CHAPTER 8

LIMITATIONS AND SUGGESTIONS
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Every study has its limitations and so does the present work. Some of the limitations that come to the investigator's mind are presented below:

1. Women from higher income group have not been taken into consideration.
2. Rural women were not studied.
3. Importance/necessity of job in one's life sphere was not assessed.
4. Stressful life events in the immediate past say previous six months were not studied separately, though these would be included in stress last year and anytime.
5. Education level of women, husband's attitude towards wife's job, husband's contribution in household chores were not studied as moderators in the relationship of stress with anxiety, and with general well-being.

SUGGESTIONS FOR FUTURE RESEARCH

Some of the suggestions proposed by the investigator are as follows:

1. Personality, positive and negative thinking, interpersonal trust may be studied as moderators in the relationship of stress with anxiety, and with general well-being.
2. Comparative study of women from rural versus urban, and large versus small sized families could be made.
3. Comparative study of women below and above 40 years can be made, as the nature of roles may vary.
4. Children of working and non-working women may also be studied to have an idea how stresses of the mothers affect the development of their children.

5. Comparison of career-oriented (who are very much career-conscious) and non-career oriented (won't mind doing a job below their qualification) on role conflict, quality of life and other variables can provide useful information.

6. Life stresses can focus on common irritations, frustrations and distressing demands of everyday life. Hence, daily hassles can be studied in relation to anxiety, and general well-being.