# ABBREVIATIONS

1. **A-A** = Asakti-Anasakti  
2. **SWB** = Subjective Wellbeing  
3. **LS** = Life Satisfaction  
4. **PA** = Positive Affectivity  
5. **NA** = Negative Affectivity  
6. **PWB** = Psychological Wellbeing  
7. **OTH** = Orientations to Happiness  
8. **E** = Orientation to Engaged Life  
9. **M** = Orientation to Meaningful Life  
10. **P** = Orientation to Pleasurable Life  
11. **NAS** = Non-Attachment Scale  
12. **β** = Beta weight  
13. **SES** = Socio-Economic Status