


American College of Obstetricians & Gynecologists – [ACOG], (2003).


Balaji, V., et.al. (2008), Prevalence of gestational diabetes is South India. JAPI, 56, 329-333.

Banerji M.A. et.al.(1999), Body Composition, Visceral fat, Journal of Clinical Endocrinol & Metabolism, 84: 1137-44.


Castelli., etal (1996).


Debra Manzella (2008), Diabetes Symptoms, Health on the Net Foundation.


Dr. Kasturi Sen Rai (2008), Dietary management of Diabetes. Express Health Care, 3, 8, 35-43.


Dr. Rajiv Gupta (2008), Diabetes in India: Current Status, Express Health Care, 3, 8, 35-43.


Elesevier, Michael H. (2007) Global Risk Management in Patients with Type 2 Diabetes mellitus, American Journal of Cardiology, 99, 41B-48B.

Elizabeth B. Hurlock - Developmental Psychology.


FamilyDoctor.com (2008), cholesterol levels, American Academy of Family Physicians.


Glass, R.M. (2003), Awareness about depression, JAMA, 284, 3169 – 3170.


Konai R. (2005), Poor knowledge about osteoporosis in learned Indian women, Japi, 53, 433 – 436.


Kristen J. (2008), Menopause Transition, Medical Clinics, 92, 5, 1254-60.


Lisa Dorfman (2004), Medical nutrition therapy for rheumatic disorders, Medical nutrition therapy, 1121-32.


Mammi - MVI & et. al (1992), Acute Myocardial Interaction in North Kerala, Indian Heart Journal, 43, 93-96.


Mc Keigue P.M. et.al. (19991), Relation of Central Obesity & Insulin Resistance with diabetes Prevalence, 337: 383-6.

Medical Nutrition Therapy for Anaemia. (2000)


Meno ask (2005), Internet Website.


Mukul Sinha, & et.al. (2006), Fenugreek –Boon for Hypercholesterolaemia, South Asian Journal of Preventive Cardiology, 10, 2, 87-93.


National Menopause Foundation (2005), Facts about menopause, file //C:Menopause.htm


National Institutes of Health’s (1997), Blood Pressure, Readers digest edn, 62-63.


Ockene, K. (2008) and et.al., Cardiovascular risk in women with non specific chest pain, American Journal of Cardiology, 102, 6, 693-699.

Ogburn Tony (2008), Women’s Health, Medical Clinics, 92, 5, 1262-65.


Raksha Arora & J.B. Sharma (2005), Effect of Menopause in Menopausal Symptoms: A :lacebo Controlled Prospective Trial, Obs & Gynae Today, 10:(2) 115-118.


265


Smith, G., Kelly, M. & et.al. (2004), Cross Sectional, Patterns and distribution of tobacco consumption in India, BMJ, 328, 801-806.


Stern MP, et.al. (2004), Does the Metabolic Syndrome Improve Identification of Individuals at Risk of Type 2, Diabetes/CVD, Diabetes care, 27: 2676-81.


Thea mikkelsen (2007), Smoking may cause early menopause, Health & you–1–4.


Winslow (2000) Concept of Health, Preventive and Social Medicine, 37.


Wittchen, H.V. (2005), DETECT, Epidemiological study of German Population.

World heart day (2007), Team up for healthy hearts, www, world-heart federation org.


Yanagisawa, T. & et.al (2008), Metabolic Syndrome, Medical Clinics, 91, 6, 1108-11.

Yves – Jean Register, (2005), The high prevalence of inadequate serum vit-D Levels and implications for bone health, Current Medical Research and Opinions, 21, 4: 579-585.
