities in India participate in this game at the intra and inter University competition. Although “Korfball” is popular among the Indian games and sports, there were no standard selection criteria for searching the sports talents. However, professional achievement in this sport needs a research-based support, which is the need of the day and hence the study.

Korfball at competitive level requires high performance, which depends upon the procedure “How the players are selected and whether the selection criteria are reliable and valid?” although there is multiplicity of opinions about this questions and as till date there is no solution on this, it was thought desirable by the present investigator to design and standardize a “korfball skill test”, which could be of great use in selecting the sports talents in korfball for exhibiting top performance. The researcher has tried to justify her topic as well as strategy of methodology on the basis of research done so far in different game and sports and constituted possible dimensions to form the Test of Korfball.

The researcher has tried to justify her topic as well as strategy of methodology on the basis of research done so far in different game and sports and constituted possible dimensions to form the Test item of Korfball. Since the objective was to construction and standardized “Tests” for selection, evaluation, and assessment of performance of Korfball players in Pune University, the normative study was conducted under
descriptive research. Standard procedures were followed to conduct this research project. The researcher followed step-wise methods of Constructed and establishing standard norms for collegiate level, 18-29 years, male and female Korfball players of Pune University. The detailed procedure has been presented in Chapter 3 of the thesis. The step-wise methods that include research design and subjects as followed are as under.

1. Construct of skill Test item
2. Standardization of constructed Skill Test item
3. Preparation of the performance for each dimension.
4. Administration of test items on try-out basis (n=50).
5. Administration of test items large sample i.e., N= (414).
6. Establishing norms.
7. Grading

The present study has, therefore, been undertaken to construct and standardized a Test for selection of Korfball player in Pune University. Although the study has been restricted for Collegiate level Korfball player, the same norms with possible modification could be applied for selecting players of other levels, as the results are promising.

5.2 Conclusion

5.2.1 Field goal skill test can measure the goal shooting skill of Female and Male Korfball players.
5.2.2 The field goal test is Valid, Reliable and Objective. (Table 4.1, 4.2 & 4.3)
5.2.3 Speed pass skill test can measure the passing skill of Female and Male korfball players.
5.2.4 The Speed Pass test is Valid, Reliable and Objective. (Table 4.1, 4.2 & 4.3)
5.2.5 Foot work and Agility skill test can measure the Foot work and Agility skill of Female and Male korfball players.
5.2.6 The Foot work and Agility test is Valid, Reliable and Objective. (Table 4.1, 4.2 & 4.3)
5.2.7 Pivot skill can measure the Pivoting skill test of Female and Male korfball players.
5.2.8 The Pivot test is Valid, Reliable and Objective. (Table 4.1, 4.2 & 4.3)
5.2.9 The norms of the test are gradable and can be useful to distinguish Korfball Male and Female players having a good level of skill performance.

5.2.10 The norms of Goal shooting skill test, Speed Pass test, Footwork and Agility test and Pivot Test for male and female players are different. (Table 4.6, 4.8, 4.10 & 4.12)

5.3 Recommendation

As the results appeared are promising, this study recommended that-

- The “Korfball Skill test” can be used as an additional criterion for making decision in team selection in korfball game.
- Similar study on different age groups and different levels has been recommended.
- Further study on some psychological variables is suggested.
- This newly develop test may, reasonably, be applied as a kind of guide or research tool to develop insights among the coaches, selection committee and Korfball players in relation to game performance and even to search talents in this game.
- The norms and standard scores can be used as criteria for selection of Collegiate Korfball player to compose a standard University level korfball team for the University of Pune.
- The Grading table prepared can be used but has to be updated time and again.

5.3 Contributions to the knowledge

- The literature of physical education and sports is less informative with reference to the game “Korfball”. The knowledge being evolved from the present piece of research could contribute a new direction by presenting a standardized “Korfball Skill Test” for the promotion of international game, which in turn could enrich the literature of physical education and sports.
- International Olympic association or international korfball association or sports scientist would get a proper insight for developing a nation wise norm of “Korfball Skill Test” which could be an additional contribution of knowledge to the sport literature.
Korfball Clubs and teams

- The ‘Test items’ can be successfully administered to discriminate talented Korfball player.
- The score received using test items will help of the coaches to know the shortcoming of players in specific area and bring improvement.

Selection Committee

- Selection Committee and coaches can use this Test items as a” selection criteria” Korfball players for the team.
- The test can be used as assessment tool and will help to adopt new strategies in training, coaching, and teaching so as to enhance the efficiency of players or Korfball team.

Players

- This study will give players a guideline and target to prepare themselves for selection. Hence researcher recommends the use of test items, norms and grading prepared.