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SUMMARY,
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INTRODUCTION

Sports are of foremost importance to establish cooperation, good citizenship in our society. The countries which are strong in the part of sports are also strong and well-established socially, politically and as well as economically. If there is attainment of a strong sports field, there is a superior capturing in different field also.

As in present era, the life style has got weakened in health of people; the reason is that the people have become weak to immunize disease. Along with there is not an efficient social, political and economical environment. So due to these reasons all different countries have started paying attention towards sports activities.

In rural as well as in urban areas, people are with mentality that sports are wastage of time and energy but they waste lot of money on paying the fee to the doctors due to low health level because of not paying attention toward sports. The people are convinced in so many ways of media (electronic as well print) that we are initiating in sports, but still people are unaware regarding the usefulness of sports.

China is the most populated country in the world. India is the second most populated country in the world. But China has achieved the most progressive state in the field of the sports as well as economically and politically all over the world. But India has not reached that level of achievement.

There are so many reasons as we know that India is not physically efficient country. Here people are not having a sound health. We all know that sound mind lives in a sound body. So, if a sportsman is not getting good physical instructions then how could he attain a healthy psychological state of mind? Comparatively to other nations in the world, India is not having any excellent provisions at the grassroots’ level of the sports. But to build up a strong sports culture it is all required to work from the depth. So, if we will jointly work at the grassroots’ level of the sports then only we can expect for the winning state of the sports of our country.

So consequently, we came across an idea that if the people are healthy and
having a good psychology, only then we can establish a healthy sports culture and sports infrastructure of the sports. And to build up a strong sportsman, it is an important necessity of a Guru that is called a Coach. A coach can judge sports talent more than their parents and can guide through a long-way of their sports career. So long with both psychological as well as physically fitness is essential to create a strong sportsmanship in a country.

So sports professions desperately need scholar, energetic, well-trained, well-educated leaders like Dronacharya Joginder Singh Saini. Research Scholar was of view to highlights the leadership and professional qualities of Droacharya Joginder Singh Saini.

The purpose of the study was to highlight the contributions and achievements of Dronacharya Joginder Singh Saini towards promotion and coaching of sports in the country, Secondly to study his philosophy with regard to sports coaching as a profession in India, Thirdly to enlist profession leadership qualities of Dronacharya Joginder Singh Saini. The problem was stated as "Dronacharya Dronacharya Joginder Singh Saini, Eminent Coach, Teacher, Sports Administrator and Promoter - A Case Study."

Data/informations for this investigation were derived from the primary and secondary sources. To get the first-hand information investigator visited institutions where Dronacharya Joginder Singh Saini has worked for a long period, gone through the official records like reports of committee meetings, annual reports, published material. Personal records of Dronacharya Joginder Singh Saini were also investigated and desired informations were derived. The investigator personally contacted Dronacharya Joginder Singh Saini and conducted the interview. Various pictorial records of Dronacharya Joginder Singh Saini were investigated. Some of the photographs relevant to different occasions were chosen for this study. Published materials of Dronacharya Joginder Singh Saini such as journals, pamphlets, newspaper accounts were studied and information retained as documents for the investigation.

Interview with wife of Dronacharya Joginder Singh Saini were conducted to conclude, confirm more personal information about Dronacharya Joginder Singh
Saini, Padma Shri Dr. G.S. Randhawa and some at his former associates namely: Padma Shri Charles Burromeo, Padma Shri Sunita Rani, Arjuna Awardee Gopal Saini, Arjuna Awardee Hari Chand, Shri Vidya Sagar (Former National Chief Coach), Brig. Labh Singh, Olympian, Sh. S.L. Salwan (Former National Weight Lifting Coach), Arjuna Awardee, G.S. Anand, Former Regional Director, Dr. Raj Kumar Sports Director Punjabi University, Patiala, R.S. Chauhan (Former National Coach), Shri Rajinder Singh, National Athletics Coach, two Journalist K.P. Mohan, Krishna Dutta were also interviewed through questionnaire and valuable data regarding contributions and achievements, professional career, philosophy, leadership qualities of Dronacharya Joginder Singh Saini were collected.

Survey technique was also used to obtain responses and reactions from selected physical educational and sports persons from all over the country who could not be interviewed personally. Opinion Rating Questionnaire on Dronacharya Joginder Singh Saini which was constructed with the help of experts has been used for this purpose.

Data/information collected through primary and secondary sources were analyzed qualitatively through external and internal criticism. Qualitative analysis was also employed to the Data Collected by using opinion rating questionnaire for statistical interferences.

Dronacharya Joginder Singh Saini born on 1st June 1930 at Hariana (Distt. Hoshiarpur) in doctor family as the first child of 6 brothers and sisters.

