CHAPTER IV
PRESENTATION AND ANALYSIS OF DATA

4.1 FOUNDATION OF PANJAB UNIVERSITY

The modern higher education in India started in 1854 with Woods Dispatch which wanted the British Government to undertake the duty of “creating a properly articulating system of education from the primary school to the university”, and which also recommended the institutions of universities in the presidency towns. This dispatch was received by the court of directors on 19th July 1854, and the British Government in India took up the initial work for establishing universities at Calcutta, Bombay and Madras on the model of London University. The British Government of India passed acts of incorporation of all the three universities in the year 1857. In spite of the recommendation of Woods dispatch, very little attention was paid by these universities for the promotion of vernacular languages. Distraction for supporting of the vernacular languages spread resentment among the natives (Report of the Indian Education Commission 1882-83).

In Punjab and North West Frontier Province, the natives felt ignored after the declaration of three universities in the east, south and west of the country. Dr Leitner, the principal of the Government College Lahore founded “Anjuman-i-Punjab” society for initiating the move for the establishment of a university at Lahore. In response to it, the Punjab Government recommended the proposal to establish a university at Lahore in 1868 but the Government of India agreed to establish only the Punjab University College in 1870 with a governing body called ‘Senate’ for the purpose mainly of promoting the diffusion of the European science and of affording to encourage the enlightened study of classical languages and literature. However, the natives were not satisfied with this and the question of a separate university was revived at the occasion of the Imperial Assemblage at Delhi in 1877 (Imperial
The secretary of state accorded his permission to introduce an Act for the incorporation of university in 1880 (Kaur 1985). Accordingly, Act XVII of 1882 was passed and on 14th October of that year Panjab University was incorporated (Punjab Government Gazette of fourteenth day of Oct 1882).

Following are the correspondence between Government of India and Government of Punjab regarding the established of University in Punjab.

**Government of India’s letter No. 262, dated 22nd May 1869, to the secretary to Government, Punjab:-**

"I am desire to acknowledge the receipt of your letter noted No.5 dated 11th Feb, 1869, on the subject the Panjab University, and in reply to convey the decision of the Governor general in council upon the subject. His Excellency is fully sensible of the value of spontaneous efforts, which have been made by the community in the Punjab, both Native and European, for the establishment of a local institution, which should have for its object the development of learning, especially in connection with the vernacular languages."

**Secretary of state’s Dispatch, No. 13 dated 5th August 1869, to the government of India.**

"The dispatch of your Excellency in council, dated 10th of June, No. 9 of 1869, forwarding copy of a correspondence with the government of Punjab on the subject of the establishment of a university at Lahore, has been considered by me in council.

In reply I desire to express my cordial concurrence in the views stated in the letter of your Lordship's dispatch, dated 22nd May, 262 of 1869, on the conditions so clearly and ably set both in that letter. I will accord my sanction to the proposition that Institution be founded at Lahore under some such title "University College, Lahore". The institution will be competent to grant certificates but not degrees, and may hereafter, if attended with due success, be expended into a university."
Notification of Government of India, No. 472, dated 8th December 1869.

No. 472, dated 8th December, 1869.

“It is hereby notified for general information that His Excellency the right Hon'ble the Governor General in council has been pleased, in accordance with the recommendations of His Honour the Lieutenant Governor, and in part fulfillment of the wishes of a large number of the chief, nobles and influential classes of the Punjab, to sanction the establishment at Lahore of an institution (to be styled for the present, "Lahore University College"), the constitution and objects whereof are explained in the statutes here under set forth; and has further consented to contribute from the Imperial Revenues, towards the expenses of the institution, an amount equivalent to the annual income raised from private sources, including subscriptions and interest on invested capitals upto the sum of Rs. 21,000 P.A.”

Picture-1

DR. LEITNER
Dr. Leitner refers to the Director's support of the Lahore University Movement which shows that even this early, the need of a separate University was being recognized. Dr. Leitner, with his clear-sightedness and touch of orientalism, was in closer-sympathy with the people of the Punjab, and understood the pros and the cons of the means that could really succeed in making western education popular in the Punjab. It was admitted on all hands that the opening for an English knowing youth in Punjab, were great and the temptations of lucrative appointments under the Punjab Government were such that could be hardly resisted.

Dr. Leitner was in the truest sense the founder of the Punjab University. It was he who obtained from Lord Lytton, Viceroy and Governor General of India in 1876, on His Excellency's visit to the Government College, the promise having been specifically based on the hope that the students from Hunza and Gilgit, in the Oriental College, will be pioneers of our civilization in the virgin fields of the frontier which fields were not accessible to the influence of any other university in India. This promise was formally confirmed at the 'Imperial Assemblage of 1877. Dr. Leitner who was the founder of many institutions, gave the Punjab a University of its own.

Picture 2

TROPHIES AND SHIELDS DURING 1914

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DISCUSSION

After the 1857, Britishers understood that Indians were no longer deprived from their basic amenities such as education, employment and health. Therefore, British Indian Government three universities were established in the southern, western and eastern region in 1857. There was no University in the northern region and it was difficult for the students of the northern region to give their exams by travelling a long distance. So this long distance was affecting the education level of the northern region.

Secondly, the setting up of English schools and colleges in the Punjab that adopted English exclusively as a medium of instructions and examinations, that led a storm of indignation and dissatisfaction amongst the people.

People of Punjab decided to fight against this injustice and founded movement called ‘Anjuman-i-Punjab’ with the initiative of Dr. Leitner to establish a University in Lahore. In response to this in the year 1870 Punjab University College was formed but difficulties of student were not reduced. They had to appear for their exams both in Panjab University College and University of Calcutta, Calcutta. Thereafter, because of perpetual struggle of people of Punjab, a full fledge University came into existence in 1882 at Lahore.

4.2 ORIGIN OF INTER-COLLEGE COMPETITION

The functioning of the university was influenced by two factors, firstly by the acts of Britishers who were connected with the university and its colleges. Secondly, the activities carried out in the British Universities. The beginning of sports in Panjab University and in its affiliated colleges was the follow up action and reflection of the sports activities, which were taking place in Great Britain. “The credit for foundations of sports attributed to the English public schools and universities. The first school to promote inter class athletic was Eton in 1837. Exeter College, Oxford, followed in 1850. The earliest intercollegiate sports were held at Cambridge in 1857 and Oxford in 1860”
“Possibly under this influence, for the first time, it was the Indian Education Commission, which, in 1882 recommended that ‘Physical training be promoted in the interest of the youths by encouraging native games, gymnastics, drill and other exercises suited to each class of a school. Thereafter schools and colleges began to take interest in physical activities on a voluntary basis’” (Wakharkar, 1995)

In influence of sports activities in Great Britain, sports activities were being introduced in the colleges of India as in 1866-67, Government College, Lahore introduced Athletics and Football as the part of college curriculum of the student. A cricket tour of students to Amritsar was also organized to promote sports among college students (Garrett and Hamid, 1964).

In 1867-68 Government College, Lahore further augmented the sports programmes by organizing a Sports Meeting as quote in book A History of Government College Lahore 1864-1964, “Athletic appear to have flourished, and there was a Sports Meeting in the Lawrence Gardens, in which several Institutions took part. It differed little from a meeting of to-day, except that the ‘Standing’ Long Jump and High Jumps were included”.

In the year 1871-72, Government College, Lahore introduced gymnastic in college curriculum as stated in A History of Government College Lahore 1864-1964 “During Mr. Pearson’s regime (an Inspector of Schools), gymnastics were introduced into the college”.

Garrett and Hamid (1964) in their book A History of Government College Lahore 1864-1964 further stated sports activities in college in the year 1884-85, “The Government College, Lahore, was no more a teaching institution to prepare students for certain Arts examination. There was no tennis, hockey, football, or any other club to show that students ever seriously thought of their physical culture on modern lines. However, the Government College had its cricket club, and a good cricket teams.
The year 1884 brought Faiz Rahman, the captain of the Amritsar Government School cricket team, who was known to be the best all-rounder cricketer among the student of the Province, to the Government College. With him as the principal bowler, and some other student of the first year class, the Government college cricket team became practically the champion Indian team in the province and it beat the Punjab Club Cricket team in the first match played against it. Another cricket match was played between M.A.O College Aligarh and Government College in which M.A.O college won the match”.

The sports activities organized in the Government College Lahore of the Panjab University became little steps for the commencement of the intercollegiate tournament in the University and in year 1896 inter-college tournament was started in Panjab University with the effort of R.B. Pandit Hari Kishen Kaul, C.I.E. and other old students as Garrett and Hamid written in their book *A History of Government College Lahore 1864-1964* on page 90 “In the year 1896, first Panjab University Sports tournament more familiarly known as the P.U.S.T.C. was organized. It came into existence owing to the excretions of a number of old students, one in particular, R.B. Pandit Hari Kishen Kaul, C.I.E., being especially energetic in its organization. In this, its first year, four trophies were presented for competition, and of these Government College, Lahore secured three. The P.U.S.T.C. has had flourishing and ever expanding existence. And today its activities extend to nearly every branch of sports (1914). Government College has succeeded in maintaining its high standard of achievement in this tournament, and despite the large number of colleges now taking part. Considerable improvement of the P.U.S.T.C were a strong incentive.”

The annual report of Panjab University, which was published on 30th of Sep 1896 also gave a proof of the organizing of Inter College Tournament in Panjab University, Lahore. As appeared in University’s Annual Report “Detailed rules for the conduct of the University Sports Tournament had been framed by the Special Committee Appointed for its management, and a
sufficient provision has been made in the Budget for meeting the cost of the first tournament to be held in December, 1896”.

Picture 3

PANJAB UNIVERSITY, LAHORE ATHLETIC GROUND

DISCUSSION

After the war of 1857, many Universities, colleges and schools were established in India to increase the educational standard of India and to prepare an educated class that could help them in administration. Along with that sports were also introduced in these educational institutions. This might be due to involvement of the Britishers in these institutions who were the sports loving people. This movement was further endorsed by the recommendation of the Indian Education Commission.

University of Punjab was established in 1882 but no proper Inter-College Competitions were held till 1895 except few sports meet in the affiliated colleges. In 1896 first time Inter-college competitions were organized in the Panjab University, Lahore. The Inter-College Meet might be organized because of the sports activities being carried out in the affiliated colleges that
motivated the old students of the university, who were well aware of importance of sports, to organize Panjab University Inter-college Competitions.

The Panjab University Inter-college Tournament might have come into existence due to the influence of the international sports movements in that era such as origin of Olympic Games in the year 1896 with the efforts of Baron Pierre De Coubertin and Johan Astely Cooper’s proposal to start “Pan-Britannic and Pan- Anglican contest and Festivals” in the year 1894 for British Dominions. These movements might inspire the University to start a sport competition for the students of its affiliated colleges.

4.3 ORGANIZATION OF SPORTS

In the beginning the inter-college competitions of Panjab University, Lahore were supervised by the Ad-hoc organizing committees formed from time to time by the university authorities. R. B. Pandit Hari Kishen Kaul C.I.E. was an initiator and member of Ad-hoc committee in 1896 (Garrett and Hamid, 1964).

The members of the Ad-hoc committee were changed from time to time. Information regarding the different persons who were appointed as members of Ad-hoc committee is fund Panjab University Calendars and written as follow:

“In 1899, Professor P. S. Allen and D. J. Fleming, Honorary Secretaries were the member of Ad-hoc Committee” (Panjab University Calendar 1901-1902).

“Mr. J. G. Gilbertson, the Honorary Secretary was member of Ad-hoc Committee in December 1903”. (Panjab University Calendar 1905-1906).

This arrangement continued to follow up to the establishment of a permanent Panjab University Sports Tournament Committee.
DISCUSSION

In 1896, an Ad-hoc Committee was founded to organize first Panjab University Inter-college Sport Tournament, in which R. B. Pandit Hari Kishen Kaul, who was the initiator of this tournament, and other students were nominated as member of this committee. This might be due to fact that this Ad-hoc Committee was framed for the smooth and proper functioning of the Inter-college tournaments. Secondly, University wanted to felicitate the efforts of the old students therefore R. B. Pandit Hari Kishen Kaul and other old students were nominated as the member of this Ad-hoc committee.

This Ad-hoc committee was framed every year for the organization of Inter-college tournament till the establishment of a permanent tournament committee and members were nominated by the University.

4.4 PANJAB UNIVERSITY SPORTS TOURNAMENT COMMITTEE

For the smooth organization and administration of Inter-College Sports Tournament, the Syndicate of Panjab University decided to establish a permanent Panjab University Tournament Committee and this was established in year 1924 as stated in the Report on the Operation of the University of the Panjab for the year 30th Sep 1924 "The Syndicate, after thorough examination of the constitution of the Panjab University Sport Tournament Committee, validated the existing arrangements with a few minor alterations and ordered that the Panjab University Sports Tournament Committee will, in future be responsible For all arrangements, including the issue of invitations in connection with the " At Home" given on the prize distribution day.

The Committee, under the new rules framed last year, arranged for referees for all the matches in all the games. This, in the opinion of the Committee, has raised the level of the play. There has been a distinct increase in the spirit of sportsmanship among the members of the various teams.

For the first time the history of the University a provincial seat for selecting athletes the All-India Olympic meet at Delhi was held this year on the
University grounds in the month of January. Steps have been taken to advance a little further a scheme for the institution of an Inter-University Contest."

**DISCUSSION**

Panjab University Sports Tournament Committee was formed in the year 1924 and Ad-hoc Committee was merged in the permanent Committee. This may be attributed to the fact that Panjab University Inter-college Tournament became very popular and was the regular feature of University. Organization of different sports events and participation of affiliated colleges were constantly increasing. Therefore, to conduct Inter-college Tournament properly, a permanent sports tournament committee was required. In 1924, the Panjab University Syndicate passed a bill for the establishment of Panjab University Tournament Committee with a proper constitution that was responsible for organizing Inter-College Competitions in future and to promote sports in the affiliated colleges of the university. This Committee was also assigned to frame proper rules and regulations for the conducting inter-college sports tournament.

4.5 **PANJAB UNIVERSITY SPORTS TOURNAMENT COMMITTEE RULES**

For the astute and efficient functioning of the Panjab University Sports Tournament Committee, rules and regulation of organizational set up, duties of different officials, financial management and criterion of participation was framed in the year 1924. Moreover rules and regulations for the competitions of different games were also formed.

These rules and regulations were revised time to time in accordance to the smooth organization of the Panjab University Sports Tournament. The information regarding the rules and regulations and their revisions found in the Panjab University Sport Committee Rule Book. Rule books of few years are reproduced as follow:
Panjab University Sports Tournament Committee Rule Book 1936 (revised)

I. GENERAL RULES

1. There shall be a Panjab University Sports Tournament Committee, constituted as follows:

Elected Members
(a) A President.
(b) An Honorary Treasurer.
(c) Five members of the Executive Committee.
(d) Nine members: (Three members to be elected annually, and to hold office for three years.)
(e) The Honorary Treasurers of all University Sports Clubs.

Ex-officio Members
(f) The Principals of the Men's Degree Colleges in Lahore, or their nominees for the year.
(g) The Principals of the Mofussil Colleges, who are members of the Mofussil Board, or their nominees for the year.
(h) The Registrar, Panjab University.
(i) The Director of Physical Training, Panjab University (also Ex-officio Secondary of the P.U.S.T.C.)

2. The duties of the Panjab University Sports Tournament Committee shall be:
(a) To make rules for the organization, conduct and control of the Panjab University Sports Tournament.
(b) To make rules for the conduct of elections of members and office-holders.
(c) To elect once a year the office-holders and members mentioned in Rule I above.
(d) To elect once a year-One President and two Vice-Presidents for each Sports club.
(e) To frame the Annual Budget.
(3) (a) For purposes of conducting current business, five members shall form a quorum: for purposes of making alterations in the Rules, eight members shall form a quorum.

   (b) Ten day's notice shall be given of any meeting called to make alterations in the Rules.

(4) An unofficial member of the Committee failing to attend a single meeting throughout the year shall ipso facto cease to be a member.

(5) The Executive Committee of the Panjab University Sports Tournament Committee shall consist of the following:-

   (a) The President, P.U. S.T.C.

   (b) The Secretary, P.U. S.T.C.

   (c) Five members: provided that no two members shall belong to the same College; and further provided that three members shall be from Mofussil Colleges.

   (d) Four members shall form a quorum.

(6) The duties of the Executive Committee shall be:-

   (a) To organize conduct and control the Panjab University Sports the Panjab University Sports Tournament, and the Sports Clubs, in accordance with the Rules laid down by the P.U.S.T.C. from time to time.

   (b) To see the upkeep of the University Playgrounds at the Chauburji, and the staff maintained for the purpose.

(7) The local members of the Executive Committee shall conduct the Tournament in accordance with the Rules and Regulations, and shall have power to decide all cases of dispute, breach of the rules, etc., in connection therewith, for local Colleges, but the Mofussil representative must be consulted whenever a Mofussil College is involved, and in any case no decision shall be valid without a quorum of four members.
(8) (a) The Honorary Treasurer of the P.U.S.T.C. shall be in charge of the finances of the P.U.S.T.C., and shall be responsible for all the grounds and other property of the P.U.S.T.C.

(b) The Honorary Treasurer shall be a representative of the Government College, Lahore, in view of the fact that the latter are joint owners, with the University, of the Chauburji Playgrounds.

(9) The disposal of P.U.S.T.C. grounds, apparatus, etc., shall vest in the Secretary, subject to the agreement of the Honorary Treasurer whenever Government College interests are involved.

(10) The accounts of the P.U.S.T.C. and of the Sports Clubs shall be audited annually by the University Auditors and the Reports of the Honorary Treasurers and Auditors shall be submitted to the Syndicate, through the Board of Finance, after they have been considered by the Executive Committee of the P.U.S.T.C.

(11) (a) The Annual Meeting shall take place in the month of May each year; when the Annual Elections shall be held; and when the Secretary shall submit a Review of the Tournament, with a Report on the work of the past year; and the Honorary Treasurer his Report, with the Statement of Accounts duly audited.

(b) The above Reports, etc., together with the Reports and Accounts of the Accounts of the Sports Clubs, the Budget and General Fixtures shall first be considered by the Executive Committee and then presented at the Annual Meeting.

(12) All Elected Members shall retire at the end of their periods of election shall be eligible for re-election.

(13) The Syndicate shall exercise general supervision over the P.U.S.T.C., and shall decide on all constitutional changes. It shall exercise control over structural alterations and additions and other permanent fixtures on the Chauburji playgrounds.

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(14) The Panjab University Sports Tournament shall be conducted annually, on dates to be fixed by the P.U.S.T.C.

(15) (a) The Tournament shall be open to *bona fide* students of all Colleges affiliated to the Panjab University.

(b) For purposes of the Tournament a *bona fide* student is defined as a matriculated student, whose name is borne on the rolls of an Affiliated College, and who is studying for a University Examination.

(c) The following exceptions have been made:-

(1) All un-matriculated students of the Oriental College.

(2) All S.A.V. Students of the Central Training College.

(3) All "B" Class students of the Engineering College.

(4) All 9th and 10th Class students of the 4 year Institutions.

(16) (a) In the Arts Colleges, no student who has been on the rolls of a College or Colleges for more than six years in all, or for more than three years in either the Intermediate or Bachelors Degree Classes, shall be eligible to take part in the Tournament.

(For purposes of this rule, the Agricultural College, Lyallpur will be considered as an Arts College.)

Note – Students of the J.A.V. Commercial, Ayurvedic, Unani and Tibia Classes are not eligible for the Tournaments.

(b) The 9th and 10th class students of the 4 year Institutions shall be eligible to take part in the Tournament, for the first three years only that they are on the rolls of the Matriculation Classes, provided they are enrolled before the 1st October each year.

(c) Students in the Professional Colleges shall be eligible for the Tournament as follows :-
Oriental College ... First one year only

(in each class.)

Medical College ... First five years only.

Law College ... First three years only (with two additional years in the L.L.M Class.)

Training College ... First one year only

(in each class).

Commercial College ... First three years only.

Engineering College ... First five years only

(A & B Classes).

Provided that the total period of eligibility after Matriculation, shall not exceed eleven years.

(17) (a) "College" is defined as any College affiliated to any University.

(b) Periods of study spent in any other University will be equivalent to periods of study spent in any College, under these rules.

(c) Any part of a year will be equivalent to a whole year for purposes of eligibility.

(d) In the case of a student who is on leave from a professional post, it shall be necessary that he be on leave for as long a period as may be required for him to complete the specified course, for the examination in which he intends to appear.

(18) Intermediate, Degree and M.A. examinees shall not be eligible for the tournament after the 30th April each year. In special circumstances affecting all Colleges the Executive Committee is empowered to alter this date.
(19) A student migrating from one College to another shall be eligible for the Tournament only if the migration is completed in all its details, including the production of a discharge certificate, on or before the 15th October each year.

(20) (a) The Principals of the Colleges concerned are responsible for the eligibility of each member of their teams.

(b) Any College playing an ineligible student in the Tournament, or in any other way, breaking the Rules and Regulations of the P.U.S.T.C. will make itself liable to disqualification or other penalty.

