<table>
<thead>
<tr>
<th>Respondent Name</th>
<th>Age</th>
<th>Sex</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marital Status</td>
<td>Caste</td>
<td>Tribe</td>
</tr>
<tr>
<td>Qualification</td>
<td>Occupation</td>
<td>Source of Income</td>
</tr>
<tr>
<td>Relation with the Head of Family</td>
<td>Types of Family</td>
<td>NO. of Children</td>
</tr>
<tr>
<td>Facilities/source of drinking water</td>
<td>Available of Electricity</td>
<td>Telephone/mobile</td>
</tr>
</tbody>
</table>
HEALTH-CULTURE

I. Concept of health and illness

1. What is your concept about health?
2. How do you know that a person is sick?
3. Who are the family members who suffered from diseases during last three years? (name of family members and diseases)
4. What are the causes of above illness?
5. If supernatural powers are responsible, name them according to diseases?
6. Who cure the above diseases? (traditional medicine man, Modern doctor, Lhapa, Monk)
7. Do you think if you have higher income, then you can go for better and costlier medical treatment?
8. What strategies were adopted to cure illness?
   a. Rituals
   b. Offering
   c. Natural remedies
   d. Doctor or medical practitioner
9. Why one is suffering from supernaturalism or personalistic nature of illness?
10. What strategies were adopted to cure personalistic nature of illness?
11. What do you relate illness to

   Age       Sex
   Physical hard work Lack of nutrition
   Our Karmic cycle Supernaturalism force
   Magico-religious problem Loss of spirit
   Wrath of god Others

12. Do you think you should seek advice from elder member in your family? It is important to you and yours family?
13. Whose advice do you seek when you fall ill?
14. Does your elders suggest you to consult a doctor or they help you with traditional healers or home remedies?
15. Which medical system do you think is more effective?
16. Do you follow more than one medical system at a time?
   Yes/ no. If yes, why?

II. Magico-religious

17. Do you perform rituals at your place to cure illness? If yes, name the ritual and illness.
18. Do you think that diseases are caused because of the ‘evil-spirit’?
   - Yes or No, If yes which diseases?
19. Who will be more susceptible to evil eye case and why?
20. How are these recognized? What do you do in case of evil eye?
21. Are you in favour of Lhabanism cure of disease?
22. Which diseases have you seen being cured like this?
23. Have you heard from the elders of such cures?
24. Who cure the case of evil-eye?
25. Is there any sorcerer in your village?

III. Attitude of respondents toward the traditional healers

26. Is there any traditional practitioner in your village? How many of them?
27. For which disease do you go to the traditional practitioner?
28. Who motivates you to follow the traditional medical system?

   Family elders  Parents
   Friends  Neighbour
   Traditional healers  Others
29. Do you observe any kind of prohibitions or taboo in illness in your family? If yes, could you name some of them?
30. Before calling a medicine man do you try some treatments of your own? If yes. What are these?
31. Do you feel that traditional healer treat and behave properly than PHC workers?
32. Do you have constraint to adopt modern medical treatment? If so, specify social, economic or any other constraints.
33. Do you think the traditional healer in your community is still working well as compare to the modern medicine?
34. Which system do you prefer more and why?

IV. **Govt Allopathic Centre**

35. Which types of medical system are prevalent in your locality?
36. In case of illness do you visit the primary Health Centre? Yes or No.
   - If yes, why?
   - If no, why?

37. What is your impression about the Primary Health Centre?
38. What is the distance from your residence to dispensary?
39. Do you get all facilities of modern medicine from the primary Health Centre?
40. Do you feel that staff of the Primary Health Centre not behave with you properly and do not treat the patients with care?
41. Give the name of the common ailments of your area.
42. Do you notice the health status of community before a decade?
43. Does the traditional medicine man prevent you from going to the PHC?
44. Does your neighbour prevent you from going to the PHC? Or any other reason, please specify.
45. Do you think due to lack of communication you could not adopt modern health practices properly?
46. Do you think that due to adequate medicines are not given to the patients in PHC?
47. What is means of communication?
48. Did you ever receive any health facilities from the PHC?
49. Is there any charge for the health check-up? If yes, how much they charge?
50. Do they provide any medical facilities like:

<table>
<thead>
<tr>
<th>Medicine</th>
<th>Ambulance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vaccine</td>
<td>Polio camp</td>
</tr>
<tr>
<td>Minor</td>
<td>Operation</td>
</tr>
</tbody>
</table>

51. Do they organize weekly, monthly and yearly health camps for general public?
52. In which of the following illness do you feel like to seek advice from elder members of family?

- Cough and cold
- Headache
- Toothache
- Allergy to skin
- Stomach ache
- Injury
- Insect bite
- Eye problem
- Ears
- Illness caused by spirit possession
- Evil eye case
- Chicken-pox

V. Environmental Sanitation and personal Hygiene

53. What is your view about the general cleanliness of the house?
54. Do you purify water before drinking?
55. Where do you take bath? Do you take bath daily?
   - If no, why and after how many days do you usually take bath?
56. Do you use soap while taking bath?
   - If no, why do not you use?
57. Do you have a lavatory in your family?
- If yes, do you use it?
  - If no, where do you and your family defecate?

58. Do you wash your face and teeth daily? If yes, when do you wash?
59. What do you use to clean your teeth?
60. After how many days you cut your nail?
61. Do you change your clothes daily? If no, after how many days do you change?
62. Do you use soap while washing hand? Specify reasons.
63. Do you wash your hand after using lavatory?
64. Do you wash your clothes daily? If no, why?
  - Do you use cleaning agent to wash your clothes?
  - Where do you was your clothes?

65. Do you wear shoes?
  - If no, why?
  - Do you wear shoes daily or occasionally?