

ACKNOWLEDGEMENT

GURU BINA GAAT NAHI - A famous saying in any field which says that there is no progress without teacher as the guiding force, the ‘Guru’. I consider my guide Professor V. V. Upmanyu, Department of Psychology, my GURU in the field of LIFE. With the deepest sense of gratitude from bottom of my heart, I express my sincerest thanks and regards to my esteem guide, Professor V. V. Upmanyu for his invaluable help and instructive guidance.

I am immensely thankful to the chairperson, Dr. Seema Vinayak, Department of Psychology, Panjab University, Chandigarh for their kind of support.

I am very thanks to the laboratory and library staff of the Department of Psychology, Panjab University, for providing me with the necessary facilities.

I am highly indebted to Dr. Sushma Upmanyu, for invaluable help and encouragement during the planning and completion of this study.

The selfless contribution of my friends, Dr. Sandeep Singh Dhillon, Dr. Neha Pandey, Baltej Singh, Suminder Singh Saanwar, Poonam Sharma, and Chirjot Kaur, are beyond words. Their cooperation and those valuable services have made a profound impact on this investigation. I am thankful to their presence during the research work.

I must express a general, nonetheless deep gratitude to the principals, teachers and subjects from where the data was collected, for their long hours.

I very humbly record my thanks to Sardar Piara Singh for giving warm and affective support.

I will be indebted forever to my grand father late S. Nihal Singh Dhanoa, who had an eminent personality and was a freedom fighter too, is an inspiration for me to live a noble life.
Last but not the least, this work would not have been possible without the support of my family, my parents and my brothers. They were always there with all their emotional support and words of encouragement to help me successfully finish my research work.

My special thanks to the subjects of this research without whom it would not have been possible. I also duly acknowledge the contributions of all those investigations whose empirical findings have formed the basis of this piece of research.

Undertaking this research work has been a humbling experience and I thank God for providing me with the strength and perseverance for completing my thesis.

DATE: 1 Nov. 2011.

Mannohan Singh