(21) (a) The following events, which comprise the Panjab University Sports Tournament will be conducted annually under the Rules and Regulations indicated in each case :-

- Hockey .... I.H.F.
- Football .... F.A.
- Cricket .... M.C.C.
- Cross Country .... P.U.S.T.C.
- Tennis .... I.L.T.A.
- Relay Races .... I.A.A.F.
- Gymnastics .... P.U.S.T.C.
- First Aid .... St. J.A.A.
- Athletics .... I.A.A.F.
- Basket Ball .... I.O.A
- Boxing .... A.S.C.B
- Wrestling .... I.O.A
- Boat Races .... P.U.S.T.C.
- Kabaddi .... P.U.S.T.C.
- Gatka .... P.U.S.T.C
NOTE – For purposes of the P.U. Sports Tournament, the P.U.S.T.C. has power to modify any of the above Rules.

(b) The winning College in each case will be presented with a Challenge Trophy, on which the name of the College and the year, will be engraved at the expense of the P.U.S.T.C.

(c) In all individuals events, Certificates of Merit will be awarded for 1st and 2nd places.

(22) (a) Any event in the P.U. Sports Tournament, in which less than four Colleges enter for competition, shall be held in abeyance.

(b) No new event shall be introduced into the Tournament unless at least five Colleges enter for the competition.

(c) No College shall enter more than one team for each event.

(23) Proper Records of the results, best timings, distances, etc., achieved in the various games and athletic events of the Tournament, shall be kept by the Secretary in his office.

(24) (a) In all Tournament events, competitors must wear proper uniforms, made up of the Registered Colours of the Colleges which they represent.

(b) Small ribbons or chevrons of College colours will not be accepted under this rule.

(c) All Colleges are required to define specifically not only the colours to be used by their teams, but also to state in what manner the colours are combined in the College uniforms.

(d) In the case of possible confusion between teams from different Colleges, the Secretary is authorized to bring about such modifications in the uniforms as will facilitate referees, judges, etc.
All these colours and combinations will be permanent and kept on record in the Secretary's office.

The following Entry Fees shall be payable for the various events of the P.U. Sports Tournament:

(a) No. of students on Colleges Rolls & Cricket

<table>
<thead>
<tr>
<th>No. of students</th>
<th>Hockey, Football</th>
<th>Tennis</th>
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<tbody>
<tr>
<td>Up to 150</td>
<td>Rs.15</td>
<td>Rs.20</td>
</tr>
<tr>
<td>151-400</td>
<td>„ 30</td>
<td>„ 30</td>
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<tr>
<td>Over 400</td>
<td>„ 35</td>
<td>„ 40</td>
</tr>
</tbody>
</table>

(b) All Colleges

... Athletics

- Relay Races Re. 1 per head per event
- Swimming
- Cross Country
- Gymnastics
- First Aid
- Basket Ball Rs. 5
- Volley Ball per team.
- Boat Races
- Wrestling
- Gatka
- Kabaddi
- Boxing Rs.5 per head

All Entries must be sent on the proper Forms, accompanied by the correct Fees, and must reach the Secretary on or before the dates notified in each case.

In certain cases, late Entries may be accepted, up to 2 days late, provided an additional amount of 50 percent is added to, and remitted with the Entry Fee.
(c) Entry Forms for all events are stocked in the Office of the Secretary, and are available FREE, either singly, or collectively in booklets with counter-foils.

(27) (a) In the case of Hockey, Football and Cricket, no student may represent his College in more than one team in the same year.

(b) This rule shall not apply to College having less than 250 students on the rolls.

(28) On or about the 15th October each year, the Secretary shall ascertain, by means of a circular letter, the number of students on the rolls of each College.

(29) Every College taking part in a Tournament match or fixture is required to depute some responsible member of its Staff to be present on the spot, to help the P.U.S.T.C. Authorities in maintaining proper order.

(30) The Referees, Umpires, Judges, etc., appointed for Tournament fixtures, should be instructed to report any serious cases of breaches of the rules, bad sportsmanship, etc, to the Secretary P.U.S.T.C. who shall lay the same before the Executive Committee for action, and report its decision to the Principals of the College concerned.

(31) The Principal of the College playing a Tournament fixture "At Home." shall be responsible for the proper conduct of his team and the spectators.

(32) (a) Any College team that walks off the field during the course of a Tournament fixture, shall normally be disqualified, and the match shall be awarded to the other team.

(b) If for any reason, during a Tournament fixture, either team wishes to lodge a protest, that team should notify the officials of their intention, verbally on the spot, complete the match, and then put in a written protest afterwards.
(33) In the event of a team not turning up for a Tournament fixture, without previous notice, and without sufficient reason, it shall be disqualified from further participation in the Tournament, and shall pay a fine of Rs. 10 to the P.U.S.T.C. All teams thus disqualified shall be notified by the Secretary to the College concerned.

(34) (a) All complaints or protests in connection with the Tournament must be lodged within ten days of the incident, and must be addressed, in the first instance, to the Secretary or President P.U.S.T.C., accompanied by a deposit of Rs. 10, which will be returned or forfeited according as the Executive Committee considers the representation in order or not.

(b) In the case of Mofussil Colleges, when Group Supervisors have been appointed, all such representations must be forwarded through the Supervisors concerned.

(35) (a) In Hockey, Football, Cricket, Basket Ball and Volley Ball the Tournament shall be conducted separately for Degree and Intermediate College shall be the University Champion in each case.

(b) The above competitions shall be conducted separately for the Intermediate College provided there are at least 7 entries in each event.

(c) Whenever there are insufficient entries from the Intermediate Colleges to conduct an event separately for them, those Colleges that have entered, shall have the option of joining the Degree Colleges Competition.

(36) In Hockey, Football, Cricket, Basketball and Volleyball, all Colleges entering the Tournament shall be divided into three zones, to be known as the Lahore Zone, the Eastern Zone and the Western Zone.
(37) (a) The winners of the Eastern and Western Zones respectively, shall play final matches in Lahore, to be known as the Mofussil Finals.

(b) In the case of the Separate Intermediate Colleges Competitions, the match between the winners of the Eastern and Western Zones respectively shall be the Intermediate Colleges Final Match.

(38) The winner of the Mofussil Finals shall play against the winner of the Lahore Zone, in the University Final Match in each case.

(39) (a) All College teams that travel for the purpose of competing in Tournament fixtures, shall be paid by the P.U.S.T,C. single third class fares for the number of members of the team in each case, with one extra man, and also, when funds permit at the end of the year, one return second class fare for the person in charge.

(b) For purposes of T.A., journeys undertaken by road, where the Railway also exists, will be paid for a Railway rates per mile.

(c) Where no Railway exists, double the above rates will be paid for the road journey.

(d) For the road journey between Srinagar and Jammu, double rates will be paid each way.

(40) The duration of all University Hockey and Football matches shall be 30 and 30 minutes and 35 and 35 minutes, respectively, with a 5 minutes interval in each case.

(41) (a) All University Cricket Matches shall be three-day matches, with 6 hours play per day, as far as possible. Unfinished matches shall be decided on the first innings. In case the first innings are not completed, the match point on the next or some subsequent day.

(b) In the event of one side leading by 150 runs on the first innings, it may require the other side to follow-on.
(c) The Mofussil Finals, the Lahore Colleges Finals, and the University Finals shall be played to a finish.

(d) All Cricket Matches played on the University grounds, shall be played on matting.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

The general rule and regulation which were revised with regard to Panjab University Sports Tournament Committee Rule 1936 are as follow:


Elected Members

(e) The Presidents, and Honorary Secretaries and Treasurers of all Panjab University Sports Clubs.

Ex-Officio Members.

(f) The Principals, or their nominees for the year, of all Mens Degree Colleges, having 500 or more students on their rolls, on or about the 15th October

(g) the Principals, or their nominee for the year, of one-third of the Lahore Colleges, having less than 500 students on the rolls, on about the 15th October, to elected by lot, subject to a minimum of one, and provided that no College is represented for more than two consecutive years.

(h) The Principals, or their nominee for the year, of one-third of the Mofussil Degree Colleges, having less than 500 students on their rolls, on or about the 15th October, to be elected by lot, subject to a minimum of one, and provided that no College is represented for more than two consecutive years.
(i) The Principals, or their nominee for the year, of one-third of the Mofussil Intermediate Colleges having less than 500 students on their rolls, on or about the 15th October, to be elected by lot, subject to a minimum of one, and provided that no College is represented for more than two consecutive years.

2. The duties of the Panjab University Sports Tournament Committee shall be:

   (e) To pass the Annual Budget and General Fixture List.

   (f) To adopt the Annual Reports and Audited Statements of Accounts of the P.U.S.T.C. and Sports Clube.

Note: Whenever a vacancy occurs in any elected seat, during the course of the year, the Executive Committee is empowered to fill such vacancy for the unexpired term of office.

15. (b) Note: Every admission to a College will be considered as regular and bonafide for purposes of the P.U.S. Tournament, only when the following procedure has been completed:

   (i) Application for Admission made and accepted.

   (ii) Provisional Certificate produced.

   (iii) Admission, or Re-admission fee, as the case may be, duly paid.

17. (e) Periods of study spent in any professional College in between periods of study spent in Arts Colleges, shall be equivalent to periods of study spent in an Arts College, except in cases where the stay in a Professional College is for the full duration of the course in that College.
In the former case, broken periods spent in Professional Colleges, shall also be counted against those Colleges, in case of a return thereto.

19. (b) A student migrating on or before the 15th January in any year, shall be eligible for the Tournament starting in February that year.

Note : The following procedure completes migration :—

(i) The approval of both Principals.
(ii) University Sanction.
(iii) Production of a Discharge Certificate.
(iv) Admission.

20. (b) Note : For purposes of the P.U. Sports Tournament, the P.U.S.T.C. has power to modify any of the above Rules.

25. The following Entry fees shall be payable for the various events of the P.U. Page No. 18 (Table Draw).

26. (d) Any College that remains in arrears, beyond March each year, in the payment of its dues to the P.U.S.T.C., without sufficient reason, may be excluded from the next Season’s Tournament or activities.

31. (b) If any College is unable to undertake this responsibility, and consequently has to play its matches elsewhere, its teams shall not be entitled to T.A. from the P.U.S.T.C.

34. Whenever any disciplinary action is taken against individuals or Colleges by the P.U.S.T.C., it shall be notified to all Colleges.
35. (a) Whenever individuals or teams are suspended in the course of play, such suspensions shall continue in force, until the case is decided by the Executive Committee.

(b) In case of suspensions as in (a) above, the Referee, Umpire, Judge, or other authority concerned shall report the case to the P.U.S.T.C. within 24 hours. Copies of such reports shall be sent at once to the Colleges concerned marked “Immediate” for their representation to be forwarded to the P.U.S.T.C. within 4 days of the reports reaching them. The case shall then be decided by the Executive Committee as expeditiously as possible.

37. (a) The Athletic Sports, and all other Tournament events, shall be conducted separately for the Intermediate Colleges, provided at least five Colleges enter for each event.

(b) Whenever there are sufficient entries from the Intermediate Colleges to conduct any event separately for them, those Colleges that have entered, shall have the option of either joining the Degree Colleges competition, or withdrawing the entry.

(c) As long as it can be conveniently arranged, all Intermediate College fixtures shall be staged at Lahore.

38. (a) In order to further facilitate the Tournament, the Mofussil Degree Colleges shall be re-grouped as under:

   East—Amritsar, Jullundur, Hoshiarpur.
   South-East—Ludhiana, Patiala, Ferozepur, Moga, Rohtak.
   North—Sialkot, Jammu, Srinagar, Gujranwala, Gujarat.
   North-West—Rawalpindi, Peshawar, Compbellpur.
   South-West—Lyallpur, Shahpur, Dera Ismail Khan, Multan, Bahawalpur, Montgomery.

(b) The Eastern Zone Final, in each case, shall be between the winners of the East and South-East groups and the Western Zone
final, between the winners of the North, North-West and South-West Groups.

39. Whenever any Tournament event is conducted entirely at Lahore, there shall be no separation of the Lahore and Mofussil Colleges – or of the Intermediate Colleges – but a mixed Draw shall be made and the best teams shall be ceded.

41. (a) All T.A. bills of College teams must reach the office of the P.U.S.T.C. by the end of February each year, or they may not be entertained.

(b) The maximum number of persons per teams or entry eligible for T.A. from the P.U.S.T.C. shall be as follows:—

(i) Hockey, Football, Cross Country, Gymnastics, First Aid, Volleyball, Gatka and Boxing—The team, or actual number of competitors plus one extra.

(ii) Cricket and Kabaddi—The team plus two.

(iii) Tennis—The team, or actual number of players, plus one: subject to a maximum of five.

(iv) Athletics, Relay Races, Swimming and Wrestling— The actual number of competitors, plus one upto ten, and plus two over ten.

(v) Basketball—The team plus three.

(c) All T.A. bills – made out in accordance with (b) above, must be sent on the proper forms, which are available FREE from the office of the P.U.S.T.C., either singly or in booklots.

(d) Unless specially notified and called for, Colleges should not waste time and expense in forwarding T.A. Bills, of Staff Members, who have traveled in charge of teams. Normally the P.U.S.T.C. is quite unable to entertain and meet these charges.
II- HOCKEY, FOOTBALL AND CRICKET LAHORE ZONE

42. (a) The Hockey and Football Tournaments of the Lahore Zone shall begin about the 1st November each year, and shall be conducted in two Leagues:

1st League – The five best Colleges (determined from the past seasons results): shall play each other twice.

2nd League – The remaining Colleges; shall play each other once.

Note – A 3rd League will also be conducted, provided there are entries form three Colleges or four teams. These teams must be the second, third, etc., teams of local Colleges, and will play each other once on their own College grounds, arranged or drawn by lot.

(b) The top team of the 2nd League can challenge the bottom team of the 1st League, at the end of each season and change places if they win.

(c) Teams playing in the 3rd League will remain in that League and the winner will get a Certificate or inexpensive Shield.

(d) No member of a College first team, who has played two or more matches in the 1st League, can play in the 3rd League during the same season.

(e) No College second team shall contain at any time, more than two members who have played in their first team during the same season.
43. (a) All Ist League Matches shall be played on the University Grounds. The Draws and dates will be fixed, and Referees arranged by the Executive Committee.

(b) All 2nd league matches shall be played on the grounds of the competing colleges, drawn by lot or arranged alternately. The Draws and dates will be fixed and Referees arranged by the Executive Committee.

(c) The dates once fixed shall not be changed as a rule. In exceptional cases, however, they may be altered, with the previous sanction of the Executive Committee, obtained at least three days before the fixed date.

44. (a) A win shall count two points, and a draw one point each.

(b) The team which scores the highest number of points shall be head of the Leagues.

(c) In the event of a tie for the first place there shall be a final match to decide the winner of the league.

(d) If this match be a draw, 10 minutes extra time each way shall be played at the discretion of the Referees, and if still undecided, the match shall be replayed on a date to be fixed by the Executive Committee.

45. The results of these matches shall be reported officially to the Secretary P.U.S.T.C. by the Principles of the Colleges concerned, within one week of the conclusion of the match.

46. (a) A Cricket Tournament on the knock-out system shall be held in Lahore about the end of November each year.
(b) The Executive Committee shall fix the Draws and dates, and make arrangements for the grounds and Umpires.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

II- Hockey, Football and Cricket Lahore Zone

(a) The Hockey and Football Tournaments of the Lahore Zone shall begin about the 1st November each year, and shall be conducted in two Leagues:

1st League- The five best Colleges (determined from the past season results): shall play each other twice.

2nd League- The remaining Colleges shall play each other once.

Note. - A 3rd League will also be conducted, provided there are entries from three Colleges or four teams. These teams must be the second, third, etc., teams of local Colleges, and will play each other once on their own College grounds arranged or drawn by lot.

(b) The top team of the 2nd League can challenge the bottom team of the 1st League, at the end of each season and change places, if it wins.

(c) Teams playing in the 3rd League will remain will get a Certificate or inexpensive Shield.

(d) No member of a College first team, who has played two or more matches in the 1st League, can play in the 3rd League during the same season.

(e) No College second team shall contain at any time, more than two members who have played in their first team during the same season.
45. (a) All 1st and 2nd League Matches shall be played on the University Grounds. The Draws and dates will be fixed, and Referees arranged by the Executive Committee.

(b) The dates once fixed shall not be changed as a rule. In exceptional cases, however, they may be altered, with the previous sanction of the Executive Committee, obtained at least three days before the fixed date.

46. (a) A win shall count two points, and a draw one point each.

(b) The team which scores the highest number of points shall be Head of the League.

(c) In the event of a tie for the first place, there shall be final match to decide the winner of the league.

(d) If this match be a draw, 10 minutes extra time each way shall be played at the discretion of the Referees, and if still undecided, the match shall be replayed on a date to be fixed by the Executive Committee.

47. (a) A cricket Tournament on the knock-out system shall be held in Lahore about the end of November each year, on the University Grounds.

(b) The Executive Committee shall fix the Draws, and dates, and make arrangements for the grounds and Umpires.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

III-HOCKEY, FOOTBALL AND CRICKET. MOFUSSIL ZONES.

48. The Tournaments in each of the Mofussil Zones (Eastern and Western) shall be conducted separately for degree and Intermediate Colleges on the knockout system, and shall commence ordinarily about the 1st November each year.
49. In order to facilitate the smooth running of the Tournament, each Zone shall be further sub-divided into the following Groups:

\[ \text{EASTERN ZONE} \]
\[ \text{N.E. GROUP} \]
\[ \text{S.E. GROUP} \]
\[ \text{DEGREE} \quad \text{INTER.} \quad \text{INTER.} \quad \text{DEGREE} \]
\[ \text{Sialkot, Jammu, Srinagar} \]
\[ \text{Pasrur, Kapurthala, Hoshiarpur,} \]
\[ \text{Moga, Rohtak, Simla, Sanawar} \]
\[ \text{Amritsar, Ludhiana, Patiala, Jullander} \]

50. (a) The Draw for the matches in each of the Groups, except the N.W. Degree Group, shall be decided by the Executive Committee in Lahore, and no alteration shall be made in the arrangements, without the previous sanction of the Executive Committee.

(b) In the case of N.W. Degree Group, the Supervisor appointed under Rule 53 (a) shall be responsible for conducting the Tournament, subject to the approval of the Executive Committee.

51. (a) The Draw for all rounds shall be made before the commencement of the Tournament: but to decide the question of the ground, a fresh Draw for each round shall be made, and matches shall be played on the grounds of the first drawn competitor in each case, unless any other arrangements has been agreed to by mutual consent.
(b) In the case of Groups in which there are only two Colleges, matches shall be arranged alternately at both centres, instead of being drawn for.

52. (a) The Executive Committee shall fix the dates by which each round should be played out, so as to conclude the Tournament within each of the Groups by the 10th of December.

(b) Any College failing to appear for any round within the prescribed date shall be disqualified.

(c) In the event of a draw in Hockey or Football, 10 minutes extra time, each way, shall ordinarily be played. If the match then remains undecided it shall be replayed the next day, and on consecutive days until completed.

53. (a) The Zone Finals in each case will be between the winners of the N.E. and S.E. Groups and the N.W. and S.W. Groups.

(b) The Mofussil Finals in each case will be between the winners of the E. and W.Zones.

(c) The Principles of Mofussil Colleges concerned will be responsible for the conduct of University Matches.

54. (a) The Executive Committee may appoint four persons as Supervisors each year—one for each of the Groups—to carry on the Tournament in their respective Groups, so as to finish them by the dates fixed by the Committee.

(b) All complaints, protests, etc., regarding the Tournament by any of the Mofussil Colleges must be made through the Supervisor of the Group. [See also Rule 34].

(c) The persons in charge so appointed shall intimate to the Colleges concerned the dates, grounds and times for their matches. They shall also send in a general Report on the conduct of the
Tournament in their Groups, along with the results thereof, to the Secretary, immediately the Tournament concludes.

55. A copy of the Draw in each of the three Tournaments, Hockey, Football and Cricket, of their respective Groups shall be issued by the Secretary to the Supervisor’s as also to the Principals of the Colleges concerned, so as to reach them on or before the 25th of October.

56. (a) The Referees and Umpires for each game shall be arranged beforehand by the Principals of the Colleges concerned, and in the event of a disagreement between them, the matter shall be referred to the Supervisor of the Group.

(b) The Executive Committee shall make all arrangements in connection with matches to be played in Lahore.

(c) In view of the fact that sometimes Mofussil Colleges have great difficulty in procuring suitable Referees, Umpires, etc., for Tournament Matches, the Executive Committee will endeavour to send suitable persons from Lahore, provided

(i) That they are available.

(ii) That at least two clear days notice is given.

(iii) That both Colleges together pay them 2nd class return fare, and halting allowance at Rs.4 per day.

NOTE- In case only one College asks for Referees, etc., that College will be responsible for the payment of their full dues.
the knockout system, and shall commence ordinarily about the 1st November each year.

58. The draw for the matches in each of the Groups, shall be decided by the Executive Committee in Lahore, and no alteration shall be made in the arrangements, without the previous sanction of the Executive Committee.

59. (a) The Draw for all rounds shall be made before the commencement of the Tournament, but to decide the question of the ground, a fresh Draw for each round shall be made, and matches shall be played on the grounds of the first drawn College in each case, unless any other arrangement has been agreed to by mutual consent.

(b) In the case of Groups in which there are only two Colleges, matches shall be arranged alternately at both centers, instead of being drawn for.

60. (a) The Executive Committee shall fix the dates by which each round shall be played out, so as to conclude the Tournament within each of the Groups by the 10th of December.

(b) Any college failing to appear for any round within the prescribed date shall be disqualified.

(c) In the event of a draw in Hockey or Football, 10 minutes extra time, each way, shall ordinarily be played. If the match then remains undecided, it shall be replayed the next day, and on consecutive days until completed.