His primary education was at Ferozepur Jhirka (Distt. Gurgoan) completed schooling at Govt. High School Tanda Urmur away from his parents. As his father a doctor in Punjab Govt. got transferred from time to time and at places where a good school did not exist.

He was doing his F.Sc. at Govt. College, Ludhiana, and had appeared in the examination when the partition of the country took place in 1947. Consequently, the result was delayed which was declared only in 1948.

His B.Sc. Education started at University College Hoshiarpur but completed at
Khalsa College, Amritsar, in 1950. His father wanted him to become a doctor but he was unable to get admission. He worked as school teacher in 1951-52 at a Distt. Board School at Zira, Dist. (Firozpur) where his father was posted.

In 1953 he shifted to Delhi and got a job in a Delhi Govt. Testing Laboratory which was neither interesting nor promising a good career. So he left it and jointed Punjab College of Physical Education and did Post-Graduate Diploma in Physical Education. Later he joined a public school in Delhi as a Sports Coach-cum-Science Teacher. This job was instrumental in initiating him to coaching in athletics.

His sports career started in the college and ended with competition of education was not of much significance. He was state level and university level sportsman in athletics, football and hockey winner in the college in all three. He was placed 2nd 400 meter hurdle and 3rd in 110 meter hurdle in the University Meet (Inter-College). He was a playing member of football team of Khalsa College, Amritsar, which won the University Championship.

Dronacharya Joginder Singh Saini starts professional education with AAFI Honourly Coach Course (3 week) which was held at Yadvindra Stadium, Patiala, in December, 1954 conducted by 2 American Coaches - Mr. Brutus Hamilton - Head Coach US Olympic Team and Dr. Ken. Doherty US Coach for sprints and author of the best book on Athletics Omni Book of Athletics. Other AAFI Senior Honourly Coach Course (3 weeks) which was Lecturer Coach at Jharipur Jharipur (Dehradun) in June, 1957.

Dronacharya Joginder Singh Saini did Adhoc - 7 month - Diploma Course in Coaching with above 70% marks from NS NIS Patiala and in 1963; he went to Germany for Advance Diploma Course in Athletics (under Govt. Scholarship Scheme for two years) from German Sports University Colonge (KOLN) this course. He did with Grade-I.

In March, 1964, he attended World Athletics Coaches Congress in Duisbuss (West Germany)

Professional career he started with sport-cum-science teacher in Summer Field
School, New Delhi 1954-57. In 1955 he joined Raj Kumari Sports Coaching Scheme of Govt. of India as a part-time.

In 1957, he joined Raj Kumari Sports Coaching Scheme full-time. So, under this scheme he was posted in Punjab with Panjab University Chandigarh. Athletic Federation of India was impressed by his coaching ability and offered him a job as Assistant Coach in National Camp for the 3rd Asian Games at Tokyo held at 1958. Then he was brought to Delhi and he was attached to Delhi University (Athletic team). Where he worked with the dedication and brought laurel of winning the Inter-University Athletic Championship by displacing Punjab University, Chandigarh, which was retaining champion for 11 years, then he was given the assignment in 1960 to train Delhi Athletic Team for National Games held at Delhi and Delhi Athletes under his guidance and coaching gave the ever best performance in National Championship and two athletes names G.S. Randhawa (Decathlon), T.R. Joshi (100 Meters) were selected for Rome Olympics thereafter Mr. Saini was selected as coach with the National camp for the Olympic games which was held at Mount Abu. Then 1961 NIS came in existence and he was deputed his Diploma in Coaching from NS NIS Patiala successfully clearing with flying colour and he joined back Delhi in Nov.1961 as a qualified NIS Coach and he was again deputed as National Coach with National Camp in 1962 Asia Games. He took up the coaching of National Athlete in Decathlon, Long Distance and Steeplechase and women javelin throw and he was assigned with National Team for 1962 Asian Games at Djakarta before he was appointed as coach with India team. He was interviewed for 30 min. by President of AAFI Raja Bhalindera Singh and after being impressed by coaching ability, he was deputed as a coach with India Team. Team did very well at Jakarta under his guidance and coaching and won 5 Gold Medals by Milkha Singh (400 meter), G.S. Randhawa (110 meter hurdle), Mohinder Singh (1500meter) and Tarlok Singh (10,000meter) and 4×400 Meters relay race men and this achievement was highly appreciated by the President of AAFI and Govt. of India and he was immediately deputed to do advance coaching in Athletic from West Germany. That advance coaching in Athletic from West Germany from 1964-65. He was posted on May1965 NS NIS Patiala in the teaching faculty staff in Athletics. From 1965 onwards along with teaching with NIS he also coached the National Team for Asian and Olympic games for which the
National Camp was held at Patiala. In 1970, he was appointed as Chief Athletic Coach in the faculty of teaching NS Patiala. He was also doing his teaching classes, he also contributed many articles for NIS Journals which published very valuable technical information for all games and sports by seeing his technical and administration ability he was appointed as First Deputy Director of NIS South Centre Bangalore which was officially opened by the Govt. of India in April 1975.

