APPENDIX – A

LIFE SATISFACTION SCALE

1. Do you think yourself to be as happy as others Yes/No
2. Do you have all the things required for leading a happy life Yes/No
3. Do you have enough money to fulfill your necessities Yes/No
4. Do you praise your husband/wife in front of others Yes/No
5. Do you visit your relatives and friends causally Yes/No
6. Do you work according to your interest Yes/No
7. Do you keep good health Yes/No
8. Do you often take medicines Yes/No
9. Are you a lucky person Yes/No
10. Do you more of your own self Yes/No
11. Do you fulfill the needs and demands of your family members Yes/No
12. Do you feel happy to think that God has done justice to you? Yes/No
13. In the time of difficulty, do you share your problems with your husband/wife Yes/No
14. Do you participate in the solution of social problems Yes/No
15. Is your job according to your qualification Yes/No
16. Are you more careful about your health Yes/No
17. Do you do your work with full concentration Yes/No
18. For the want of money, do you give up your entertainment Yes/No
19. Is your married life the same as you thought in your dreams Yes/No
20. Do you take interest in the other people apart from your friends and relatives Yes/No
21. Is your job secure and permanent Yes/No
22. Do you get sound sleep Yes/No
23. When you cheat somebody to fulfill your selfish motives do you feel guilty Yes/No
24. Is your family life disturbed due to financial reasons Yes/No
25. Do you think that a happy married life is an important need Yes/No
26. Is the attitude of your family members good towards you
27. Do you do your job with full dedication
28. Looking into the mirror do you look more aged than your actual age
29. Do you think life is a struggle
30. Do you often think about your future
31. Do you think yourself inferior to others
32. Do you feel mental tension with doing some work
33. Are you satisfied with yourself
34. Do you hate laziness
35. Do you make friends with very rich peoples
36. Do your husband/wife talk to you on different matters
37. Do you love your all family members
38. Do the members of your family solve problems collectively
39. Is your job comfortable
40. Do the various parts of your body function properly
41. Before doing any work do you consider financial aspect
42. Do you or your husband/wife mistrust the other
43. Is it necessary to be with your neighbours in the times of need
44. Are you satisfied with your job
45. Is your complexion pale
46. Can money buy all happiness
47. Is it natural that there is conflict or difference of opinion between husband and wife
48. Do you safe guard/protect the interests of other people
49. Does your provide facilities and status
50. Do you think that you have chosen right job for yourself
51. Should husband/wife take care of each other feelings
52. Should we help other people to solve problems
53. When you reach school do you feel tired after short time
54. Should husband/wife give gifts to each other on important occasions
55. Do you spend much of your time happily at home  
   Yes/No
56. Did you ever fall sick so badly that the influence of disease still affects your health  
   Yes/No
57. Do you behave the same with your husband/wife after a conflict over the carrier of your children  
   Yes/No
58. Should we behave in accordance with social customs and traditions  
   Yes/No
59. Is satisfaction more important than money and other things  
   Yes/No
60. Do you spend much of your time sleeping  
   Yes/No