61. The Principals of Mofussil Colleges concerned will be responsible for the conduct of University Matches.

62. (a) The Executive Committee may appoint five persons as Supervisors each year—one for each of the Groups—to carry on the
Tournament in their respective Groups, so as to finish them by the dates fixed by the Committee.

(b) All complaints, protests etc., regarding the Tournament by any of the Mofussil Colleges, must be made through the Supervisor of the Group.

(c) The persons in charge so appointed shall send in a General Report on the conduct of the Tournament in their Groups, along with the results thereof, to the Secretary, immediately the Tournament concludes.

63. A copy of the Draw in each of the three Tournaments, Hockey, Football and Cricket, of their respective Groups, shall be issued by the secretary to the Supervisors, as also to the Principals of the Colleges concerned, so as to reach them on or before the 25th of October.

64. (a) The Referees and Umpires for each game shall be arranged beforehand by the Principals of the Colleges concerned, and in the event of a disagreement between them, the matter shall be referred to the Supervisor of the Group.

(b) The Executive Committee shall make all arrangements in connection with matches to be played in Lahore.

(c) In view of the fact that sometimes Mofussil Colleges have great difficulty in procuring suitable Referees, Umpires, etc., for Tournament Matches, the Executive Committee will endeavor to send suitable persons from Lahore, provided:

(i) That they are available.

(ii) That at least two clear days notice is given.

(iii) That both Colleges together pay them 2nd class return fare, and halting allowance at Rs.4 per day, i.e: half each.

Note- (i) These T.A. bills may be paid in cash on the spot, if convenient, and the secretary P.U.S.T.C. informed, otherwise receipted bills will be
sent out by the Secretary P.U.S.T.C., and the amounts must be sent to him within one week, by money order. Cheques will not be accepted.

(ii) If these payments are not settled as above, an additional penalty payment, upto Rs.1 per day may be levied from the College at fault.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

IV- HOCKEY, FOOTBALL AND CRICKET FINAL MATCHES.

65. (a) The winners of the Mofussil Degree Colleges, in Hockey, Football and Cricket shall play the corresponding winners of the Lahore Zone in the University Finals.

(b) The winners of the Intermediate Colleges Zone Finals shall be the Champion Intermediate Colleges, in each case.

(c) These matches shall take place in Lahore about the second or third weeks of January.

66. (a) The Rivaz-Chamba Shield presented by His Highness the Raja of Chamba, shall be the University Hockey Challenge Shield of the Tournament, and shall be held, until the result of the next Tournament is declared by the College winning the University Championship.

(b) The Challenge Cup presented by the Panjab Police shall be the Intermediate Colleges Hockey Challenge Cup of the Tournament, and shall be held, until the result of the next Tournament is declared, by the Champion Intermediate College.

67. (a) The Patiala-Forman Christian College Cup, presented by His Highness the Maharaja of Patiala and after having become the property of the Forman Christian College, re-presented by that College, shall be the Football Challenge Cup of the Tournament,
and shall be held, until the result of the next Tournament is declared, by the College winning the University Championship.

(b) The University Challenge Cup previously known as the Tug-of-War Challenge Cup, shall be the Intermediate Colleges Football Challenge Cup, and shall be held, until the result of the next Tournament is declared, by the Champion Intermediate College.

68. (a) The Rattigan-Forman Christian College Shield, presented by Sir William Henry Rattigan, and after having become the property of the Forman Christian College, re-presented by that College, shall be the Cricket Challenges Shield of the Tournament, and shall be held until the result of the next Tournament is declared, by the College winning the University Championship.

(b) The Hemmy-Man Mohan Challenge Shield, presented by Mr.Man Mohan, shall be Intermediate College Cricket Challenge Shield, and shall be held, until the result of the next Tournament is declared, by the Champion Intermediate College.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

V- TENNIS TOURNAMENT

69. (a) The Tennis Tournament shall take place in Lahore in the month of November each year. Entries must reach the Secretary ten days before the date fixed for its commencement.

(b) A separate Tournament for Intermediate Colleges will be held outside Lahore, provided any one of the Intermediate Colleges concerned offers to conduct this event at its centre.
(c) These Tournaments shall be conducted on the Knock-out system, and the order of play shall be decided by drawing lots by the Executive Committee.

(d) Umpires shall be appointed by the Executive Committee.

(e) In the event of a match remaining unfinished on any day, it shall be resumed, weather permitting, on the following day, from the point at which it was discontinued.

70. (a) Each College team shall consist of three representatives in Singles (A, B and C) and two pairs in doubles (A and B). The same player being eligible to take part in both Singles and Doubles.

(b) Each tie in the Draw shall be the best of nine matches-five Singles, and four Doubles.

(c) Each match shall consist of the best of three vantage sets.

71. (a) In Singles, A and B of each College in a tie shall play against A and B of the other College, (A vs A and B, and B vs A and B). C shall play against C, only if necessary.

(b) In Doubles, the A and B pairs of each College in a tie shall play against the A and B pairs of the other College. (A vs A and B, and B vs A and B.)

(c) The College winning five of the above nine possible matches, shall win the tie.

72. (a) The Kapurthala Cup, presented by His Highness the Maharaja of Kapurthala, shall be the Tennis Challenge Cup of the Tournament, and shall be held, until the result of the next Tournament is declared by the Champion College.

(b) The Hindu Sabha College Challenge Cup, presented by Mr. K.L. Bhatia shall be the Intermediate Colleges Challenge Cup, and
shall be held, until the result of the next Tournament is declared, by the Champion Intermediate College.

(64) (a) The Panjab University Tennis Singles Championship, shall be conducted by the Panjab University Tennis Club on behalf of the P.U.S.T.C.

(b) Colleges may enter any number of students for this Championship.

(c) The Jhind Cup, presented by His Highness the Maharaja of Jhind, shall be the Tennis Singles Challenge Cup of the Tournament, and shall be held, until the result of the next Tournament is declared, by the College whose representative wins the Singles Championship.

(d) When a special prize is presented by the wife of His Excellency the Governor of the Punjab, or by His Excellency, it shall be awarded to the winner of the Tennis Singles Championship for the year.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

V- TENNIS TOURNAMENT

60. (b) Entries must reach the Secretary ten days before the date fixed for its commencement.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

VI- CROSS COUNTRY RACE.

(65) (a) The Cross-Country Race shall be held about the middle of November each year. Entries must reach the Secretary one week before the date fixed for the Race.
(b) Every College may enter one team, which shall consist of not more than four competitors.

(c) A Course of from 5 to 6 miles shall be laid, properly marked and patrolled, and competitors notified beforehand. Any competitor deviating from the Course shall be disqualified.

(d) Points shall be awarded to every competitor finishing within seven minutes of the first, as under:

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<thead>
<tr>
<th>Place</th>
<th>Points</th>
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<tbody>
<tr>
<td>1st</td>
<td>20</td>
</tr>
<tr>
<td>2nd</td>
<td>17</td>
</tr>
<tr>
<td>3rd</td>
<td>15</td>
</tr>
<tr>
<td>4th</td>
<td>14</td>
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</tbody>
</table>

and so on, the 17th counting one point.

(f) In the case of a tie, the competitors tying shall divide equally the combined points.

(a) The Fateh Ali Khan Cup, presented by Nawab Fateh Ali Khan Qazilbash, C.I.E, shall be the Cross-Country Challenge Cup and shall be held until the result of the next Cross-Country Race is declared, by the College scoring the highest aggregate number of points.

(b) In the event of a tie for the Fateh Ali Khan Cup, that College among those so tying shall be adjudged the winner, the number of the order of arrival within the time limit of whose competitors shall together make the least aggregate, provided that each College so tying has an equal number of competitors arriving within the time limit: if not that College which has most so arriving shall win.
Panjab University Sports Tournament Committee Rule Book 1936 (revised)

VII- RELAY RACES

(67) (a) The Relay Races Competition shall be held during the last week of November each year. Entries must reach the Secretary one week before the date fixed for the Competition.

(b) The Competition shall consist of the following events –

(1) 4 x 110 yards Relay
(2) 4 x 220 ” ”
(3) 4 x 440 ” ”
(4) 4 x Half Mile ’
(5) 4 x One Mile ”
(6) Medley Relay (220+440+888+220)

(c) Every College may enter one team of four competitors for each event.

(d) Places and points shall be scored as for the Athletic Sports Competition, see Rules 76 and 77.

(68) (a) The Vidya Sagar Memorial Cup presented by his Father, Lala Chandu Lal, shall be the Relay Races Challenge Cup, and shall be held, until the result of the next Competition is declared, by College scoring the highest aggregate number of points.

(b) In the event of a tie for the Vidya Sagar Memorial Cup, that College shall be adjudged the winner of the Cup, whose teams have gained the greatest number of places for which points are awarded.
VIII- GYMNASTIC COMPETITION

69  (a) The Gymnastic Competition shall be held about the 10th of January each year. Entries must reach the Secretary at least three days before the date fixed for the Competition.

(b) The Competition shall consist of one set exercise and one voluntary on the Horizontal Bar, one set exercise and one voluntary on the Parallel Bars, and one voluntary on the Vaulting Horse.

(c) Two Judges shall be appointed by the Executive Committee, and they shall award marks to each competitor for each exercise performed by him.

(d) Each College shall be allowed to send in competitors up to the number of four.

(e) The Bahawalpur-Government College Cup, presented by His Highness the Nawab of Bhawalpur, and after having become the property of the Government College, re-presented by that College, shall be the Gymnastic Challenge Cup of the Competitions, and shall be held, until the result of the next Competition is declared, by the College scoring the highest aggregate number of marks.

IX- FIRST AID

70  (a) The First Aid Competition shall be held about the second week of January each year. Entries must reach the Secretary at least five days before the date fixed for the Competition.
Every College affiliated to the Panjab University may enter one team in this Competition.

An Entry Fee of Rs.5 per team will be charged.

The Competition will be conducted in all ways, like similar all-India Competitions.

Each team shall consist of 4 students, duly trained and certified by the St. Johns Ambulance Association, in First Aid.

The Captain of the team shall be one of the four members of the team, on the understanding that the judges may call upon any member to act as captain.

Only students eligible for the P.U. Sports Tournament shall be eligible for this Competition.

Medical students, or others holding medical degrees or diplomas are not eligible for this Competition.

Teams will be judged throughout on the basis of the latest edition of "The Indian Manual of First Aid".

The Competition will be divided into:-

1. A Viva Voce test of each member of the team, 125 marks each, 500 marks
2. Team Test.
   (a) Application of First Aid, 300 „
   (b) Drill and Transport „, 200 „

   Total 1000 marks.

Teams are required to bring their own stretches, splints, bandages etc., and to be dressed alike in uniform or sporting clothes.

The Maclagan-Forman Christian College Challenge Cup presented by Captain R.R.M. Bhandari, and after having become
the property of the Forman Christian College, re-presented by that College, shall be the First Aid Challenge Cup of the Competition, and shall be held, until the first result of the next competition is declared, by the College scoring the highest number of marks.

(b) The Emerson-Thapar Shield, presented by Major D.R. Thapar I.M.S., shall be awarded each year to the College scoring the highest number of marks among the Mofussil Colleges; provided that at least five Mofussil Colleges enter the Competition.

If less than five Mofussil Colleges enter the Competition, or if a Mofussil College wins the Competition, the shield shall be awarded to the College scoring the second highest number of marks.

(c) The Sikander-Dinga Singh Cup, presented by R.B.Bawa Dinga Singh, shall be awarded each year to the student scoring the highest number of marks in the Individual test.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

VIII- First Aid

(j) Note:

(i) In the Vice Voce Test, each competitor shall be examined by the same set of Judges, for about 5 minutes, with two reasoned questions, and one short snap question.

(ii) In the Team Test, each team shall be allowed about 10 minutes, and all the teams shall be examined by the same set of Judges.

(iii) Any Team that gets less than 50% marks in the Vice Voce aggregate shall be disqualified from the rest of the Competition.
69. (b) This trophy shall not score points towards the championships.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

X- ATHLETIC SPORTS

(72) The Athletic Sports Tournament shall be held in or about the last week in January each year. Entries must reach the Secretary at least 10 days before the date fixed for the Tournament.

(73) The Athletic Sports shall consist of :-

(a) Races :-
    (1) 100 Yards Race.
    (2) 220 Yards Race.
    (3) 440 Yards Race.
    (4) Half Mile Race.
    (5) One Mile Race.

(b) Hurdles :-
    (1) 120 Yards, 3ft.6in. hurdle
    (2) 440 Yards, 3ft. hurdle

(c) Jumps: -
    (1) Running Long Jump.
    (2) Running High Jump.
    (3) Running Hop, Step and Jump.
    (4) Pole Vault.

(d) Field events :-
    (1) Putting the 16 lb Shot.
    (2) Throwing the 16 lb Hammer.
    (3) Throwing the Discus.
(4) Throwing the Javelin.

(e) (1) Four Miles Bicycle Race.

(2) One and a half miles Steeplechase.

(74) The Executive Committee shall strictly enforce the International Amateur Athletic Federation Rules governing the conduct of Athletic Meetings, as approved and modified from time to time by the Indian Olympic Association.

(75) No prize shall be awarded to competitors in the Athletic Sports unless the following minimum standards are attained:

(This rule does not affect points towards the Athletic Trophy)

<table>
<thead>
<tr>
<th></th>
<th>Min.</th>
<th>Secs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 100 Yards</td>
<td>0</td>
<td>11</td>
</tr>
<tr>
<td>2. 220 Yards</td>
<td>0</td>
<td>25</td>
</tr>
<tr>
<td>3. 440 Yards</td>
<td>0</td>
<td>57</td>
</tr>
<tr>
<td>4. Half Mile</td>
<td>2</td>
<td>12</td>
</tr>
<tr>
<td>5. One Mile</td>
<td>4</td>
<td>55</td>
</tr>
<tr>
<td>6. 120 Yards Hurdles</td>
<td>17</td>
<td>4/5</td>
</tr>
<tr>
<td>7. 440 Yards Hurdles</td>
<td></td>
<td>66</td>
</tr>
<tr>
<td>8. Long Jump</td>
<td>19 ft.</td>
<td></td>
</tr>
<tr>
<td>9. High Jump</td>
<td>5 ft.</td>
<td></td>
</tr>
<tr>
<td>11. Pole Vault</td>
<td>8 ft.</td>
<td>6&quot;</td>
</tr>
<tr>
<td>12. Putting the Shot</td>
<td>32 ft.</td>
<td></td>
</tr>
<tr>
<td>13. Throwing the Hammer</td>
<td>90 ft.</td>
<td></td>
</tr>
<tr>
<td>14. Throwing the Discus</td>
<td>70 ft.</td>
<td></td>
</tr>
<tr>
<td>15. Throwing the Javelin</td>
<td>90 ft.</td>
<td></td>
</tr>
<tr>
<td>16. Cycle Race</td>
<td>13</td>
<td>30</td>
</tr>
</tbody>
</table>
(76)  (a) No College shall send in more than two competitors for each event.

(b) For purposes of competition for the Challenge Cup three places shall be awarded in Athletic Event. First shall count five points, second three points, and third one point.

(c) The Cycle Race shall not count for this Cup.

(77)  (a) In case two competitors tie for the first place in any event, eight points shall be divided equally between them, and the competitor coming next in that event shall receive one point. In case three or more competitors tie for first place in any event, nine points shall be divided equally between them, and no other competitor shall be awarded points in that event.

(b) In case two or more competitors tie for the second place in any event, four points shall be divided equally between them, and no third place shall be awarded in that event.

(c) In case two or more competitors tie for the third place in any event, one point shall be divided equally between them.

(78)  (a) The Kapurthala Cup presented by His Highness the Maharaja of Kapurthala, shall be the Athletic Sports Challenge Cup of the Tournament, and shall be held, until the result of the next Tournament is declared, by the College scoring the highest aggregate number of points.

(b) In the event of a tie for the Kapurthala Cup, that College shall be adjudged the winner of the Cup whose representatives have gained the greatest number of places for which points are awarded.
Panjab University Sports Tournament Committee Rule Book 1938
(revised)

X- Athletic Sports

76. (b) In the Athletic sports, and Relay, Races, every competing College is entitled to name a maximum of 5 waiting or Extra men, on the Entry Form. Substitutions will only be permitted within the names thus submitted on the Entry Form.

Panjab University Sports Tournament Committee Rule Book 1936
(revised)

XI- BASKET BALL

(79) (a) The Basket Ball Competition shall commence about the middle of February each year. Entries must reach the Secretary at least ten days before the date fixed for the Competition.

(b) The Competition shall be conducted on the knock-out system, and shall be determined by means of a Draw for each of the Groups, by the Executive Committee.

(c) The Executive Committee shall strictly enforce the International Rules as adopted by the Indian Olympic Association.

(d) The question of the venue for Mofussil matches, and the Group, Mofussil and University Finals shall be determined as in the case of the Hockey and Football Tournaments.

(e) The Executive Committee shall fix all dates for the completion of Group and Final Matches, and appoint Supervisors for the various Groups, if necessary.

(f) Whenever possible, the Basket Ball Court shall be the maximum required by the rules (94 feet by 50 feet). If the maximum court is not possible, the minimum dimensions permitted shall be 88 feet by 45 feet.
(g) The Begum Omar Cup presented by Begum Omar shall be the University Basket Ball Challenge Cup and shall be held, until the result of the next Competition is declared, by the College winning the Basket Ball Championship.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

XII- BOXING

(80) (a) The Boxing Competition shall be held in the latter half of February each year. Entries must reach the Secretary at least one week before the date fixed for the Competition.

(b) The Competition shall be a knock-out one, to be determined by means of a Draw, in each of the standard weights as below :-

<table>
<thead>
<tr>
<th>Weight</th>
<th>lb</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Fly weight</td>
<td>upto 112</td>
</tr>
<tr>
<td>2. Bantam weight</td>
<td>112-118</td>
</tr>
<tr>
<td>3. Feather weight</td>
<td>118-126</td>
</tr>
<tr>
<td>4. Light weight</td>
<td>126-135</td>
</tr>
<tr>
<td>5. Welter weight</td>
<td>135-147</td>
</tr>
<tr>
<td>6. Middle weight</td>
<td>147-160</td>
</tr>
<tr>
<td>7. Lt.Heavy weight</td>
<td>160-175</td>
</tr>
<tr>
<td>8. Heavy weight</td>
<td>over 175</td>
</tr>
</tbody>
</table>

(c) The Executive Committee shall strictly enforce the Army Sports Control Board Rules, and shall insist on each College sending in with entry, a medical certificate declaring the fitness of each of its competitors.

(d) Every College may enter one competitor in each weight.
A competitor shall be eligible for one weight only – his own, or any heavier one.

Each fight shall consist of three rounds of two minutes each, with a one minute's interval between rounds.

For purposes of competition for the Challenge Shield two places shall be awarded in each weight. The final winner scoring 2 points and the loser (provided he fights) 1 point.

The Kunwar Dalip Singh Challenge Shield, presented by the Hon'ble Mr. Justice Kunwar Dalip Singh, shall be the University Boxing 'Challenge Shield, and shall be held, until the result of the next Competition is declared, by the College scoring the highest aggregate number of points.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

XII- Boxing

81. (c) The Executive Committee shall strictly enforce the rules of the Panjab Amateur Boxing Association, as affiliated to the Army Boxing Association and shall insist on each College sending in, with the entry, a medical certificate declaring the fitness of each of its competitors.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

XIII- WRESTLING

81. (a) The Wrestling Competition shall be held in the first half of March each year. Entries must reach the Secretary at least one week before the date fixed for the Competition.
(b) The Competition shall be a knock out one to be determined by means of a Draw, in each of the standard weights as below:

<table>
<thead>
<tr>
<th>Weight Category</th>
<th>Upper Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bantam weight</td>
<td>upto 123</td>
</tr>
<tr>
<td>Feather weight</td>
<td>123-134</td>
</tr>
<tr>
<td>Light weight</td>
<td>134-145</td>
</tr>
<tr>
<td>Welter weight</td>
<td>145-158</td>
</tr>
<tr>
<td>Middle weight</td>
<td>158-174</td>
</tr>
<tr>
<td>Lt. Heavy weight</td>
<td>174-191</td>
</tr>
<tr>
<td>Heavy weight</td>
<td>over 191</td>
</tr>
</tbody>
</table>

(c) The Executive Committee shall strictly enforce the International Catch-As-Catch-Can Rules, as adopted by the Indian Olympic Association, except that-

1. Wrestling may be done in an Akhara at least 18 feet square.
2. Jangiahs, the Indian style of dress, will be allowed but must be made up of College Colours.

(d) Every College may enter one competitor in each weight.

(e) A competitor shall be eligible for one weight only – his own, or any heavier one.

(f) No oiling or greasing of the body, or long finger or toe nails will be permitted.

(g) Each fight shall be decided by a throw, or by points.

In the case of a throw, both shoulders must touch the ground simultaneously.

In case there is no throw, each fight shall continue free for 6 minutes and thereafter there shall be ground wrestling for 3 minutes each, alternately.
(h) The officials shall be as in Boxing (One Referee, two Judges, and one Time-Keeper).

(i) For purposes of competition for the Challenge Trophy two places shall be awarded in each weight. The final winner Scoring 2 points, and the loser (provided he fights) 1 point.