Towards end of 1975, he was brought back to NS NIS Patiala as Chief Coach in Athletics to consolidate technical aspects of the department.

He attended the IAAF coaching course in Athletics for Asia for two weeks in 1976. He also presented a paper on Marathon Running at Montreal during the World Athletic Coaching Congress held at NIS Patiala.

Then in the year 1978, he trained the Indian Athletes for Asian Games at Bangkok and came out with best ever performance by winning 8 Gold Medals.

So the normal routine of teaching at NIS Patiala for Diploma course and training at National Athletes at National Camp continued simultaneously. Besides training the athlete for Asian Games Championship and world level competitions continued till 1982 and 1982 Asian Games held at Delhi where his athletes won 5 Gold Medals. In March 1984, the Non-Aligned Movement International Sports Seminar held at NS NIS Patiala which was attended by 45 countries that was held very successfully under his supervision he act as organizing secretary. Then again his administration experience was used and he was appointed Director coaching and competition at NIS Patiala and held on this post till 1988. Again, he was recalled as Chief National Coach by AAFI in April 1988. He retired from service in 30 May 1988.

He was given the contract as Chief National Coach for 1990 Asian Games held at Beijing. Because of poor performance in Asian Games he resigned as Chief Coach.

But after this AAFI appointed Dronacharya as Chief Coach for National Junior Athletic team and was made incharge of Junior Athletic Development program and he trained many junior athletes those who qualified for the senior level competition and won the laurel for the country so he continued till 2004. He resigned from this post in 2004. After working such a long period he consolidated Athletics
through Junior programmed. Because of advancing age, he withdraws himself from coaching assignment and resigned Chief Junior Coach in 2004. He is still very active on some committees. He is a chairman of planning committee and also advisor of AAFI and the member of selection committee of AAFI and member of the Monitoring Committee.

A.A.F.I appointed him as a Chief coach of Indian athletic team in 5 Asian Games :- In 1962 Asian Games held at Jakarta in which team won 5 Gold 05 Silver and 4 Bronze medal; in 1974 Asian Games held at Tehran there team won 04 Gold 07 Silver and 04 Bronze ; in 1978 Bangkok Asian Games , Indian Athletic team won 08 Gold 07 Silver and 3 Bronze Medals best ever performance till date after 1st Asian Games; In 1982 New Delhi Asian Games Indian team won 04 Gold 09 Silver and 08 Bronze Medals; In 1990 Beijing Asian Games team won 04 Silver 02 Bronze Medals.

Besides this Dronacharya Joginder Singh Saini was chief coach of Athletic team in Olympic Games which was held at Munich (1972); Montreal 1976 there Shri Ram came seventh and set a National record and Shiv Nath came 10th in Marathon; Moscow 1980; 1984 Los Angeles here P.T. Usha came 4th in 400 meter hurdle & 4×400 meter relay women team came 7th.

Dronacharya Joginder Singh Saini coached Asian Athletic Team which participated in Rome World Cup Athletic (1981) and Barcelona World Cup Athletic 1989.


Beside this he was chief coach of Indian Team which participated in World Junior Championship Sydney (Aus) 1996; Santigo Chile 2000 and World Junior Championship Crist Church (Jamaica); in World Youth Junior Championship Canada; 2004in SAF Games.

So through his coaching career he has produced 18 Arjuna Awardee (13 Men & 5 women) namely Gita Zutshi, Beenamole, Shiny Wilson, Suman Rawat, SP Sunita Rani (all women) and Dr. Gurbachan Singh Randawa, Hav. Tarlok Singh, B.S. Barua, Edward Sequeira, Inspector Hari Chand, S.S. Rajput, Gopal Saini, Charles Borromeos
Capt. S.Yadav, Chand Ram, Raj Kumar, Bagicha Singh and Deena Ram. Beside this he has produced nine Padma Shri namely Dr. Gurbachan Singh Randhawa, SP Sunita Rani, Geeta Zuthsi, Charles Borromeo, Shiny Wilson, Chand Ram, Shri Ram Singh, P. T. Usha and S M Beenamal.

