LIST OF ABBREVIATIONS
USED IN THE TABLES AND FIGURES

1. Optimism                      OPT
2. Irritability                  IRR
3. Self Esteem                   SE
4. Extraversion                  E
5. Psychoticism                  P
6. Neuroticism                   N
7. Lie Scale                     L
8. Hopelessness Scale            HOPL
9. Conformist dependency on a withdrawing object TYPE I
10. Conformist dependency on a disturbing object TYPE II
11. Conformist dependency on an object which is both withdrawing and disturbing TYPE III
12. Appropriate Autonomy- A permanent self regulation TYPE IV
13. Rational/Anti-Emotional Tendencies TYPE V
14. Anti-Social tendencies
15. Type A Behaviour Pattern    A
16. Speed and impatience         SI
17. Job Involvement              JI
18. Hard driving and competitiveness HDC
19. Beck's Depression Inventory  DEP
20. Loneliness                   LON
21. Hostility                    HO
22. Anger- In                    A(In)
23. Anger- Out                   A(Out)
24. Anger- Expression            A(Ex)
25. State Trait Anxiety (State)  STAI-II
26. State Trait Anxiety (Trait)  STAI-I
27. Health locus of Control (Externality) HLOC(E)
28. Health locus of Control (Internality) HLOC(I)
29. Stressful Life Events        SLE
30. Hassless                     HASL
31. Uplifts                      UPL
32. General Health Questionnaire GHQ
33. Anger General                ANG
34. PGI Well-being Scale         PGIWB
35. Well-being Scale II          WB-II
36. Social Support Questionnaire (Number) SOS-N
37. Social Support Questionnaire (Satisfaction) SOS-S
38. Social Support Questionnaire (Total) SOS-T
39. Confronting Coping           CC
40. Distancing                   D
41. Self Controlling             SC
42. Seeking Social Support       SSS
43. Accepting Responsibility  
44. Escape Avoidance  
45. Planful Problem Solving  
46. Positive Reappraisal  
47. Stress Symptoms  
48. Coronary Heart Disease  
49. Essential hypertension  
50. Ishaemic Heart Disease  
51. Angina Pectoris  
52. Myocardial Infarction  
53. Cardiovascular Diseases

GROUPS
Healthy Controls  
Essential Hypertension  
Coronary Heart Disease  
Disease group (combination of groups II and III)