(j) The Agha Haider Shield presented by the Hon'ble Mr. Justice Agha Haider, shall be the University Wrestling Challenge Shield, and shall be held, until the result of the next Competition is declared, by the College Scoring the highest aggregate number of points.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

XIII- Wrestling

82. (h) While a bout is in progress, there shall be no coaching from outside, or else after due warning, points may be deducted from the competitor being coached.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

XIV- Boat Races

(a) The Bumping Boat Races shall be held on the Ravi River in the second week of March each year, provided there is sufficient water in the river. Entries must reach the Secretary one week before the date fixed for the Races.

(b) Boats and oars shall be according to the standards laid down and built by the P.U.S.T.C.

(c) Each crew shall consist of four Oarsmen and one Cox.

(d) The Course, shall be upstream shall be properly staked out, and from 6 to 8 furlongs in length.
(e) At the rear end, each boat must fly a flag displaying its College colors.

(f) The Principals of Colleges entering the Boat Races are required to see that each member of their crews is a proficient swimmer.

(g) The starting order each year shall be determined by the results of the previous year.

(h) The Boats shall start, one behind the other, with intervals of 10 yards in between.

(i) The Races shall continue for six consecutive days, i.e. Monday to Saturday ordinarily.

(j) The positions of the Boats, determined after the final days races, shall be the starting order for the next year.

(k) New entries shall be placed by lot, at the end of the determined starting positions.

(l) The officials shall include one Referee, one Starter, and at least half as many Judges, as there are Boats.

83

(a) A bump takes place, when any part of one boat, including oars and rudder, actually touches any part of another boat.

Note.- To overtake a boat is not a bump it.

(b) Immediately a bump takes place, the bumped boat must drop put of the race, on the side where it is nearer to the staked boundary of the course, without causing any obstruction to the boats following.

If any such obstruction is caused, the bumped boat will start the next day, at the bottom of the river, instead of losing only one place.

(c) Immediately a bump takes place, the bumping boat should also drop out of the Race, as in (b) above. However if the bumping boat chooses to continue the Race, in order to try and bump a
second boat, it may do so, but in this case it must either complete the full course, or continue till it gives or gets another bump.

(d) The bumping boat and the bumped boat change starting places the next day or year.

(e) Any boat leaving the course entirely during a Race will be deemed to have withdrawn from that days Competition, or to have been bumped.

(f) The Langhorne Trophy, presented by Mr. Madan Gopal Singh, shall be the Boat Races Challenge Trophy, and shall be held until the result of the next Competition is declared, by the College which ends up at the Head of the River.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

XIV- Bumping Boat Races

83. (b) Maximum length of boat – 20 ft.
    Maximum width of boat – 3½ ft.
    Maximum height of boat – 15 inch.
    Maximum length of oar – 8 ft.
    Maximum width of oar – 9 ins.

(h) The boat shall start, one behind the other, with intervals of 12 yards in between.

(i) The Races shall continue for five consecutive days i.e. Monday to Friday ordinarily.

(l) The decision of a Judge in regard to bumps between his two boats shall be final. In case a third boat is involved, the Judges concerned must mutually agree, or refer the matter to the Referee, whose decision shall be final.
(m) The Referee shall be mounted on horseback, if possible and convenient, and shall carry a Red flag and a megaphone. The Judges shall walk, and each Judge shall carry a flag of a different colour and a megaphone. When a bump is claimed, the official concerned shall immediately give his decision by word through the megaphone or by his flag signal (Waving a flag vertically up and down indicates ‘Yes’. Waving the flag horizontally ‘No’.

84. (b) In attempting a bump, if the pursuing boat gets clearly alongside, or abreast, or ahead of the pursued boat, it will be deemed to have scored a bump.

(c) Immediately a bump takes place, the bumped boat is expected to acknowledge the bump by relaxing, and dropping out of the course, on the side where it is nearer to the boundary. In case a boat does not acknowledge the bump of itself, it should continue rowing, and watch for the Judges or Referees’ signal, and then continue the race or drop out, as the case may be.

(e) Each boat is allowed to score too bumps only per day, provided that any boat scoring a bump shall not, under any circumstances, start on the following day, below a boat it had bumped on the previous day.

(f) When dropping out of a race, if the bumping or bumped boat cause any obstruction to the boat or boats following, the boat or boats at fault will be deemed to have been bumped, and will change places with the boat or boats obstructed on the next day.

(g) The Cox of each boat shall keep with him a second flag of his College Colours, on a pole not less than 30 inches long. When claiming a bump, the Cox must waive this flag as high up in the air as he can, so that the Judge or Judges concerned can easily see it, and indicate their decision with their flags.
(j) Any act of bad sportsmanship by any member or members of a boat crew, in the course of the Boat Races, that is not covered by these rules, shall be decided by the referee in consultation with the Judge or Judges concerned, and the penalty may vary from a warning, to a degradation of one or more positions, or entire disqualification from the races for the year.

(k) This event shall not score points towards the championship trophies.

86. (n) During a match, there shall be no coaching from outside, or else, after due warning, points may be deducted from the side being coached.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

XV - KABADDI

(84) (a) The Kabaddi Competition shall be held about the middle of May each year. Entries must reach the Secretary at least one week before the date fixed for the Competition.

(b) Teams shall consist of ten players each, with two reserves.

(c) The game shall be played for two halves of 20 minutes each, with a 5 minutes interval at half time, after which the teams shall change sides.

(d) The team scoring the greater number of points wins the game. In case of a draw, 5 minutes extra time each way shall be played.

(e) The ground, marked with chunan, shall be a circle of 75 feet radius, divided into two equal halves or sides by means of a Diameter or Centre Line.

(f) There shall be a Pala or Gate 20 feet wide in the middle of the Centre Line, indicated by two round Dais or Posts, about 6 inches
in diameter, and 6 feet above the ground, well covered over with cloth or other soft material.

(g) There shall be an Essential limit or D area on either side of the Centre Line, marked, as in Hockey, by a line 20 feet long, parallel to, and 15 feet on either side of the Pala, and continued each way to meet the Centre Line by means of quarter circles having the Dias as centres.

(a) Players are required to wear Jangiahs of College Colours, so that each team will be uniformly dressed.

The feet should be bare, or in thin light rubber soled tennis shoes. No other kind of footwear will be permitted.

(b) A player incapacitated at any stage of the game can be replaced by a reserve.

(c) The team winning the toss shall have choice either of sides, or of sending the first raider.

(d) Raiders shall go one at a time and alternately from opposite sides, repeating "Kabaddi" loudly, continuously and with unbroken breath, from the Pala till the return to the Pala.

(e) No player can raid twice consecutively for his team, and every player must raid at least once in each half of the game.

Note – It shall not be necessary for the players of each team to raid in strict rotation, but the officials of the match shall see that all the players attack sufficiently often, to prevent one or two outstanding players from monopolizing the attack.

(f) If a raider touches any member of the defending team, and returns to, or touches the Pala, with any part of his person, in conformity with (d) above, the attacking team shall score one point.
(g) If a raider has touched one of the defenders, and is returning home, he cannot be pursued by any other member of the opposite team, until he has crossed the Essential Limit of his own side.

(h) If a raider is touched or held by any member of the defending team, so that his breath is broken before he returns to the Pala, the defending team shall score one point.

(i) In all cases of a touch or hold between a raider and any member of the defending team, all other players shall be out of the game temporarily, until the point is decided one way or the other. All players out of the game temporarily must keep out of the way. If any member or members of the defending team cause obstruction, the raider shall score point at once.

(j) In the course of an attack, and a touch or hold, if either the raider or defender entirely crosses a boundary line, other than the Pala as in (f) above, the opposite team shall score one point. If both a raider and defender entirely cross a boundary line, no point shall be scored by either team.

(k) No hold or attack will be permitted, that in any way endangers life or limb, e.g. hitting, kicking, tripping, biting, scratching, butting, twisting, etc.

(l) No oiling or greasing of the body, or long finger or toe nails will be permitted.

(m) The officials for each Kabaddi Match shall be two Judges (one for each side), and one Scorer-Time-keeper.

(n) The Woolner Cup, presented by Dr. A.C.Woolner, C.I.E., Vice Chancellor, of the Panjab University, shall be the Kabaddi Challenge Cup, and shall be held, until the result of the next
Competition is declared, by the College that wins the Kabaddi Championship.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

XVI- GATKA

(86) (a) The Gatka Competition shall be held in the latter half of May each year. Entries must reach the Secretary at least one week before the date fixed for the Competition.

(b) The Competition shall be a knockout one, to be determined by means of a Draw, in each of the classes – A, B, C, D and E.

(c) Teams shall consist of 5 competitors each, entered in order of Merit.

Note – Any attempt by colleges to give a wrong Merit classification of their teams, will entail the disqualification of the whole team.

(d) Competitors are required to dress in shorts and vests, displaying College Colours. The feet should be bare, or in rubber soled shoes.

(e) Gatkas shall be not more than three feet long, and must be covered with soft leather or newar, so that the circumstances of the thickest part, including the cover, shall not be more than four inches. No metal of any sort will be permitted on Gatkas.

Note - Gatkas will be supplied by the P.U.S.T.C., but competitions may bring along and use their own Gatkas, provided they are of the proper specifications, and are previously inspected and passed by the Officials of the Competition.

(f) Bouts shall take place in a circle of forty feet diameter. (Radius 20 feet)
(g) Each Bout shall last five minutes.

(h) Each touch shall score one point.

(i) Any competitor dropping his Gatka, or leaving the circle entirely, during a bout, shall lose the fight.

(j) Unnecessary hard or vicious hitting, catching hold of the opponents Gatka, or any part of his person, will entail deduction of points for the first offence, and thereafter disqualification.

(k) Hool, or the straight thrust, is not permitted.

(i) If both players make a simultaneous attack, and hit each other, no point shall be scored.

(m) If one player makes an attack, the other player must first either party the opponents Gatka, or deceive the attack, or completely avoid, it before the right of attack passes to him.

(n) If the Referee considers a fight too one-sided, he may stop it at any stage of the bout, and announce his award.

(o) No coaching of any sort, from outside, will be permitted during a bout.

(p) For purposes of competition for the Challenge Trophy, points will be awarded as under:

<table>
<thead>
<tr>
<th>Class</th>
<th>Winner</th>
<th>Loser</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>8 points</td>
<td>6 points</td>
</tr>
<tr>
<td>B</td>
<td>7 „ „</td>
<td>5 points</td>
</tr>
<tr>
<td>C</td>
<td>6 „ „</td>
<td>4 points</td>
</tr>
<tr>
<td>D</td>
<td>5 „ „</td>
<td>3 points</td>
</tr>
<tr>
<td>E</td>
<td>4 „ „</td>
<td>2 points</td>
</tr>
</tbody>
</table>
(q) The Officials for Gatka shall be as in Boxing and Wrestling (one Referee, two judges, and one Time-Keeper).

(r) The Bakshi Tek Chand Shield, presented by the Hon’ble Justice Bakshi tek Chand, shall be the Gatka Challenge Shield of the Competition, and shall be held, until the result of the next competition is declared, by the College scoring the highest number of points.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

XVI – GATKA

A head and ear guard, made up of cloth padded with cotton, or soft leather, shall be worn by each competitor. This guard shall be fastened under the chin in such a way that it leaves open and free the oval of the face—including the eyes, nose, mouth and chin.

(j) If any competitor leaves the circle entirely, during a bout, his opponent shall be awarded one point for each such offence.

89. (n) When an attack is made, the other competitor must first attempt to defend himself with his Gatka or Foot-work (Pantra), before passing to the attack: and unless he does this, he shall not score any point for a hit or touch in that particular movement.

(q) The following points shall be awarded by the Referee and both Judges, at the end of each boat, and before they arrive at their decisions:

(i) To the competitor displaying better technique and artistic skill …2 points.
(ii) For the better attack …1 point
(iii) For the better defence …1 point
(iv) For the better foot-work (Pantra) …1 point.
For purposes of competition for the Challenge Trophy, points will be awarded as under:

<table>
<thead>
<tr>
<th>Class</th>
<th>Winner</th>
<th>Loser</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>8 Points</td>
<td>7 Points</td>
</tr>
<tr>
<td>B</td>
<td>7 Points</td>
<td>6 Points</td>
</tr>
<tr>
<td>C</td>
<td>6 Points</td>
<td>5 Points</td>
</tr>
<tr>
<td>D</td>
<td>5 Points</td>
<td>4 Points</td>
</tr>
<tr>
<td>E</td>
<td>4 Points</td>
<td>3 Points</td>
</tr>
</tbody>
</table>

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

XVIII—SWIMMING

88. (a) The Swimming Competition shall be held in the first week of June each year. Entries must reach the Secretary ten days before the date fixed for the Competition.

(b) It shall consist of the following events:

1. 50 yards Free Style.
2. 100 yards Free Style.
3. 440 yards Free Style.
4. 220 yards Breast Stroke.
5. 100 yards Back Stroke.
6. 4 x two lengths Relay.
7. Diving.
(c) Diving shall be:

1. From a 3 feet Spring Board. Two set dives, which will be notified at least one week previously.

2. From a 7 feet Fixed Board. Two set dives, which will be notified at least one week previously.

3. From either Board, one voluntary dive, which must be different from the above set dives, and must be intimated to the Judges before it is performed.

(d) The Executive Committee shall strictly enforce the International Rules, as adopted by the Indian Olympic Association.

(e) The Starter, Judges and Time-keepers shall be appointed by the Executive Committee.

(f) No College shall send in more than two competitors for each individual event, and not more than one team of four men for the Relay Race.

(g) Competitors shall wear regulation swimming costumes and must also wear slips or langots.

(h) For purposes of competition for the Challenge Cup, three places shall be awarded in each event: First shall count three points, second two points, and Third one point.

(i) In case two competitors tie for the first place in any event, five points shall be divided equally between them, and the competitor coming next in that event shall receive one point. In case three or more competitors tie for the first place in any event, six points shall be divided equally between them, and no other competitors shall be awarded points in that event.
(j) In case two or more competitors tie for the second place in any event, *three* points shall be divided equally between them, and no third place shall be awarded in that event.

(k) In case two or more competitors tie for the third place in any event, *one* point shall be divided equally between them.

(l) The Narinjan Das Cup, presented by Rai Sahib Narinjan Das, shall be the Challenge Cup of the Swimming Competition, and shall be held, until the result of the next Competition is declared, by the College gaining the highest aggregate number of points.

(m) In the event of a tie for the Narinjan Das Cup, that College shall be adjudged the winner, whose representatives have gained the greatest number of places for which points are awarded.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

XVIII- SWIMMING

89. (a) The Swimming Competition shall be held in the first half of October each year. Entries must reach the Secretary ten days before the date fixed for the competition.

(b) It shall consist of the following events:—

(1) 50 metres Free Style.
(2) 100 metres Free Style.
(3) 400 metres Free Style.
(4) 800 metres Free Style.
(5) 1500 metres Free Style.
(6) 200 metres Breast Stroke.
(7) 100 Metres Back Stroke.
*(8) Medley Relay— Free Style, *metres) 50 × 100 × 200 × 50.
*(9) Medley Relay of Styles, (metres) 50 Back × 50 Free × 50 Breast × 50 Free.

(10) Diving events.

(11) Water Polo.

*Note: These events will only be held provided at least 4 Colleges enter for them.

(c) Every competitor for Diving shall be required to perform one Set dive, and one Voluntary dive, from each of the following:—

(1) The one metre Spring Board.

(2) The three metres Spring Board.

(3) The five metres Fixed Board.

The set dives will be notified to all Colleges at least one month in advance. The Voluntary dives must be different from the Set Dives, and must be intimated in writing, along with the entry, ten days before the competition.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

XVII— VOLLEY BALL

87. (a) The Volley Ball Competition shall be held in the first half of June each year. Entries must reach the Secretary at least ten days before the date fixed for the Competition.

(b) The Competition shall be conducted in all matters like the Basket Ball Competition and shall follow the International Rules, as adopted by the Indian Olympic Association.

(c) Teams shall consist of 6 players each, and must be dressed in proper uniforms displaying College colours.
(d) Each member of a team must wear a distinctive number on the chest, i.e., from 1 to 6. These numbers should be printed in black on white cloth at least six inches square.

(e) The Islamia College—Taj-ud-Din Memorial Shield, presented by his Brother Miraj Din, shall be the University Volley Ball Challenge Shield, and shall be held, until the result of the next Competition is declared, by the College winning the Volley Ball Championship.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

XIX — MISCELLANEOUS RULES AND REGULATIONS

89. No matter pertaining to the P.U.S.T.C. shall be published unless authorized, or done officially.

90. No official communications from Colleges shall be entertained unless they come from, on behalf of, or through the Principal of the College concerned.

91. (a) Every College, whose students make use of P.U.S.T.C. Athletic Equipment and Apparatus for their training and practice, shall be required to pay a lump sum of Rs. 25 per annum to the P.U.S.T.C.

(b) Every College using the University Athletic Ground for its sports shall be required to pay the following fees:—

1. Grounds only, including all lines, etc., and the service of 2 or 3 coolies – Rs. 10.

2. Athletic Equipment and Apparatus – Rs. 10.

3. Breakages extra at cost.

92. (a) Normally all Mofussil College play-grounds shall be inspected once in every two years, in order to be approved for the Tournament.
(b) Besides the above, if any Mofussil College wishes to have the grounds of another Mofussil College approved or reapproved for the Tournament, the Executive Committee may depute some person to visit them and report on their condition before deciding the matter, provided the College making the request pays to the P.U.S.T.C. an amount equal to 2nd class return fare from Lahore to the place to be visited, and halting allowance at Rs. 8 per day.

93. The “Sir Shadi Lal Championship Trophy”, presented by the Hon’ble Chief Justice Sir Shadi Lal, Kt., shall be awarded annually to the College gaining the greatest number of points according to the Championship table given below:

- Hockey, Football, Cricket and 2 points each.
- Athletics.
- Tennis, Cross Country, Relay 1 point each.
- Races, Gymnastics First Aid,
- Basket Ball, Boxing, Wrestling,
- Boat Races, Kabaddi, Gatka, Volley
- Ball, and Swimming.

94. (a) No team can be called a Panjab University Team, unless it owes its existence to the P.U.S.T.C., or any body authorized by it.

(b) In case of any infringement of this Regulation, the Principals of all Affiliated Colleges concerned shall be asked to notify this matter to the members of their Colleges, and to take suitable action, if necessary.

95. Owing to the fencing of the University Grounds, in future admission to all P.U.S. Tournament Fixtures shall be by tickets as follows:

Season Tickets for members of the Panjab University:
<table>
<thead>
<tr>
<th>Local Professors</th>
<th>Rs.</th>
<th>A.</th>
<th>P.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Mofussil Professors</td>
<td>...</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Local Students</td>
<td>...</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>Mofussil Students</td>
<td>...</td>
<td>0</td>
<td>8</td>
</tr>
</tbody>
</table>

Others from 2 annas to 8 annas per day as may be decided by the Executive Committee.

All members of the P.U.S.T.C. free.

96. The Accounts of the P.U.S.T.C. and all University Sports Clubs, must be kept in the Imperial Bank, Lahore Branch.

97. The Annual Reports and Audited Accounts of the P.U.S.T.C., and all Sports Clubs, should be ready each year by the 30th April, and 100 printed copies of each forwarded to the Secretary P.U.S.T.C., for consideration by the Executive Committee in the first instance, and then for circulation in time for the Annual Meeting in May.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

XIX—MISCELLANEOUS RULES AND REGULATIONS

94. (a) No team can be called a Panjab University Team, unless it owes its existence to the P.U.S.T.C., or anybody authorized by it.

(b) In the case of any infringement of the Regulation, the Principals of all Affiliated Colleges concerned shall be asked to notify this matter to the members of their College, and to take suitable action, it necessary.

95. (a) The “Coronation Shield,” presented by S. Maharaj Chand, Reis, Amritsar, shall be awarded annually to the college gaining second position in the championship.
96. Championship Table of Points
   (a) Hockey, Football, Cricket and Athletics –
   (b) All other events –
       Winner-3, Runner-up – 1

97. Any College entered in the P.U.S. Tournament is entitled to obtain, through the Secretary P.U.S.T.C., the names and particulars of the members of any opposing team, from the Principal of the college concerned.

95. In the case of Tennis, Basketball and Volleyball, in the case of unfinished matches, due to light, weather or other causes, the previous score shall hold good, unless the colleges concerned unanimously agree otherwise, and such agreement is approved by the Secretary or other P.U.S.T.C., official on the spot.

99. All students of affiliated Colleges shall be required to give their loyalties, in so far as games and sports are concerned, first of all to their own college, and then to the P.U.S.T.C., and Sports Clubs, before any outside interests or activities, can be considered.

101. In order to witness P.U. Sports Tournament Fixtures, admission shall be, regulated by Tickets as follows :-
   (a) All members and officials of the P.U.S.T.C., inside the railing Free.
   (b) Season Tickets for students Only, outside the railing.
   (i) If taken by the total number of students on the rolls of any local college, on or before the 31st October – Annas 8, plus tax.
   (ii) If taken on a voluntary basis, on or before the 31st October-Re.1, plus tax.
Panjab University Sports Tournament Committee Rule Book 1936 (revised)

XX— INSTRUCTIONS FOR THE SECRETARY

98. (a) As far as possible all matches in which the Islamia Colleges participate, should not be fixed for Fridays.

(b) In framing the programme of the various Sports Tournaments it shall be the general practice, as far as possible, to leave free the U.T.C. Camp and Parade days.

(c) As a general rule, Mofussil matches played at Lahore should be fixed on consecutive days, to save time and expense.
(d) Dates and times for the meetings of the P.U.S.T.C. should be fixed in consultation with the Registrar, to avoid a clash with Syndicate, Senate and other University meetings.