He is the member of the
2. Dronacharya Award Committee (2003-2004)
4. XIX Commonwealth Games organizing Committee 2010.
5. Games Technical Conduct Committee XIX Commonwealth Games 2010.
6. Govt. Nominee All India Inter-University Sports (2008-2010)

He is editor in chief of Sports Journals, Athletics Today 2008 to till date
• He was President of Athletic Coaches Association of India (1965)
• He was In charge of National Rural Sports NIS Patiala (1971 to 74)
• He was in charge Sports Scholarship Scheme NIS Patiala (1971 to 74)
• In 1984-85 he was awarded as a best coach by Sports Journalist Association.
• In 1997-98 he was bestowed Daronacharya title by Govt. of India.

Dronacharya Joginder Singh Saini had made as mark as a very successful coach. His contribution as a coach has been outstanding. According to Brig. Labh Singh, he is a Bheesam Pitama of Indian Athletics. According to journalist K.P. Dutta, Saini Sir is an encyclopaedia of Athletic coaching.

Dronacharya Joginder Singh Saini possesses and nurtured the traits like positive attitude, optimistic pragmatics and focused approach.

Result of opinion rating survey indicates that Dronacharya Joginder Singh Saini possesses a very pleasant personality. He is very friendly and co-operative, health conscious and regular in his daily exercises. He has a good physique. He never
loses his cool and has lot of patience and perseverance. He has tremendous ability to overcome obstacles and his attitude towards others is always humane.

He is very straightforward and a source of support and strength to everybody. He does not compromise with his principles and has very good public relations and has good sense of humor. He is very popular among his trainees.

Results of opinion rating of Dronacharya Joginder Singh Saini as a coach shows that he is very hard working, industrious and has natural ability of spotting talent. He treated all trainees equal and never showed inclination or favor towards some athletes. His coaching is interesting and inspiring and he encourages the athletes to participate in discussion.

He is receptive to new ideas and is very good in providing motivation to his athletes and knows how to influence human performance. His schedule is on scientific lines and has scientific approach towards sports. Dronacharya Joginder Singh Saini keeps complete record of his trainees and he is sincere in his efforts. He is conscious about doing things in meticulously planned manner.

Being a sports promoter, he inspired all those who came into his contact and always encouraged responsible and efficient coaches. He considered sports role very important in the development of all-round personality of the athletes. Dronacharya Joginder Singh Saini is very knowledgeable, well read, honest person and sincere to his assignments. He gave recognition and status to his athletes who performed well. He has vast knowledge about athletics, encourages young athletes and is interested in research, and favours establishing coaching at all levels in India.
CONCLUSION:

On the basis of the finding/information of the present study, the following conclusions may be drawn:

- Dronacharya Joginder Singh Saini, a great disseminator of knowledge excellence for his specialized group event in Distance Running and Walking.

- Dronacharya Joginder Singh Saini’s all-round presentation throughout can be rated on a high profile note.

- Dronacharya Joginder Singh Saini is a fine operator of calls with commanding control and a role model with his imagination impact on students.

- Dronacharya Joginder Singh Saini is liberal and open to questions with a broad mind, receptive to others, reasonable viewpoint with satisfying answers.

- Dronacharya Joginder Singh Saini enjoyed a balanced coordination of team work amongst colleagues in the department.

- Dronacharya Joginder Singh Saini is a true guide and friend known for humour for student but with firm hand.

- Dronacharya Joginder Singh Saini has lot of patience and perseverance.

- Dronacharya Joginder Singh Saini is very hard working and industrious.

- Dronacharya Joginder Singh Saini is the only coach in India who represented India as Chief coach in 6 Asian Games, 4 Olympic Games, 3 Youth World Cup, 4 World cup for Juniors, 6 Junior Athletic Championship and 1 World Youth Athletic Championship.

- Dronacharya Joginder Singh Saini is very dedicated and committed coach. His coaching ability is very outstanding in the provision and role model for the athletes.

- Dronacharya Joginder Singh Saini is a spirited motivator to instill high performance through his psychological 'Pep-talk'.
• Broadly friendly outlook in dealing with athletes during the National Coaching Camp and also in Generals.

• Dronacharya Joginder Singh Saini had a meticulous approach in keeping date the record and tabulation of statistical data about National and International Athletes.

• Dronacharya Joginder Singh Saini had always motivated a wonderful team coordination among coach and colleagues.
SUGGESTION

1. It is suggested that similar case study may be conducted on other personalities of physical education, sports and sports coaching.

2. Similar case study may be carried out on the institution which has contributed significantly for developing physical education sports and sports coaching in the country.

3. Finding of this study may be incorporated in the syllabus of physical education sports and sports coaching in NS NIS Patiala.

4. A case study may be carried out on the families which have contributed significantly for development of sports in the country.

5. A study of Elite Veteran Athletes and sports persons of various games may also be taken up.