99. Invitations for the “At Home” on the Sports Final Day shall be issued in the name of the P.U.S.T.C. to the following:

(a) The Chancellor and Vice-Chancellor of the University.

(b) The Dean, Registrar, Controller of Examinations, Assistant Registrar, Assistant Controller of Examinations and the University Librarian.

(c) Members of the University Teaching Staff.

(d) All Fellows of the University, and Honorary Fellows in India.

(e) Local Added Members.

(f) The Staffs of all Colleges affiliated to the Panjab University (the Secretary to ascertain by means of a circular letter issued to all Principals, the names of such members of their Staffs as are likely to attend).

(g) Ministers and Members of the Panjab Government, Judges of the High Court, Heads of Departments, and Leading Officials of Lahore Division and District.

(h) A few non-official residents of Lahore of recognized eminence.

(i) Donors of Cups and Trophies.

(j) Umpires, Referees, Judges and others who have helped the Committee during the Tournament.

(k) Anyone else who has shown particular interest in the University or its Sports, or whom it is specially desired to honour.
Panjab University Sports Tournament Committee Rule Book 1938
(revised)

XX – INSTRUCTIONS FOR THE SECRETARY

102. The Students Sports Committee.

(a) Every Principal of an Affiliated College may nominate one student from his College, to act on the Students Sports Committee.

(b) At least one meeting of this Committee should be held every year.

(c) The Secretary P.U.S.T.C. shall be the Convener of the Committee.

(d) The Students Sports Committee may recommend improvements or alterations in the P.U. Sports Tournament, and all such recommendations shall be considered by the Executive Committee, and then, if necessary, forwarded to the P.U.S.T.C. for consideration.

Panjab University Sports Tournament Committee Rule Book 1936
(revised)

XXI— STUDENTS SPORTS COMMITTEE

100. (a) Every Principal of an Affiliated College may nominate one student from his College, to act on this Committee.

(b) At least one meeting of this Committee shall be held every year.

(c) The Secretary P.U.S.T.C. shall be the Convener of this Committee.

(d) The Students Sports Committee may recommend improvements or alterations in the P.U. Sports Tournament, and all such recommendations shall be considered by the Executive
Committee, and then, if necessary, forwarded to the P.U.S.T.C. for consideration.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

XXI – THE SPORTS HOSTEL

105. (a) The P.U.S.T.C. Sports Hostel, constructed primarily for Mofussil College teams and students, shall be available for occupation, after previous arrangement with the Secretary P.U.S.T.C. in order of priority and application to the following :-

(i) Mofussil College teams coming to Lahore to participate in the P.U. Sports Tournament.

(ii) Mofussil College Students coming to Lahore for any other approved purpose.

(iii) Students from other Colleges or Universities, coming to Lahore for any approved purpose.

(iv) Groups or Individuals from any other recognized institutions, for any approved purpose.

(b) The Fees-payable for occupation of the Sports Hostel shall be as follows :-

(i) For Mofussil College teams, as in (a) (i) above –
   Upto 10 members Annas 4 per head per day.
   11 to 14 members – Rs.2-8-0, per group.
   Over 14 members – Annas 4, per head per day.

(ii) For Mofussil College Students, as in (a) (ii) above, and for other College or University Students, as in (a) (iii) above Annas 6, per head per day.
(iii) For other groups or Individuals, as in (a) (iv) above Annas 8, per head, per day.

(c) In the summer months, if electric fans are used, an additional amount of 25% shall be added to the fees.

If electric fans are used after 10 P.M. an additional amount of 50% shall be added to the fees.

(d) In the case of (b) (i) and (ii) above, bills will be sent by the Secretary, P.U.S.T.C. to the Principals concerned – (who shall be responsible for such dues) and shall be paid in full within 10 days of receipt.

Alternatively these bills may be presented at the sports Hostel, before departure, and may be settled on the spot.

(e) In the case of (b) (iii) above, all fees and other charges shall be payable in advance, together with a security deposit, varying from Rs.10 upwards, and depending on the number of persons, and period of occupation.

(f) Teams or persons residing in the Hostel shall be responsible for the rooms allotted to them, and all the furniture and equipment that is handed over to them. Any disfiguring of walls, furniture, etc., will be treated as damage or misconduct.

All damage breakages or loss will be charged for extra at cost.

(g) Unless otherwise exempted, all students of the Panjab University, while residing in the Sports Hostel, will be required to conform to the following University Proctorical rules in force in Lahore :-

(i) Every student should be in his residence by 9-30 p.m, in winter and 10 p.m. in summer, or be possession of a permit signed by the staff member in-charge of the team.
(ii) No student should be in any public place of entertainment or refreshment after 9:30 p.m.

(iii) No student should be in any place or at any show that has been placed out of bounds by the University.

(h) All Hostel lights shall be put out at 10 p.m. each night.

(i) No friends or guests of residents will be allowed to reside in the Hostel, without previous permission.

(j) No religious ceremony, or other act, likely to injure the feelings of residents shall be permitted in the Hostel.

(k) No animal, bird or reptile pets will be allowed in the Hostel.

(l) No gambling, drinking of liquor, or other misconduct will be allowed in the Hostel.

(m) In the case of any misconduct, the Secretary, P.U.S.T.C., may require any person or persons, to leave the Hostel at once.

In the case of any misconduct on the part of students of Affiliated Colleges, or other recognized institutions, the Principals, or other authorities concerned, will be informed, and will be expected to take further disciplinary action against the offenders.

(n) In the case of teams, the person in-charge, or the Captain, or Secretary, and in all other cases, some responsible person, on arrival at the Hostel, shall enter up in the Register, maintained for this purpose with the Superintendent, the date and time of arrival, the number of persons, and all other required particulars. Before leaving the remaining particulars must be entered, together with any remarks or complaints that may be necessary.

(a) Normally the Hostel shall only be available for occupation for the period which is necessary to complete the object of the visit to Lahore. Such periods will be stated when the first arrangements
are made, in terms of Rule 4. But if the Hostel is not required for
other teams or persons, the period of occupation may be extended
by previous arrangement with the Secretary, P.U.S.T.C.

(b) The Hostel Staff maintained by the P.U.S.T.C., will not be under
the orders of Hostel residents.

(c) Any complaints against the Hostel Staff should be made to the
secretary, P.U.S.T.C.

(d) Provided at least 24 hours notice is given, with full particulars,
the following food arrangements can be made, by the Secretary.,
P.U.S.T.C. for teams or persons residing in the Hostel.

Vegetarian or non-vegetarian meals can be cooked, and served at
the Hostel, by Hindu or Muslim cooks, and will comprise :-

Morning – Least or milk with biscuits or buns at 3 annas per
head.

Lunch (vegetarian)-1 vegetable, dal, dahi, or raita, chappatties,
and one sweet dish, at 8 annas per head.

Lunch (non-vegetarian) – Meat and vegetable, chutney,
chappatties, and one sweet dish, at 8 annas per head.

Tea – One anna per cup, Cakes, etc., extra.

Dinner – As per lunch at 8 annas per head.

The above meals work out at about Re. 1-4-0 per day, but they
can be simplified to cost about Re.1.each.

(e) If it is referred, visiting teams or persons can make their own
private arrangements for food outside the Hostel, or if they bring
along their own servants, stores can be purchased locally, cooked
and served in the Hostel, where complete Kitchen and Dining
Room equipment is available.
Note – No beef or pork in any shape or term will be permitted in the Sports Hostel.

(f) The Panjab University Union Society, immediately in front of the Sports Hostel, has very kindly agreed to offer its recreational and other facilities, free, to members of Mofussil teams, as in Rule 4(a) above, for the Period of their residence in Hostel, provided they observe the rules and regulations of the Union, and conduct themselves properly.

It is expected that all Mofussil teams will make full use of this privilege to occupy their leisure hours, with much pleasure and profit.

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

XXII— UNIVERSITY SPORTS CLUBS.

101. (a) When a University Sports Club is started in any of the Games or Sports that comprise the P.U.S. Tournament, it shall conform to the following Rules and Regulations:—

(b) **Aims.**—To encourage a University Spirit among the various Colleges, and to promote Inter-University Contests.

(c) **Affiliation.**—Open to all Colleges affiliated to the Panjab University.

(d) **Affiliation Fees.**—(To be paid to the P.U.S.T.C. annually.)

(1) For Colleges having upto 400 Students:—

One Club Rs. 10, Two Clubs Rs. 15, Three Clubs Rs. 20, and so on.
(2) For Colleges having from 401-400 Students:
One Club Rs. 15, Two Clubs Rs. 20, Three Clubs Rs. 25, and so on.

(3) For Colleges having more than 700 Students:
One Club Rs. 20, Two Clubs Rs. 25, Three Clubs Rs. 30, and so on.

Note – The number of Students on the rolls of any College is to be determined on the 15th October each year.

(e) Membership – Any Student of a College affiliated to the University Sports Club, who is nominated by his Principal, shall be eligible, on election by the Executive Committee of the Club concerned.

(f) Membership fees – (To be paid to the Club concerned) – To be determined by each Club for itself.

(g) Office Bearers – The following shall be appointed annually by the P.U.S.T.C. for each Club:

(1) A President
(2) Two Vice-Presidents
(3) An Honorary Treasurer;

Provided that not more than one of these shall belong to any one College.

(h) The following shall be appointed by the President, Vice-Presidents, and Honorary Treasurer:

(1) A Captain
(2) A Secretary

(i) Executive Committee – All the Office-Bearers in (g) and (h) above.

(k) Award of Colours – By the Executive Committee of each Club.

(l) Eligibility to play – As in the case of the P.U. Sports Tournament.

(m) Bye Laws – Each Club shall make its own Bye Laws.

(n) Finances – All grants, donations, etc., for the various University Sports Clubs and all Affiliation Fees, shall be payable to the P.U.S.T.C., which shall constitute a Finance Committee consisting of the Chairman, Secretary and Honorary Treasurer of the P.U.S.T.C. and the Honorary Treasurers of all the Sports Clubs, for the allocation of these funds to the various Clubs.

(o) Responsibilities – All University Sports Clubs shall be responsible to the P.U.S.T.C. for their proper management, within the funds at their disposal.

Panjab University Sports Tournament Committee Rule Book 1938 (revised)

XXII- UNIVERSITY SPORTS CLUBS

106 (f) Membership Fee-Every student, nominated as above, shall pay a Membership Fee of Rs.5 to the Club concerned. In addition to and along with the above, every student shall pay an extra fee of Re.1 for Trials and Selection Matches, but if he is elected to membership, this fee of Re.1 shall be returned. In case a student is not elected to membership, the fee of Rs. 5 shall be refunded.

(Kindly remit Membership Fees direct in the Hony, Secretary and Treasurer of the Club concerned).

(b) The Colleges concerned shall be responsible for the Membership Fees, and all other dues, from their students to the various Sports Clubs.
Note – Hony. Secretaries & Treasurers are advised not to allow dues to their Clubs to remain outstanding for too long. If repeated attempts at realization prove unavailing, all such cases should be reported to the Secretary P.U.S.T.C. as early as possible in March each, for him to deal with the matter, or refer it to his Executive Committee for necessary action.

107 Eligibility –

(a) “A player representing a University must be a bona fide student of a College or Collegiate Institution belonging to the University, whose name is on the rolls of the University, and who is regularly attending a course of study leading to a University Degree (which includes the Intermediate Examination).

(b) “No student shall be eligible to represent his University for more than ten years from the date of his Matriculation, provided that a student in the intermediate course shall be eligible for the first three years only, and similarly for the first three years only in the Bachelor’s Degree classes, and the first years in the Master’s Degree and Post-graduate classes.

(c) “In the case of Residential Universities with no Intermediate classes, the period of eligibility shall be the first four years only for the Bachelor’s Degree, and the first three years only for the Master’s Degree, and Post-graduate classes.

(d) “In the Professional Courses (Medicine, Engineering, Law and Teaching) a student shall be eligible to represent his University for the number of years required to complete the particular course, provided the total period shall be limited to ten years from the date of Matriculation.
(e) “No student migrating to or joining a University after the 10th November each year, will be eligible to take part in the Inter-University Tournaments of that year.’

Note – In electing the above Office-bearers, voting shall be restricted to one vote each by members of the Executive Committee of the P.U.S.T.C. and those Colleges that entered that particular game or sport, in the previous P.U.S. Tournament.”

Note – The appointment of the Captain and Vice-Captain or Team Secretary is the conferment of a particular honour, and no student should be given this honour more than once during his College or University career.

109.  (b) (i) Award of Colours – Colours shall be awarded on the bases of Performance, conduct and seniority, by the whole Executive Committee, ordinarily at the end of the Year’s activities.

(ii) The maximum number of Colours that can be awarded by each Club in any year, shall not exceed the number of members of the team in each case:-

Cricket, Hockey and Football : Athletics – the number of first strings in each event : Tennis – the number of first strings in the team. (In actual practice, the maximum in each case will be less than the above figures, because usually there will be some old Blues in each team.)

(iii) Apart from the maximum figures, all Clubs are expected to exercise careful selection in the award of colours, on the bases noted above, and to keep down the number of awards, so that the Panjab University blue will always be a distinctive and great honour, rather than something cheap and common.
(c) (i) When members of University Teams have been awarded Colours, they will be entitled to buy themselves the “Blue Blazer” and “Letters” and the Club concerned will pay for the “Pocket Crest”.

(ii) All Office Bearers and Members of the various Sports Clubs are entitled to wear, at their own cost, the Panjab University Club Blazer.

Note 1. The Blue Blazer, the Club Blazer, and Pocket Crests are obtainable from the officially authorized and sole suppliers only, on requisitions signed by the Hony. Secretaries and Treasurers of the various Clubs.

(2.) The Blue Blazer shall be made of plain blue material, of the colour of Deep Sky Blue- known as Antwerp Blue, and registered as the Colour of the Panjab University.

(3) The Pocket Crest for the Blue Blazer shall be made on the same material. It shall consist of the Panjab University Crest in the form of a Shield, outlined and made up in white, with the five dots in the head-piece of the Crown, and the letters of the Book, (EX ORIENTE LUX), done in black.

(4) The Club Blazer shall be made of material having vertical stripes as follows :-

Black 2 1/4 inches, the P.U. Blue – ¼ inch, Maroon – ½ inch, the P.U. Blue-1/4 inch and the same repeated : Black, Blue, Maroon, Blue, Black – and so on.

(5) The Pocket Crest for the Club Blazer shall be made on the same Black material, worked in the P.U. Blue colour, with the letters of the Book in Black, but without the Crown, as in 8 above.

The whole Pocket piece, with Crest, should not exceed 5 ¼ inches square, and should be attached to the Blazer within two consecutive black stripes.
110. (a) Trials and Selection Matches must be properly arranged, and notified in advance: and each member must be given adequate and equal chances to display his game, in his regular position first, and then in other positions, with his consent.

(b) The Selection of University Teams should be done either by a small “Selection Committee, appointed by the Executive Committee of each Club, or by the Executive Committee itself, with power to co-opt one or more persons – outstanding in their game, who are not in any way connected with the Club, or with any of the Colleges concerned.

But in any case, the whole Executive Committee is finally responsible for the selection of the Team.

(c) Second Teams – should also be selected, in Cricket, Hockey, Football and Tennis, so far as this is practicable, and arrangements made to give them some practice matches, and at least one worthwhile main match or contest in the year.

111. (a) Financial Responsibilities – Each Sports Club shall be responsible to the P.U.S.T.C. for its proper management within the funds allotted to it.

(b) No club should pay any T.A. for Halt for Trails or Selection Matches, but when the Team has been selected, and is assembled for practice or matches, then the outside members should be paid some T.A. and Halt.

NOTE – T.A. should not be more than Single Third Class fare, as normally Olympic Concession Forms are available free, from the Secretary P.U.S.T.C. Otherwise double rates may be paid.
Halting Allowance is left to the discretion of the Club or Hony. Secretary & Treasurer, but should be kept down to the lowest adequate figure.

(c) No Club should pay any T.A. or Halt to the Staff Members of its Executive Committee, for traveling to attend any Club or Team activities. The Colleges concerned are expected to pay their representatives these expenses, for the sake of the Clubs.

(d) Apart from T.A. and Halting Allowances, as above, no Club should supply its Members or Teams with anything free, except Pocket Crests to the Members awarded Blues.

(e) The Uniforms of University Teams should not be paid for by the Clubs. Each Club, however, should arrange for its Uniforms from some one place, so as to ensure uniformity of colour, material, cut, etc. The cost should be taken in advance, or recovered from the Members of the Team, or from their Colleges.

(f) When traveling for Club fixtures, all members of Teams should travel third class; and the Manager Second class, can be paid an inclusive daily allowance of Rs.5 for all other expenses.

(g) If one or more members are unable to travel with the rest of the Team, they may be allowed Inter class fare provided that their inability is established, that they have obtained the necessary consent previously, and that the funds of the Club can stand this extra expense.

(a) Every case of misbehaviour by any Member or Members of a University Club or Team, whether on or off the field of play, shall be reported by the Club concerned to the Executive Committee of the P.U.S.T.C. together with the full facts of the case, the action taken by the Club Executive, and any further
remarks that may be considered necessary, before the P.U.S.T.C.
Executive Committee finally decides the case.

(b) In case any Inter-University Championship is conducted during
the long vacation of the Panjab University, all students on the
rolls, and eligible in the previous academic year, will be taken as
eligible for such Championship.

(c) Each Sports Club is empowered to make and apply and Bye Laws
that it considers necessary.

Panjab University Sports Tournament Committee Rule Book 1936
(revised)

XXIII – University Sports Clubs

Some Important Bye Laws

102 (a) The Captain and Secretary of each Sports Club should not be
elected, but nominated by the President, Vice-presidents, and
Honorary Treasurer of the Club concerned.

(b) The Selection of University Teams should be done either by a
small Selection Committee, appointed by the Executive
Committee of each Club, or by the Executive Committee itself,
with power to co-opt some outstanding person, who is not in any
way, connected with the Club, or with one of the Colleges
concerned.

(c) In the Cricket, Hockey, Football and Tennis Clubs, every
member of the finally selected team (reserves excluded) should
automatically be awarded the "Blue" In Athletics, every first
string automatically gets the "Blue," and in addition, every other
member of the Team, winning a first place in the final fixture,
gets the "Blue."
NOTE – "Blues" should be awarded at any time of the season, as soon as any member is definitely selected for the Team. Thus all members of University Teams will be 'Blues' before the final Inter-university Match or Championship.

(d) All office holders and members of the various Sports Clubs are entitled to wear the Club Blazer-Blue, Chocolate and Black.

(e) When colours are awarded or won, members are entitled to buy themselves the "Blue" Blazer and Letters, and the Club concerned will pay for the pocket crest.

(f) The following Membership Fees have been fixed for the time being:-

Cricket and Tennis –

| Clubs          | ... Rs. 5 per head. |

Hockey and Foot

| Ball Clubs     | ... Rs. 3 per head. |
| Athletic Club  | ...Rs. 2 per head. |

(g) When traveling for Club fixtures, all Members of Teams should travel 3rd class and the Manager or person In charge should travel 2nd class, and be paid an inclusive daily allowance of Rs. 5 for all other expenses.

(h) In the case of all Sports Clubs, when any individual member of the Team is unable to travel on concession with the Team, he may be allowed Inter class fare, provided his inability to travel with the Team, is explained satisfactorily to the Honorary Treasurer of the Club concerned, that his previous consent has been obtained, and that the funds of the Club can stand this extra expense.
XXIV – Members of the P.U.S.T.C. 1936-37

Executive Committee, G.C. Chatterji, (President)

J.B. Weir
S.R. Grover
Charan Singh
K.L. Bhatia
A.C.C. Hervey
Henry Lall, (Secretary)

Honorary Treasurers

P.U.S.T.C. Vishwa Nath
P.U.C.C. Vishwa Nath
P.U.A.C. S.R. Grover
P.U.H.C. Jagan Nath
P.U.F.C. Munir-ud-Din
P.U.T.C. L.R. Sethi

To retire in 1937
M.D. Taseer
H.C. Kathpalia
R.D. Bhalla

To retire in 1938
Rahim Bakhsh
U. Kramet
G.C. Bhatia
To retire in 1939

G.D. Sondhi
Harbel Singh
S.R. Sayal

The Principals of the 12 Mens Colleges in Lahore.

The Principal
Khalsa College, Amritsar
Islamia College, Peshawar
Agricultural College, Lyallpur
Prince of Wales College, Jammu
Gordon College, Rawalpindi
Mohindra College, Patiala
D.A.V. College, Jullundur
S.E. College, Bahawalpur
deMontmorency College, Shahpur
Govt. Inter. College, Hoshiarpur
Govt. Inter College Dharamsala
Hindu Sabha College, Amritsar

The Registrar, Panjab University.

The Director of Physical Training, Panjab University

Panjab University Sports Tournament Committee Rule Book 1936 (revised)

XXV – University Sports Clubs Office – Holders 1936-37

Cricket Club –

President - The Bishop of Lahore
Vice-president A Yusaf Ali

117
Vice-president K.L. Bhatia
Hony. Treasurer Vishwa Nath

Athletic Club –
President G.D. Sondhi
Vice-President C.L. Wood
Vice-President R.D. Bhatta
Hony. Treasurer S.R. Grover

Hockey Club –
President J.T.M. Bennett
Vice-President A.R. Khanna
Vice-President Harbel Singh
Hony. Treasurer Jagan Nath

Football Club –
President Dhani Ram Kapilla
Vice-President Ahmad Hussain
Vice-President Varyam Singh
Hony. Treasurer Varyam Singh

Tennis Club –
President G.C. Chatterji
Vice-President J.B. Weir
Vice-President Yar Mohd. Khan
Hony. Treasurer L.R. Sethi

Note:- Panjab University Sports Committee Rules of the Year 1942 remained the same as in the Year 1938.
DISCUSSION

Although the Panjab University Inter-college Tournament was held every year but there was no written rules and regulations for the organization of inter-college tournaments. In 1924 a permanent committee called as Panjab University Sports Tournament Committee was formed that framed rules and regulation for it organizational set up, functioning and for conducting different sports competitions.

This might be attributed to the fact that rules and regulations were framed for the proper organizational and administrative structure of the committee which would ensure the proper representation of the affiliated colleges, proper selection procedure of members, presence of university officials in committee and duties and tenure of different officials and members. These rules and regulations were also prerequisite for the smooth and democratic functions of committee.

Rules and regulations for the participation and conducting different sports events were framed for the hitch less organization of sports competitions and for fair and vindicate decisions. The rules and regulations of different sports were codified according to the national and international rules and regulations that could be helpful for athletes to participate in Intervarsity, national and international competitions.

These rules and regulations were modified and revised time to time by Panjab University Tournament Committee. Rules and regulations might be revised in according to change in the prevailing situations, to provide proper representation to affiliated colleges and to rectify the glitches experienced during conducting competition. The rules and regulations of different sports might be also revised according to the change in rules at national and international level.
4.6 **Panjab University Cricket Club**

The Panjab University Cricket Club was started in 1929 and colleges of Panjab University were affiliated with it, as per the information quoted in the Panjab University Calendar 1930-31 “The club was formed late in the season. The response to letters soliciting affiliation from the colleges was very encouraging.

The following college were affiliated to the club:

1. The Islamia college, Lahore
2. The Government College, Lahore
3. The Panjab University Law College, Lahore
4. The King Edward Medical College, Lahore
5. The Dyal Singh College, Lahore
6. The Multan Intermediate College, Multan
7. The Mohindra College, Patiala.
8. The Murry College, Sialkot.

Multan, a distant non-cricket playing college, being to affiliate. Out of 22 members elected, 14 paid up their subscription. Three matches were played during the very short season not at the disposal of the Club, one against the Old Boy one against the governor's XI, and one against the Northern India cricket association. Easy victories were secured in all the three. The affiliation and membership fees being inadequate, and the being poor, reliance had to be placed on programme advertisements and on donations. The University made a grant of Rs. 1,000 which has been placed in fixed deposit with the Grindlays for a period of six months. It is to be hoped that the members of the Panjab University Sports Tournament committee and the will foster at and thus lead in example to the members of the staffs and the students of the affiliated colleges of the University.”
Report on the operations of University of the Panjab in the year 1931 on Cricket Club is as follow:

The membership was as follows:-

Islamia 8, Government 6, Khalsa 4, Hindu Sabha 2, Mohindra 11. Three others elected refused to join. The receipts for the year amounted to Rs. 2,735-9-0 and the expenditure to Rs. 2,694-3-6. Thanks are due to Lala Balak Ram, Lala Bashesh Nath Khanna and others, and also the P.U.S.T.C., for donations at a time when the Club was absolutely without funds. (PU Calendar 1932-33 pg.458)

The accounts of the Cricket Club was regularly audited by the University authorities, it was evident from the Report on the operations of University of the Panjab in the year 1936, “The accounts of the Panjab University Cricket Club of 1936-37 were audited by the University Auditors on 26th May, 1937 and were found in order.

The balance sheet opens with the credit balance of Rs. 155-2-6 and closes with that of Rs. 1.615-14-6.

The Honorary Treasurer is glad to record a very successful year. We beat the Delhi, Aligarh and Bombay Universities and thus qualified for the Finals of the Inter university Championship which was to be played against Nagpur University at Bombay. The Board of Control for Cricket in India have given the final match in our favour, as Nagpur University have been steadily refusing to play. Thus we are the champions for the first two years of the championship. Incidentally we save years of the Championship. Rs. 1.615-14-6 which supplemented by a few donations will enable us to enter the Championship next year.

The Lord Bishop of Lahore our president, showed unique generosity in donating Rs. 1,929-9-6 to our funds. Without this munificent gift we could not possibly enter the championship; and luckily on account of Nagpur refusing to play the final this year this gift will enable us to enter the championship next
The annual match against his Excellency the governor's XI was played as usual during the Christmas week. The game ended in a draw and His Excellency gave away the Emerson Barne Shield to both the Captains to be kept for six months by the Panjab University Cricket Club and for the other six months by the Captain of his Excellency's XI.

The total number of members during the year was 34 and I am glad to record that all the members paid their membership fee. The membership was as follows according to colleges.

<table>
<thead>
<tr>
<th>College</th>
<th>Members</th>
</tr>
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<tbody>
<tr>
<td>Government College Lahore</td>
<td>10</td>
</tr>
<tr>
<td>Islamia College Lahore</td>
<td>7</td>
</tr>
<tr>
<td>D.A.V. College Lahore</td>
<td>1</td>
</tr>
<tr>
<td>Law College Lahore</td>
<td>2</td>
</tr>
<tr>
<td>C.T. College, Lahore</td>
<td>1</td>
</tr>
<tr>
<td>M.E. College, Lahore</td>
<td>1</td>
</tr>
<tr>
<td>H.s. College, Amritsar</td>
<td>5</td>
</tr>
<tr>
<td>MAO College, Amritsar</td>
<td>3</td>
</tr>
<tr>
<td>Khalsa College, Amritsar</td>
<td>1</td>
</tr>
<tr>
<td>Govt. College, Ludhiana</td>
<td>3</td>
</tr>
</tbody>
</table>

We are glad to record a very high standard of sportsmanship shown by all members during the year, particularly by K.A. Moid of the Government College, Lahore."

Audit report of Cricket Club published in the Report on the operations of University of the Panjab in the year 1937 on Cricket Club is as follow:

The accounts of the Panjab University Cricket Club for 1937-38 were audited by the University Auditors on the 17th of May 1938, and were found in order. The Balance Sheet opens with the credit balance of Rs. 1,615-14-6 and closes with that of Rs. 1,284-9-6. Having been champions for the first two years of the Inter-University Championship, we entered this Championship this year also. In the North Zone we beat the Muslim University, Aligarh at Aligarh
and the Lucknow University at Lahore, and thus became the North Zone finalists. We were due to meet the winners of the East Zone at Lahore on January 22nd, 23rd and 24th. These dates and also the dates of the Final (January 28th onward) had been fixed irrevocably by the Board of Control for Cricket in India as early as the month of August 1937, and was "not to be altered under any circumstances whatever." The Board had irrevocably fixed these dates in the light of their experience for the first two years of the Championship. In spite of this circular of the Board, the Universities in the East Zone did not complete their matches by the scheduled dates, and their finalists were unable to meet us at Lahore on January 22nd, 23rd and 24th. In the meantime the finalists of the Central Zone, namely, Nagpur, withdrew from the championship, and the Universities in the South Zone did not enter at all. The Board; therefore, requested us to meet the finalists of the East Zone, namely, Calcutta University, in the month of February. This we refused to do. The Panjab University Cricket Club took this step to focus the attention of the Universities and the Board on the serious defects which exist in the organization of Inter-University Championship; and we are glad to record that the Board have taken early steps in appointing a small sub-committee of the representatives of a few Universities to run the Inter-University Championship. Dr. Vishwa Nath has, accepted the invitation of the Board to serve on this Committee. Messrs. Mazhar Mahmood and Hira Lal of the Government College, Lahore, were recommended by the Captain for the award of University Blue, and this recommendation was accepted by the executive Committee. We are glad once more to record the invaluable help which the Panjab University Cricket Club have received from their President, The Lord Bishop of Lahore.

The following were the members of the Club for the year under review:


F. C. College, Lahore.—12. K. K. Mookerjee


Government College, Ludhiana.—19. Mohd. Salim


Discussion

Panjab University Cricket Club was established in 1929 and affiliated colleges became members of it. This might be due to the fact that cricket had begun in the England and was mostly played by the English people. In India, it was imported by Britishers and slowly it became popular and started to play by Indians along with Britishers. Britishers who were appointed in the University and its affiliated colleges also wanted to promote cricket. Therefore, University founded a Cricket club and affiliated colleges joined as the member of this club. Cricket competitions were organized to increase the standard of cricket. Later on Panjab University won many matches in the Intervarsity Tournaments. This might be due to the effort made by Cricket Club to promote the standard of cricket.

4.7 THE PANJAB UNIVERSITY WOMEN SPORTS TOURNAMENT COMMITTEE

A separate Committee for conducting sports activities of women was also established in Panjab University as information is stated in the Report on the Operations of the University of the Panjab, Annual Report Panjab University, 30 Sep 1941“The Tournament events and activities were conducted according to programme, and included competitions in Badminton, Netball, Tennis and Athletic Sports. Our new Directress, in addition to her work of P.T., has taken charges of the Secretary ship of the P.U.W.S.T.C., and this body,
which is the sister organization of the P.U.S.T.C., is going to become increasingly and rapidly popular with our Women’s colleges and students, as it rightly deserves to our University Sports Clubs and Teams continue to function and flourish, and though we cannot report the capture of any Inter-University trophy, except in athletic sports, our teams have had an exciting and eventfully year”.

Report on the operations of University of the Panjab in the year 1942 on Panjab University Women Sports Tournament is as follow:

The competitions held by the Committee have been extremely successful. The season starts with the Inter-Collegiate Badminton Tournament Including two Mofussil Colleges, ten Colleges competed. The entries showed an increase of four.

The Tennis Tournament included Lahore Colleges only. The entire showed an increase of one.

The Net-ball Tournament was more popular, the entries showing an increase of four. The season concluded with the Annual Sports Day in February when one hundred and fifty-five students competed. Kinnaird College students took away the well desired honours, their Athletic abilities being well above that of the other competing learns. At the close of the Sports the following Trophies were presented:

1. **Sports**—Patiala Athletic Trophy, presented by H. H. The Maharaja of Patiala, won by the Kinnaird College for Women. Winner of the Woolner Athletic Trophy=Lahore College.

2. **Badminton**.—Winner of the Sondhi Challenge Trophy for 4 aside=Lahore College. Winner of the Panjab University Women Sports Tournament Committee Challenge Trophy =Lahore College,
3. **Tennis.**—Winner of the Panjab University Women Sports Tournament Committee Challenge Trophy for Tennis Doubles=Lahore College. Winner of the Kanwarani Dalip Singh Trophy =Lahore College.

4. **Net-ball.**—Winner of the Sardar Bahadur Ram Singh Trophy=Kinnaird College." Winner of the Panjab University" Women Sports Tournament Committee Challenge Trophy=Lahore College.

5. **Tournament Shield.**—Presented to the College winning the highest number of points throughout the year=Lahore College.

6. **Swimming.**—Trophy presented by Begum Afzal Hussain=Kinnaird College.

### All-Round Sports Shield

<table>
<thead>
<tr>
<th></th>
<th>Doubles</th>
<th>Lahore</th>
<th>Islamia</th>
</tr>
</thead>
<tbody>
<tr>
<td>Badminton &quot;</td>
<td>Singles</td>
<td>Lahore</td>
<td>Islamia</td>
</tr>
<tr>
<td>&quot;</td>
<td></td>
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<td></td>
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<table>
<thead>
<tr>
<th></th>
<th>Lahore</th>
<th>Kinnaird</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tennis &quot;</td>
<td>Singles</td>
<td>Lahore</td>
</tr>
<tr>
<td>&quot;</td>
<td></td>
<td>Lahore</td>
</tr>
<tr>
<td>Net-ball</td>
<td>Singles</td>
<td>Lahore</td>
</tr>
</tbody>
</table>

From this observation the Directress concluded that the Panjab University students have in this sphere of their education a latent ability which if it can be fostered will undoubtedly bring about a great improvement in their present standard and so make it foremost in India. (PU Calendar 1943-44 pg 76-77)

**DISCUSSION**

In the beginning of the 19th century the social status improved considerably that increase their presences in educational institutions, along the education, women’s involvement in sports also increased as women also
participated first time in Olympic in the year 1900. In same way Panjab University might be also wanted to increase the women’s participation in sports. Therefore, a separate regulative sports body called as Panjab University Women Sports Tournament Committee was formed in the year 1941 for the proper organization of Inter- College Competitions in women section and to increase mass participation of women in different games. For this Mrs. J.M. Wheeler who acted as Directress was appointed as Secretary of this body.

4.8 TRAINING COURSE IN PHYSICAL EDUCATION

To introduce regular physical activity and sports in the schools and colleges, the need for a specialized / trained teacher of physical education was felt in the beginning of 19th century. Therefore Punjab Government trained physical education teachers in Central Training College at Lahore. The teachers who joined this college were to opt drawing or physical education as additional subject for getting senior or junior Gymnastic Teacher’s Certificate. Evidence to the fact is stated (Annual Report of Panjab University 1905–06), “The classes comprise those preparing for Senior and Junior Anglo-Vernacular, clerical and commercial and the Senior Vernacular Certificate examinations. In addition, every student is expected to appear in examination for one of the Drawing Certificate for Teacher, and for either the senior or junior Gymnastic teacher’s Certificate”.

In the colleges’ directory which was published in the year of 1905-06 by Panjab University in its calendar showed that in Central Training College Lahore Pandit Ram Narayan was a full time staff member as Drill and Gymnastics instructor. Mr. H. W. Hogg the advisor in physical education, Punjab and his assistant Mr. Ikram Husian were also attached with the college staff.

Another reference is quoted when few teachers made representations to the University Director of Physical Culture regarding their training. “The director of Physical culture succeeded in securing admission to the nominees to
the three colleges for the training as physical instructors in the physical training class attached to central training college, in the teaching of which the Vice Chancellor has allowed him to cooperate with Mr. Hogg” (Report on the Operations of the University of the Panjab, Annual Report Panjab University 30 Sep 1927)

Discussion

The educationists during the last half of the 19th century started realizing the value of physical activity and sports for youths. They considered that young people on their adolescence possess exuberance of energy which, if not properly utilized often lead to overstepping the bounds of reason and control. Therefore physical activity became part of school curriculum. This trend raised the need of trained physical education teachers and many teacher training institutions were established in the different part of the world. This trend also affected the educational set up in India. This might be the reason that Central Training College Lahore started to train teacher in gymnastic. Thus, they could further train students in different school and colleges. Pandit Ram Narayan was appointed by Central Training College Lahore to train teachers in drill and gymnastics and Mr. H. W. Hogg and his assistant Mr. Ikram Husian was appointed as advisor in physical education of Punjab to promote physical culture.

4.9 APPOINTMENT OF PANJAB UNIVERSITY DIRECTOR OF SPORTS CULTURE

In the year 1927 University appointed a Director of Sports Culture for the promotion and awareness of sports and physical culture among the students of Panjab University. A bill for the appointment of Director Physical Culture was forward and passed in the Syndicate. A Committee of Syndicate also decided the functions and duties of the Director of Physical Culture, and advised the type of training should be given to the students and the necessary arrangements required in the Affiliated Colleges of Panjab University for the
promotion of Physical Culture as stated in the Report on the Operations of the University of the Panjab, Annual Report Panjab University, 30 Sep 1926. The Syndicate of Panjab University decided, “In order to improve the physique of the student in Lahore it has been decided to engage a University Director of Physical Training capable of designing and modifying a graduate scheme of instruction to suit varying constitutions and of supervising its instructions in local affiliated art colleges which engage trained Physical Instructor.

The Duties and functions of the University Director were codified by a committee of Syndicate “the duties of the proposed Director as defined in the first instance are to organize and supervise physical training courses in the colleges at Lahore, to act as secretary to the Panjab University Sports Tournament Committee, to look after the university sports grounds and to train students in athletics.

The report of a Committee of the Syndicate to advice on the kind of training likely to be most useful to the majority of the students to suggest the arrangement to be made by the Colleges in carrying out an approved scheme for Physical Culture of the students and to suggest the manner in which a Director of Physical Training could most usefully function in connection with the introduction and maintenance of the scheme in the colleges, is at present before the Syndicate

The application of the University for a Grant of Rs 9,000 a year to appoint a University Director of Physical Culture for the benefit of the students on the rolls of the Arts Colleges in Lahore having been sanctioned by the Ministry of Education, the Syndicate appointed a committee to examine the question in all its aspects. Applications for the post on a grade Rs 400 to 600 were invited and four selected candidates were interviewed at first by a Selection Committee and subsequently by the Syndicate.”

In accordance with the resolution of the Syndicate of Panjab University, Mr. Henry Lall was appointed as Director of Physical Culture as stated in
Annual Report of Panjab University, 30th September, 1927 “Mr. Henry Lall has been appointed as Director of Physical Culture on one year probation for a period of three years in the first instance with effect from 15th September, 1927, on Rs.400-20-600”. A conveyance allowance of Rs. 50 per month was granted to Mr. Henry Lall, Director of Physical Training, with effect from 1st Oct 1930, for nine months each year, his annual increment was raised from Rs. 20 to Rs. 25, and, too fit him in the revised incremental scale, he was given Rs. 475 with effect from 1st April 1931, the annual increment to be given in subsequent years in April instead of in September.”

The Panjab university enquiry committee 1932-33 in its report on page 298 Chapter 11 has endorsed “the Panjab University arrangements for the physical recreation of college students deserve appreciation. The Panjab University has led the way for India by appointing a director of physical training.”

DISCUSSION

University appointed a Director of Physical Culture in the year 1927 and his duties were framed by Syndicate. This might be due to the fact that university wanted to improve physique of students and to promote physical culture among students. Therefore, University appointed Mr. Henry Lall as
Director of Physical Culture to organize and supervise physical training programme in affiliated colleges. To regulate the work of Director of Physical Culture his duties were framed by Syndicate. Syndicate also suggested type of physical training activities to be carried out and advised affiliated colleges to make necessary arrangement to ensure the physical development of the students.

4.10 DEPARTMENT OF PHYSICAL TRAINING

In the year 1927, a Department of Physical Training was established in order to improve the physique and health of the students and to introduce Military Training in college curriculum as stated in the Report on the Operations of the University of the Panjab, Annual Report Panjab University, 30 Sep 1926, “The exploration of the problem of affording extended opportunities to students for military training also resulted in strongly suggesting the need of providing some course to improve the physique of the average student and to impart him necessary amount of drill and discipline with a view to give him adequate physical training”. This was the basis to start physical training for the students of the university and its affiliated colleges. With the appointment of University Director of Physical Culture, a committee of the Syndicate was appointed to advice on training, arrangement and cooperation of the colleges for a meaningful operation of the Department of Physical Training.

Later on the objectives of the Department of Physical Training were also codified as quoted in the Report on the Operations of the University of the Panjab, Annual Report Panjab University, 30th Sep 1929:

“The object of this Department is to promote the health and physical efficiency of students by means of:

1) A ‘play for all’ programme, including games and sports for the normally healthy and active, and regulated physical activities, including corrective and body-building exercises for the subnormal.
2) Health instructions for all.

It has now been in existence for two years, during which time five Colleges have been able to get their men trained for the work.

A great deal of the work of Physical training must necessarily overlap the work of the Panjab University Sports Tournament. The increasing activities of the Tournament and the interest it arouses are due as much to the department as to the tournament itself.

**Discussion**

Panjab University established Department of Physical Training in the year 1927. This might be attributed to the fact that there was a need for the recruitment of educated persons in British Indian Army. Thus, they introduced Military Training in college curriculum that required high physical fitness and strong physique. Another reason might be that the Panjab University wanted to extend the physical training programme for each student of university in order to develop their health and physical efficiency. Therefore, a Department of Physical Training was established with the objective “play for all” and “Health instruction for all” that would supervise and regulate the physical training programme in affiliated colleges and also ensure the participation of every student in physical training programme.

**4.11 EXTENSION LECTURE ON PHYSICAL EDUCATION**

The system of university extension lectures in different subjects was started by the Panjab University Lahore in different affiliated colleges. Physical education was also given due weight age by assigning Mr Henry Lall and Mr. G. D. Sondhi to deliver lectures to create awareness about physical fitness, sports and health among the students of affiliated colleges as stated in Panjab University calendar 1930-31, Annual Report 1929-30 “Physical education lectures were also delivered by Mr. Henry Lall at Multan college in 1929”. “Mr. G. D. Sondhi, IES highlighted in his extension lecture the importance of
intercollegiate competition in Indian University in 1931” (Panjab University calendar 1932-33, Annual Report 1931).

DISCUSSION

It may be consider that Panjab University started Extension Lectures in different areas. It was mainly delivered by the experts of the certain area. In Physical Education, Mr. Henry Lall and Mr. G. D. Sondhi were given the opportunity to give their expert views on Physical Education. This arrangement might be set up to increase the level of Games and Sports, to uplift the level of Physical Education and to make realize the importance of Physical Culture among the students of Affiliated Colleges.

4.12 Compulsory Physical Training

Panjab University made physical training as a compulsory subject in June 1932 vide regulation XVI-G page-567 of Panjab University Calendar year 1931-32. “The objectives of department of physical training was to promote the health and physical efficiency by means of ‘a play for all’ programme including games and sports for the normally healthy and active, regulated physical activities, including corrective and body building exercises for the sub-normal and health instructions for all. The only students exempted from the compulsory physical training were the members of the university training corps and those certified as unfit for physical training. Regulation regarding attendance restricted the students from appearing in the annual examination if they don’t fulfill the requirements in attendance. Every student was required to furnish a certificate signed by the head of the college that the student has attended more than fifty lectures in physical training and games.”

The efforts of the Department of Physical Training for organizing Physical Training activities were endorsed by the University and few recommendation were also made for the further development of Physical Culture as stated in the Report of Operation of the University of the Panjab for the year 1934 “The practical side of the work of Physical Training, that is, the
major games and sports, minor games, calisthenics and miscellaneous activities are being fairly well attended to in the Colleges concerned. Of course the interest and efficiency varies in the different Colleges with the Physical Training Staff and Principals, but on the whole this aspect of the work is fairly satisfactory, and is improving year by year. In connection with the Jubilee the department staged a fairly big Physical Training Demonstration on 6th December, 1933. Though only 16 Colleges (8 local and 8 mofussil) took part in this show, there were others who were keen to join, and only the finances at the disposal of the department limited the number of Colleges participating in the demonstration. The idea in staging this demonstration was not to show off the mechanical perfection, of group movements, but to indicate, in a fairly comprehensive manner, some of the activities that are being carried out day by day in the Colleges with First Year students. Before the work of Physical Training can develop further, and play, in full, the part that it ought to play in the activities of our University, for the benefit of the students commit to its care, there are four important points that require immediate consider and determination. They are: (1) Sufficient personnel in each College. (2) Proper Training qualifications of Physical Directors. (3) College Doctors, Medical and Follow-up-work, and (4) 'Adequate subventions and control.

1. Adequate Personnel.—In some Colleges one, and even two men, are not enough; Physical Training being compulsory for all First Year students just like English, it is not fair to expect that one or two men should handle this subject properly. The following minima should be accepted and required:

Colleges having up to 400 students—One Physical Director, Colleges having from 400 to 700 students—Two men. Colleges having over 700 students—Three men.

2. Training Qualifications.—Already some Colleges have employed men without adequate qualifications.
3. **Medical Work.**—This branch of our work, which we believe to be fundamentally important, is being quite neglected in many Colleges. Of 12 Mofassil Colleges visited for Physical Training Inspections during the past financial year, four have good medical arrangements, and are doing satisfactory work (Edwardes, Peshawar, Pasrur, Jhang and Kapurthala). Four Colleges are supposed to have honorary or part-time Doctors, but they are only required in case of illness (Dera Ismail Khan, Moga, Shahpur and G.I.C., Hoshiarpur). Four have no medical advisers and no medical (Gujrat, Malerkotla, D.A.V., Hoshiarpur and Srinagar).

Among the Lahore Colleges, Forman, Government, D.A.V. and Dyal Singh have whole-time or part-time medical men and are doing good work. The Islamia and S.D. College arrangements could be improved as there is no follow-up. It may be taken "as correct that 50 per cent of the Colleges concerned have no medical advisers at all, or are doing no medical work. The work should be based on a thorough physic-medical examination of all 1st year students, on admission to the Colleges, and thereafter periodically or whenever occasion arises. From this test all students should be classified as Active, Sedentary—remediably sub-normal—or Unfit. The Physical Training Staff should concentrate and collaborate with the medical man on the sub-normal and the unfit. The first care off the department should be the prevention and correction of ordinary remediable defects, but without medical man this work cannot be tackled properly. The University should require every College to have, on its staff, a whole-time or part time medical man of adequate qualifications,

4. **Subventions.**—the grants-in-aid given by the University to certain Colleges are a very great help to those Colleges, but they are a cause of heart-burning in others, who do not get any help or get very little.

The appointment of an Assistant has relieved the Director of a great deal of worry, and has enabled him to devote much more time to the organization and control of Physical Training, in the Colleges concerned. The, Director is in
constant touch with the Physical Instructors and their work in the six Lahore Colleges. In the Mofussil during the year under review, the Director of Physical Training visited Colleges at 18 different centres, including three Centres visited twice during the year. The Colleges visited are at Amritsar, Jullundur, Patiala, Ferozepore, Sialkot, Jammu, Srinagar, Rawalpindi, Peshawar, Shahpur, Pasrur, Hoshiarpur, Gujarat, Jhang, Kapurthala, Moga, Malerkotla and Dera Ismail Khan.” (PU Calendar 1935-36 pg.491 -493)

On the theoretical side as quoted in the PU Calendar year 1938-39, it was indicated last year and in previous years that is 1936-37 and 1937-38, there is a much greater in the work depending on the likes and dislikes of the persons concerned, but a gradual closing of our ranks is apparent, and within the next few years there will lie a much greater degree Co-ordination and standardization. The Director of Physical Training' has prepared and sent out to all College a detailed syllabus of Health Instruction lectures, with suggested Text-books, and other alternative Helps. This work has now started in most of the Colleges and we believe that proper. Health Instruction will go a long way town building' better men and better conditions in our country.

The medical examination and supervision of all College students has improved a good deal since last veal”. Many more Colleges have organized and started this work, and the remaining few will soon follow suit. The follow-up part of this work also receiving better attention, and it is hoped that before long every student who needs personal attention will receive it to his benefit, whether in the gymnasium from the Physical Director or in the dispensary or hospital from the doctor.

DISCUSSION

The Panjab University made Physical training as Compulsory Subject in 1932 and students were required to attend fifty lectures of physical training to sit in annual examination. This might be due to the fact the Panjab University desired to ensure the good health, physique and physical fitness of every
student through regular physical training programme. Secondly, in order to realize the objective of “play for all” physical training should be conducted regularly in every college. Therefore, physical training was made as a compulsory subject. Panjab University also made recommendation to the affiliated colleges to ensure its proper implementation.

4.13 DEPARTMENT OF PHYSICAL TRAINING FOR WOMEN

A separate Department of Physical Education For Women established in the year 1941 and a Directress was appointed in order to increase participation in Inter-college Tournament and to conduct Physical training programmes of the women in affiliated colleges. She was also appointed as the secretary of the Panjab University Women Sports Tournament Committee. Department of Physical Training for Women further made effort to the appointment of Physical Training Director in the affiliated colleges and to enhance the sports infrastructure. Department introduced many sports events and also conducted many competitions. This fact is established from the Panjab University Calendar 1943-44, “This Department, was started just one and a half years ago (1941) with the appointment of a Directress from America, and has been doing progressively good work for women students. The Directress was doing actual P.T. work in 4 Women Colleges in Lahore, besides supervising and advising 3 Co-educational Colleges in Lahore, and two Women’s and 6 Co-educational Colleges in the Mofussil. Unfortunately the Directress resigned her post early in May, 1942, in order to take up War work with the American forces in India, and the post remained vacant for 5 months, until it was filled again in October.”

In October, the University was fortunate enough to secure the services of Mrs. J.M. Wheeler, a Scottish lady, with mature experience of P.T. work both in Scotland and Hong-Kong, but until the University requires all the Women’s Arts Colleges to appoint their own Directresses, the University Directress will remain a sort of part-time worker for 4 Women’s Colleges in Lahore, one each at Amritsar and Lyallpur, and over a dozen co-educational
institutions in Lahore and the Mofussil, and all this in addition to her increasing work as Secretary of the Women’s Sports Tournament Committee.

On the whole our movement is definitely progressive, and so we redouble our efforts and press on to the goal, where every student who has passed through the Panjab University knows that, because of this period of education, he is a better in his mind, health, physique and character.

At present she is busy trying to comprehend the size, structure and functioning of our University, besides studying our women students, in order to determine their greatest needs and aptitudes, and then very shortly she will make out her programme of activities and start work.

In the year under report, in addition to the work outlined above, women students from 6 to 7 Colleges in Lahore were given Swimming instruction in the University Pool by part-time Instructresses. A great deal of interest was shown in this activity, and quite a number of our women students now know how to swim. Water sports will surely be a very popular event among our women students, and very soon will be included in their Tournament.

Based on observations of the sporting activities and Physical Education of Panjab women students during the past year, the Directress is of the opinion that there is still great scope for improvement. While there are many exceptional cases the average woman student is not taking a sufficient all round interest in this branch of her education, and for this reason it is recommended that closer attention should be paid by all concerned to the necessity for organized recreational training.

In October Physical Training classes were organized in all the Arts Colleges, and there has been a marked improvement in the carriage of the students. At this moment only four Colleges have their own Physical Training staff but it is hoped that with the proposed employment, of more trained Physical Instructresses in the affiliated Colleges. Remedial Gymnastic may also be introduced.
When they have not already been introduced folk-dancing classes have been inaugurated and have met with a very warm reception. Lahore “College for Women in particular is to be congratulated on the excellent progress made in Indian and English Folk-dancing under the direction of a staff member. Facilities are now available for playing Tennis, Net-ball, Badminton and Hockey. Although the response on the whole is very good, the lack of trained P. T. Instructresses is felt as owing to the huge number of students attending the Colleges personal supervision is difficult.

Athletics still leave much to be desired. The students as yet do not realize that a considerable amount of training should be done before an Athletic event; however, with the introduction of Hockey the average standard of running should improve.

The greatest progress, however, has been observed in the Swimming Classes. During the hot weather months the Pool was crowded every evening and many of the students seem to have a natural ability for this form of sport. A Swimming Gala was held in June for beginners only and approximately one hundred and fifty students participated. Later in the year the Inter-Collegiate Gala was held and the standard reached was extremely high. The feature of the afternoon was the long distance swimming under water, various students being able to swim the full length of the pool. Diving also has been introduced and although much progress has still to be made, that will surely come through practice. Students from ten affiliated Colleges attended the classes at the Pool. Islamia student chose Cricket as their summer activity in preference to Swimming. (PU Calendar 1943-44 pg. 74-75)

DISCUSSION

A separate Department of Physical Training for Women was established in the year 1941 and a Directress was appointed to conduct physical training
programme for women. This might be established to increase women’s participation in sports, to improve their physical fitness level and to enhance health and physique of women. So, games like Swimming, Gymnastics, Tennis, Netball, Badminton and Hockey were introduced. With the time more and more games were introduced. This really effected the mass participation of Women in the Inter- College Competitions.

4.14 STANDARD PHYSICAL EFFICIENCY TEST

The Panjab University started to conduct the analyze the Physical Standard of the affiliated colleges in 1942 as stated in the Report of the Operation of the University of Panjab for the year 1942 “The Standard Physical Efficiency Test is also being conducted in most Colleges now, and we are advantageously using it to partly displace calisthenics or P.T. exercises which are more formal and rigid and not too well liked by the students generally. The work of medical examination and supervision is greatly improved, and now amounts to something real and worthwhile in many Colleges, Reports and statistical data are required annually, and from this information it is hoped shortly to publish an Annual Report for the whole University, and work out satisfactory standards for ourselves for age-height-weight-lung capacity-etc. instead of having to compare our students with the young men of England and America, whose standards are not applicable to us. This improved work is due partly to the standard Physico-Medical Record booklets*, with full instructions both general and special which was approved and adopted by the University and Education Department, and is now being used in all Colleges”.

Discussion

Standard Physical Efficiency Test was introduced by the University in 1942. This might be attributed to the fact that University wanted to analyze the status of physical fitness level of the students in order to ascertain to
effectiveness of the physical training programmes being carried out in the affiliated colleges. This became the basis to adjustment in physical training in colleges in accordance to their present status.

4.15 FINANCIAL ASSISTANCE TO THE UNIVERSITY FOR IMPLEMENTING PHYSICAL TRAINING

The Government of Punjab started providing financial assistance for physical training to the university for the benefit of students on the rolls of the arts colleges. To start with, the meager grant was sanctioned by the Government, “The application of the Panjab University for a grant of Rs 9000 year, to appoint University Director of Physical Culture having been sanctioned by the Ministry of Education” (Report on the Operations of the University of the Panjab, Annual Report, Panjab University, 30 Sep 1926).

“Subvention was given by the Government through University for the appointment of the Physical Instructor in the colleges.” (Annual Report Panjab University Sep 1935 Page 525).

Discussion

Panjab Government allocated funds to Panjab University for the development of physical culture. This might be due to the fact that government desired to improve the health, physique and physical fitness of the people that result in greater productivity. This might be further helpful for government to secure to more efficient personnel in different departments for effective administration and management.

4.16 INSPECTION OF COLLEGES AND SUBJECT OF PHYSICAL TRAINING

The university was having traditions, under the rules for the periodical inspections of the colleges to verify the infrastructure required to match the student’s strength for their opted subjects/sports inspection for the affiliation of
new subjects in the affiliated colleges/new colleges. The regulation X relative to affiliation of colleges contained in University Calendar 1932-33 page no 115 under C (4). Exhibits of the arrangement made are about to be made for supervision and physical welfare of all student of the college, including arrangement made for gymnasium, drill, games and the alike. Mandatory appointment of Physical Instructors was one of the affiliation conditions (Letter from Director of Physical Training, Panjab University Lahore, 2nd May 1932).

**Discussion**

There was a provision for Inspection of colleges regarding the arrangement for sports and physical training. The reason for this might be to ensure the proper implement of regulations for compulsory physical training and availability to proper sports infrastructure in affiliated and new colleges.

**4.17 PANJAB UNIVERSITY AND INDIAN OLYMPIC GAMES**

The Panjab university enquiry committee 1932-33 in its report on page 298 Chapter 11 has appreciated the university in its report by narrating, “the Panjab is now producing the magnificent body of athletes, who have approved his skill both in India and overseas” (Civil & Military gazette 31, Jan 1940). That means the university lent a great hand to Punjab state for its participation in Indian Olympic Games during pre participation of the country. The University Sports Persons occupied lion’s share in the total representation of the Punjab state in the Indian Olympic Games.”

**Discussion**

Panjab University, Lahore had comprehensive system of physical training and sports that might be facilitated to produce eminent sports persons. Who represented Punjab in Indian Olympic Games and some also participated at international level. The sports persons brought laurel to Panjab University by winning medals at national and international level.
4.18 PROMINENT SPORTS PERSONS

The Panjab University had produced eminent sport persons who brought laurels to the nation in general and name and fame to the university in particular.

Brig. Dalip Singh, who captained athletics team of the country in the 1924 Olympic Games held in Paris, was a student of Law College Lahore. He did play hockey and cricket as well.

Dilawar Hussain, was the most outstanding sportsman of the period. Later he went to Cambridge where he studied History and Law, played cricket and was described as a friend of press and princes (History of Government College Lahore, page no 164).

Lai Shah Bokhari, was the best sportsman of that time. He captained the Indian Hockey Team at Los Angle Olympics 1932.

Basir Ali Shaikh, took part in extra-curricular activities as Hockey, Cricket, and Swimming.

Nissar, who had made a well-deserved reputation as a bowler, was taken on the All-India Cricket team selected to tour England in 1932. (History of Government College Lahore, page no 202)

Master Tara Singh Malhotra, was captain of the Khalsa College Amritsar field hockey team and member of the football team (Wikipedia). Balbir Singh Senior (hockey player), Momd. Rafique (Athletics) etc.

G.D. Sondhi was born on 10 December 1890 to a Kshatriya Punjabi family at Lahore (now in Pakistan). His father was a renowned barrister in Jalandhar (Punjab). Sondhi obtained his education at the Government College, Lahore, between 1905 and 1911 and at Trinity College, Cambridge, England, between 1911 and 1914. When he studied at Government College he was the
half-mile and cross-country champion of Punjab University in 1911. During his study at Cambridge he was a member of Trinity College's hockey team.

Sondhi became the first Indian principal of the Government College of Lahore from 1939 to 1945. After the partition of India, Sondhi left Lahore and joined Punjab University in Chandigarh. He also served the Punjab Government in various capacities. However, his great contribution to the university, to Punjab and to India was to promote sport from the grassroots to the international stage.

In his life Sondhi believed that sport was necessary for a sound body and mind for India's young generation. He was not only an outstanding academic but also an energetic and effective administrator. He devoted his whole life to the cause of the promotion of sport from grassroots to the international level in India. He was president of the Amateur Athletic Federation of India, an executive member and the first assistant secretary of the Indian Olympic Association (IOA) and a member of the International Olympic Committee (IOC). He was also a member of the Central Advisory Board of the Physical Education Recreation Committee (CABPER), which was later to become the All India Council of Sport (AICS). It looked after the interests of physical education, youth programmes and competitive sport in India. In his life Sondhi stood firm with fortitude and courage for any noble cause and worked tirelessly. In order to recognize his outstanding contribution to Indian sport the Indian Olympic Association awarded Sondhi the ‘Roll of Honour’ in 1954.

Inspired by the Far Eastern Championship Games, which began in 1913 and in which India participated in 1930, and the international Olympic Games, where Sondhi was a member of the IOC, in February 1934 Sondhi and the Maharaja Yadavendra Singh of Patiala decided to hold a sports meeting among the nations of West Asia. The first Western Asiatic Games was held at the
Irwin Amphitheatre (the present National Stadium) New Delhi in India. Four countries – namely Afghanistan, Ceylon, India and Palestine – participated. Palestine was awarded the second games in 1938, but could not organize them in view of the Second World War. Sondhi, who had been working with enthusiasm to expand the scope of the games from the countries of West Asia to the whole continent ‘as an Asian Games’ had therefore to wait until 1947 when India achieved independence.

Picture 5

G.D Sondhi
Principal, Government College, Lahore (1939-1945)
<table>
<thead>
<tr>
<th>Name of college</th>
<th>Year of affiliation with P.U</th>
<th>Name of P.E.T</th>
<th>Year of appointment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central Training College Lahore,</td>
<td>1903-04</td>
<td>Havildar Joga Singh --- Drill &amp; Gymnastic Instructor.</td>
<td>1911-12</td>
</tr>
<tr>
<td></td>
<td></td>
<td>P. Ram Narain --- Drill &amp; Gymnastic Instructor.</td>
<td>1905-1910 and 1913-1923</td>
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<tr>
<td></td>
<td></td>
<td>Mr. E.C. Earl, the Advisor in physical Education, Punjab</td>
<td>1924-1926</td>
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<td></td>
<td></td>
<td>Assistant Ikram Husain</td>
<td>1924-1928</td>
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<td></td>
<td></td>
<td>Mr. H.W. Hogg --- Advisor in Physical Education, Punjab, L. Raungi Ram, B.A., S.A.V. --- Asstt.</td>
<td>1926-1940</td>
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<td></td>
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<td></td>
<td>1939-1944</td>
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<tr>
<td>Islamia College, Peshawar</td>
<td>1915-16</td>
<td>Master Sandhe Khan --- Drill Master.</td>
<td>1922-1934</td>
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<td></td>
<td></td>
<td>Mohd. Adil Khan (Madras Certificate)</td>
<td>1935-1944</td>
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<td></td>
<td></td>
<td>Abdul Razzaq asstt. director</td>
<td>1943-1944</td>
</tr>
<tr>
<td>Lyallpur,</td>
<td></td>
<td>S. Wadhawa Singh ---- Physical Training Supervisor and Asstt. Superintendent</td>
<td>1932-1944</td>
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<td></td>
<td></td>
<td>Kishan Chand, B.A. S.A.V. (Pb.)</td>
<td>1942-1943</td>
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<tr>
<td>Multan College, Multan</td>
<td>1921-22</td>
<td>Jagan Nath Chopra, B.A, D.P.E.,</td>
<td>1943-1944</td>
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<tr>
<td>Ludhiana College, Ludhiana</td>
<td>1921-22</td>
<td>Azmat Ali Khan --- Drill Master</td>
<td>1926-1931</td>
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<td>H. Azmat Ali Kha, S.G.C. --- Gymnastic Instructor</td>
<td>1939</td>
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<td>Name of college</td>
<td>Year of affiliation with P.U</td>
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<tr>
<td>Murray College, Sialkot City</td>
<td>1910-11</td>
<td>M. Umar Din --- Gymnastic Instructor</td>
<td>1927-1929</td>
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<td></td>
<td></td>
<td>S.L. Sircar, Esq., M.A. (Colcutta) --- Professor of History and Director of Physical Instruction.</td>
<td>1929-34 1932-43 1935-40 1938-40 1942-43</td>
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<td>Alfred Moti Ram, P.T. (Madras) -- Asstt. Director of Physical Instruction.</td>
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<td>Moti Ram Esq., B.A. (Punjab) P.T. (Madras)</td>
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<td>Munir Mal, Esq. B.A., P.T. (Madras)</td>
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<tr>
<td>The Islamia College, Lahore</td>
<td>1905-06</td>
<td>Syed Khurshid Ali Shah --- Gymnastic Instructor</td>
<td>1927-30 1928-44 1929-32 1929-40 1932-44</td>
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<td>Khwaja A. Malik Dar --- Director of Physical Training.</td>
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<td>Sergeant Tulip --- Boxing Instructor</td>
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<td></td>
<td>Mr. Mirza Khan --- Asstt. Director of Physical Training</td>
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<td>Mr. Riaz Ahmad --- Temporary Assistant</td>
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<td>L. Dev Dutt Bhalia, B.A., Shastri, P.T., O.T. -- Physical Training Supervisor</td>
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<td>Kewal Kishan, B.A.(Pb.), D.P.E. (Madras) --- Physical Training Supervisor</td>
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<td>Mr. J.C. Francis, B.A., D.A.V., --- Physical Training.</td>
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<td>Ch. Dhupan Singh, B.A., S.V.A., P.T. --- Physical Training Supervisor</td>
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<td>Kishen Dyal, B.A., S.V.A. (Pb.) --- Physical Training Supervisor</td>
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<tr>
<td>Government College, Lahore</td>
<td>1897-98</td>
<td>B. Baisakhu Singh --- Gymnastic Instructor.</td>
<td>1928</td>
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<td>B. Lachhman Singh --- Asstt. Gymnastic Instructor</td>
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<tr>
<td>S.D. College, Lahore</td>
<td>1921-22</td>
<td>Lt. Bhola Nath, B.A. (Panjab) --- Professor of Physical Culture.</td>
<td>1928-29</td>
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<td>Sardar Sarvan Singh ---- Gymnastic Instructor</td>
<td>1929-34</td>
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<td>Sardar jaimal Singh ---- Gatka Instructor</td>
<td>1935-40</td>
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<td>Prof. Purushardh Swarup ---- Professor Incharge</td>
<td>1935-40</td>
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<td>S.P. Bhasin, Esq. ---- Asstt. Director, Physical Education</td>
<td>1935-44</td>
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<td>Wadhawa Ram</td>
<td>1943-44</td>
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<td>Sergt. T. Roberts ---- P.T. Instructor</td>
<td>1932-38</td>
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<td>Sgt. R. Badham ---- P.T. Instructor</td>
<td>1938-39</td>
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<td>Sgt. C. Skelley ---- P.T. Instructor</td>
<td>1939-42</td>
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<td>A.M. Rolston, M.A.(Luc)-Instructor</td>
<td>1943-44</td>
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<td>Government Intermediate College, Jhang</td>
<td>1926-27</td>
<td>M. Fazl Hussain --- Drill Instructor.</td>
<td>1928-29</td>
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<td>L. Tek Chand, Nanda, B.A. S.A.V. --- Physical Training Supervisor</td>
<td>1938-40</td>
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<td>Mehr-ud-Din Bhatti, B.A., S.A.V., D.P.E. (Panjab)</td>
<td>1942-43</td>
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<td>Duni Chand Sikkha, M.B.B.S., College Medical Officer of Health.</td>
<td>1942-43</td>
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<td>Kailash Chandra Anand, B.A D.P.E., Physical Training Supervisor</td>
<td>1942-44</td>
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<tr>
<td>Forman Christain College, Lahore</td>
<td>1897-98</td>
<td>Jagan Nath, M.Sc. ---- Director of Physical Education</td>
<td>1929-44</td>
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<td>Taj Ahmed Khan ---- Asstt. Director of Physical Education.</td>
<td>1929-37</td>
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<td>Gian Chand Soni, B.Sc. Punjab ---- Asstt. Director</td>
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<td>1938-43</td>
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<td>Name of college</td>
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<td>Year of appointment</td>
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</tr>
</tbody>
</table>
| D.A.V. College, Lahore | 1910-11 | L. Ram Dyal Bhalla, M.Sc. — Physical Training Instructor  
L. Hari Paul — Gatka Instructor  
Sgt. W. Wright — Drill Sergeant  
L. Tulsi Ram Manchanda — Asstt. Director of Physical Education | 1929-44  
1932-34  
1935-36  
1935-44 |
| Kinnard College for Women, Lahore | 1913-14 | Miss K. Chrystal — Instructor in Physical Training.  
Miss Kamla Sood | 1929-41  
1943-44 |
Ch. Masud Khan, B.A., B.T. (Panjab) — Physical Training Supervisor  
S. Fazl-i-Haqs — Physical Training Supervisor | 1929-34  
1935-38  
1938 |
L. Sain Datt, B.A., P.T.S. — Physical Training Supervisor  
Bakshi Kidar Nath B.A. (Panjab) Diploma in Physical Training (Madras) — Physical Training Supervisor  
Ram Lal Kohli, B.A., B.T. (Pb) D.P.E. (Walton) | 1929-34  
1935-39  
1939-40  
1942-44 |
| Dayanand Mathradas College, Moga | 1926-27 | Pt. Gujar Mal — Physical Instructor  
Romesh Chandra, M.A., Shastri — Physical Instructor  
Krishnalal Swaney, M.Sc., D.P.E. Madras Y.M.C.A. — Physical Instruction | 1929-31  
1931-38  
1938-44 |
Mr. Shyam Chandra, M.A., P.P.E. (Madras) — Physical Training Supervisor  
Dev Datt Bhalla, B.A., Shastri, O.T.T.P.t | 1929-38  
1938-39  
1942-44 |
1938-40 |
<table>
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<th>Name of college</th>
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<th>Name of P.E.T</th>
<th>Year of appointment</th>
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<tr>
<td>College, Pasrur</td>
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<td>Mr. Kawal Krishan, P.T.S. (Madras) --- Physical Training Supervisor</td>
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<td></td>
<td>Feroze-Ud-Din --- Gymnastic Instructor</td>
<td>1929-44</td>
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<td>Nand Singh Gill, D.P.E.</td>
<td>1942-43</td>
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<td>R.N. Bhatia, M.A., B.T. (Pb) D.P.E. (Madras)</td>
<td>1942-44</td>
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<td>Mohd. Ismail Butt, B.A. D.P.E.</td>
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<td>Peter John, P.T. ---- Asstt. Director</td>
<td>1935-44</td>
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<td>E.N. Das, B.Sc. (Panjab) Dip. P.C. (Madras) Athletic Director</td>
<td>1939-44f</td>
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<td>Khalsa College, Amritsar</td>
<td>1910-11</td>
<td>Harbel Singh ----Physical Instruction</td>
<td>1932-43</td>
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<td>Tehel Singh M.A. (Panjab)</td>
<td>1938-39</td>
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<td>Joginder Singh (B.A. Panjab) --- Physical Education</td>
<td>1939-43</td>
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<td>Rawal Singh</td>
<td>1942-43</td>
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<tr>
<td>Edwards College, Peshawar</td>
<td>1910-11</td>
<td>Mr. B.M. David ---- Trained Physical Instructor</td>
<td>1932-44</td>
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<td>A.M. Rolston, B.Com, M.A. (Agra) (Dip. Edu)</td>
<td>1942-43</td>
</tr>
<tr>
<td>Randhir College, Kapurthala</td>
<td>1910-11</td>
<td>L. Tara Chand, B.Sc. (Panjab) – Demonstrator</td>
<td>1932-34</td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Pooran Singh ---- Physical Training Supervisor</td>
<td>1932-44</td>
</tr>
<tr>
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<td>Year of affiliation with P.U</td>
<td>Name of P.E.T</td>
<td>Year of appointment</td>
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<tr>
<td>D.A.V. College, Jullundur City</td>
<td>1921-22</td>
<td>Pt. Jagan Nath Sharma, B.A. ----Physical Director Trained at Madras.</td>
<td>1932-34</td>
</tr>
<tr>
<td></td>
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<td>Pt. Suraj Prasad ---- Gatka Instructor</td>
<td>1932-34</td>
</tr>
<tr>
<td></td>
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<td>L. Dharam Chand Bhalla,M.A. (Panjba), Trained at Madras) ---- 1st Physical Director</td>
<td>1935-43</td>
</tr>
<tr>
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<td></td>
<td>Pt. Ram Nath Sharma, (Trained at Madras) --- -- Physical Director</td>
<td>1935-43</td>
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<tr>
<td>De-montmorency College, Shahpur Sadr.</td>
<td>1932-33</td>
<td>M. Masud Khan, B.A. (Panjab) ---- Physical Training Supervisor</td>
<td>1932-34</td>
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<td>Rana MohammadKhurshed, B.A. ---- Physical Training Supervisor</td>
<td>1939-42</td>
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<tr>
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<td>Milkhi Ram, B.Sc. (Pb) S.A.V., P.T. Gyani -- Director of Physical Education</td>
<td>1942-44</td>
</tr>
<tr>
<td>Lawrence Royal military School and Intermediate College, Sanawar</td>
<td>1932-33</td>
<td>Sgt. Major A.R. Hawkes -Instructors in Physical</td>
<td>1932</td>
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<td></td>
<td></td>
<td>Sgt. F.G. Wheeler Training and Boxing</td>
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<tr>
<td>Sadiq – Egerton College, Bahawalpur</td>
<td>1905-06</td>
<td>M. Abdul Aziz Khan (Madras Qualified) ---- Director of Physical Culture</td>
<td>1935-44</td>
</tr>
<tr>
<td>Mohindra College, Patiala</td>
<td>1910-11</td>
<td>Jagan Nath Sharma B.A. (Trained at Madras) ---- Physical Director</td>
<td>1935-44</td>
</tr>
<tr>
<td>Dyal Singh College, Lahore</td>
<td>1911-12</td>
<td>Mr. Harpal Singh (Trained at Madras) ---- Physical Training Instructor</td>
<td>1935-44</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Mr. Baij Nath (Trained at Madras)Physical Training Instructor</td>
<td>1938-44</td>
</tr>
<tr>
<td>Vedic Bhratri College, Dera Ismail Khan</td>
<td>1922-23</td>
<td>Krishan Lal Swamy, M.Sc., 1st class Diploma, Madras ---- Physical Instruction &amp; Games.</td>
<td>1935-38</td>
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<tr>
<td></td>
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<td>M.L. Talwar B.A. Diplomaed Madras --- Physical Instruction</td>
<td>1938-39</td>
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<td></td>
<td>Shyam Chandra, M.A. Diploma (Madras) ---- Physical Trainer</td>
<td>1939-44</td>
</tr>
<tr>
<td>Name of college</td>
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<td>Year of appointment</td>
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</tr>
<tr>
<td>Hindu Sabha College, Amritsar</td>
<td>1924-25</td>
<td>Mr. Gian Parkash, Qualified as a Director of Physical Education, Madras Physical Director</td>
<td>1935-44</td>
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<tr>
<td>King Edward Medical College, Lahore</td>
<td></td>
<td>Mr. M.A. Mirza Khan Physical Instructor</td>
<td>1938-44</td>
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<tr>
<td>Women Christian Medical College, Ludhiana</td>
<td>1938-39</td>
<td>Kathleen Tucker B.A. Physical Directress</td>
<td>1938</td>
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<tr>
<td>Sri Pratap College, Srinagar</td>
<td>1911-12</td>
<td>Pt. Raj Nath, B.A. Director of Physical Education</td>
<td>1938-43 1939-40 1942-43</td>
</tr>
<tr>
<td>Prince of Wales College, Jammu</td>
<td>1910-11</td>
<td>Abdul Azim B.A. Director</td>
<td>1938-44</td>
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<tr>
<td>DAV College, Rawal Pindi</td>
<td>1921-22</td>
<td>Bakshi Kalyan Dass B.A. Director of Physical Education</td>
<td>1938-44</td>
</tr>
<tr>
<td>Sikh National College Lahore</td>
<td>1938-39</td>
<td>S. Daljit Singh, B.A. Director</td>
<td>1938-43 1942-44</td>
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<td>Year of appointment</td>
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<tr>
<td>The Punjab College of Engineering and Technology, Lahore</td>
<td></td>
<td>Mr. M.A. Latif Khokhar --- Physical Training Instructor</td>
<td>1939-44</td>
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<tr>
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<td>Jai Narain Arora, B.A. (Pb.), Dip, P.E. (Madras) --- Physical Training Instructor</td>
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<td></td>
<td>G.L. Bhandari, B.A. (Pb), D.P.E (Pb.)</td>
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<tr>
<td>Rai Bahadur Sohan Lal Training College for Women, Lahore</td>
<td>1942-43</td>
<td>Miss Stella Gallyot B.Sc. D.Ph. T. -- In-charge of Physical Education</td>
<td>1942-43, 1943-44</td>
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<tr>
<td>Dev Samaj Training College for Women, Ferozepur City</td>
<td>1942-43</td>
<td>Miss T. Cheriyan, B.A. (dip. in Physical Training -- Incharge of Physical Education and Sports.</td>
<td>1942-44</td>
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<tr>
<td>Emerson College, Multan</td>
<td></td>
<td>Mohammad Yusuf --- Physical Training Supervisor</td>
<td>1942-44, 1942-44</td>
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<td></td>
<td></td>
<td>J. Francis, B.A. --- Physical Training Supervisor</td>
<td></td>
</tr>
<tr>
<td>Ram, Sukh Dass College, Ferozepore City</td>
<td>1922-23</td>
<td>F. C. Arora, M.A., B.A. (Hons) --- Incharge</td>
<td>1942-43</td>
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<tr>
<td>Malerkotla College, Malerkotla</td>
<td>1926-27</td>
<td>Jagan Nath Chopra, B.A. (Wolton Trained) --- Director of Physical Training</td>
<td>1942-44</td>
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<td>Zamindar College, Gujrat</td>
<td>1939-40</td>
<td>Ghulam Rasul (Madras -- Trained)</td>
<td>1942-44</td>
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<tr>
<td>Name of college</td>
<td>Year of affiliation with P.U</td>
<td>Name of P.E.T</td>
<td>Year of appointment</td>
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<td>Islamia College, Jullundur</td>
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<td>Rustam Ali</td>
<td>1942-44</td>
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<tr>
<td>Brijindra College, Faridkot State</td>
<td></td>
<td>Sadhu Singh P.T. (Pb.)</td>
<td>1942-44</td>
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<tr>
<td>Amar Singh Government College, Sri Nagar</td>
<td>1942-43</td>
<td>Mohammad Akbar, B.A. – Director</td>
<td>1942-44</td>
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<tr>
<td>Sri Ganga Ram Training College for Women, Jail Road, Lahore</td>
<td>1942-43</td>
<td>Sh. Kunti Bhandari, M.A., B.T. (Pb. Incharge of Physical Instruction.)</td>
<td>1943-44</td>
</tr>
<tr>
<td>D.A.V COLLEGE, SRINAGAR</td>
<td></td>
<td>Bhagat Ram Sharma, B.A., D.P.E</td>
<td>1943-44</td>
</tr>
<tr>
<td>HINDU COLLEGE, SRINAGAR</td>
<td>1910-11</td>
<td>Bal Kishen Raina, B.A., D.P.E., Physical Director</td>
<td>1943-44</td>
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TABLE-2 NUMBER OF COLLEGES THAT ENTERED IN VARIOUS PANJAB UNIVERSITY INTER-COLLEGE COMPETITIONS

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<thead>
<tr>
<th>Years</th>
<th>Hockey</th>
<th>Football</th>
<th>Cricket</th>
<th>Cross country</th>
<th>Gymnastics</th>
<th>Tennis</th>
<th>Athletics</th>
<th>Swimming</th>
<th>Volleyball</th>
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<td>37</td>
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<td>Years</td>
<td>Relay Race</td>
<td>Boxing</td>
<td>Boat Races</td>
<td>Basketball</td>
<td>Wrestling</td>
<td>Gatka</td>
<td>Kabaddi</td>
<td>First Aid</td>
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<td>1937-38</td>
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</table>
Table-2 and figure-1 depicts the number of entries in various games in Panjab University Inter-College from 1927 to 1947. From the table we can analyze the number of entries and number of games increased from time to time. In the year 1927 only 9 games were there. But during the year 1930-31 the number increased to 17.
TABLE 3- THE TOTAL NUMBER OF ENTRIES IN VARIOUS EVENTS FROM DIFFERENT COLLEGES UNDER PANJAB UNIVERSITY, LAHORE THAT PARTICIPATED IN THE VARIOUS INTER-COLLEGE TOURNAMENT EVENTS

<table>
<thead>
<tr>
<th>Years</th>
<th>Lahore colleges</th>
<th>Mofussil colleges Degree</th>
<th>Mofussil Colleges Intermediate</th>
<th>Total No. of entries in various events</th>
</tr>
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<tbody>
<tr>
<td>1930-31</td>
<td>54</td>
<td>93</td>
<td>147</td>
<td>294</td>
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<tr>
<td>1931-32</td>
<td>90</td>
<td>42</td>
<td>63</td>
<td>195</td>
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<td>1937-38</td>
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<td>1938-39</td>
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<td>109</td>
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<td>1944-45</td>
<td>119</td>
<td>160</td>
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<td>307</td>
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<tr>
<td>1945-46</td>
<td>115</td>
<td>149</td>
<td>25</td>
<td>289</td>
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</table>
Table 3 and figure-2 shows the total number of entries in various events from different colleges of Panjab University, Lahore that participated in the various Inter-College Tournament events. From the table we can analyze that the number of entries in Lahore Colleges in 1930-31 was 54 and it rose to 115 till 1946-47. In Mofussil Degree Colleges, number of entries in 1930-31 was 93 and it rose to 149 till 1946-47. In Mofussil Intermediate College was 147 in 1930-31 and it decreased to 25 by 1946-47. The reason may be that the Intermediate Colleges shifted to Degree Colleges.
<table>
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<tbody>
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<td>Athletics</td>
<td>Gov. Lahore</td>
<td>NDA</td>
<td>Gov. College, Lahore</td>
<td>NDA</td>
<td>Gov. College, Lahore</td>
<td>Khalsa College, Amritsar</td>
<td>Khalsa College</td>
<td>Khalsa College</td>
</tr>
<tr>
<td>Hockey</td>
<td>-do-</td>
<td>-do-</td>
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<td>-do-</td>
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<tr>
<td>Football</td>
<td>Islamia Lahore</td>
<td>Khalsa College, Amritsar</td>
<td>Khalsa College</td>
<td>-do-</td>
<td>Sikh National College, Lahore</td>
<td>Forman College</td>
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<tr>
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<td>Islamia College, Lahore</td>
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<tr>
<td>Cross Country</td>
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<td>--</td>
<td>Khalsa College</td>
<td>Govt. College, Lahore</td>
<td>Khalsa College, Amritsar</td>
<td>Govt. College, Lahore</td>
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<tr>
<td>Gymnastics</td>
<td>S.D. Lahore</td>
<td>Govt. College, Lahore</td>
<td>SD College</td>
<td>S.D. College</td>
<td>SD College</td>
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<td>Tennis</td>
<td>Govt. Lahore</td>
<td>-do-</td>
<td>Forman College</td>
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<td>Govt. College</td>
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<td>Swimming</td>
<td>-do-</td>
<td>Govt. College and Medical College</td>
<td>Govt. College, Lahore</td>
<td>Medical College</td>
<td>Medical College</td>
<td>Govt. College</td>
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<tr>
<td>Volleyball</td>
<td>D.A.V. Lahore</td>
<td>Govt. College, Lyallpur</td>
<td>MAO College, Amritsar</td>
<td>Dyal Singh College, Lahore</td>
<td>Khalsa College, Amritsar</td>
<td>Dayal Singh College</td>
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<tr>
<td>Relay Races</td>
<td>Islamia Lahore</td>
<td>Khalsa College, Amritsar</td>
<td>Govt. College, Islamia College</td>
<td>Khalsa College, Amritsar</td>
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<td>Institution 3</td>
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<tr>
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<td>Govt. College, Lahore</td>
<td>Islamia College</td>
<td>Govt. College and Islamia College</td>
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<td>DAV College, Lahore</td>
<td>Law College</td>
<td>Govt. College Lahore</td>
<td>SD College</td>
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<td>Basketball</td>
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<td>Gardan College</td>
<td>Gardan College</td>
<td>Gordan College</td>
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<td>SD Islamia College, Lahore College</td>
<td>SD College</td>
<td>Dyal Singh College, Lahore</td>
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<td>K.E. Medical College</td>
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<td>First Aid</td>
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<td>Govt. College Lahore</td>
<td>Emerson College, Multan</td>
<td>Emerson College</td>
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</table>

Table 4 depicts the Inter-College winners of Panjab University, Lahore. It shows the positions of different Colleges in different games from the year 1932-33 to 1946-47. In these years Government College, Lahore, Khalsa College, Amritsar, leaded in various events.
Table 5 depicts the Panjab University Inter-college winners of Intermediate Colleges. In this table, winners in 8 games of different Colleges have been shown from the year 1932-33 to 1946-47.
Table 6 shows the overall trophy winners in Inter-Colleges Competitions of in Panjab University. The table shows winners of different Colleges from the year 1932-33 to 1946-47. According to information available Government Colleges, Lahore and Khalsa College, Amritsar were the winners.
TABLE 7- NUMBERS OF PHYSICAL DIRECTORS WORKED IN COLLEGES OF PUNJAB UNIVERSITY, LAHORE

<table>
<thead>
<tr>
<th>Year</th>
<th>Government Colleges</th>
<th>Non-Government Colleges</th>
<th>Without Physical Directors</th>
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</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Government</td>
</tr>
<tr>
<td>1932-33</td>
<td>22</td>
<td>21</td>
<td>5</td>
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<tr>
<td>1934-35</td>
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<td></td>
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<tr>
<td>1937-38</td>
<td>21</td>
<td>23</td>
<td>--</td>
</tr>
<tr>
<td>1938-39</td>
<td>No Records Available</td>
<td></td>
<td>06</td>
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<tr>
<td>1939-40</td>
<td>No Records Available</td>
<td></td>
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</tr>
<tr>
<td>1940-41</td>
<td>22</td>
<td>32</td>
<td>01</td>
</tr>
<tr>
<td>1941-42</td>
<td>24</td>
<td>33</td>
<td>--</td>
</tr>
<tr>
<td>1942-43</td>
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<td></td>
<td></td>
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<tr>
<td>1943-44</td>
<td>23</td>
<td>36</td>
<td>Nil</td>
</tr>
<tr>
<td>1944-45</td>
<td>23</td>
<td>50</td>
<td>Nil</td>
</tr>
<tr>
<td>1945-46</td>
<td>No Records Available</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1946-47</td>
<td>No Records Available</td>
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</table>

Table 7 depicts the number of Physical Directors worked in the Colleges of Panjab University, Lahore. The table shows the number of Physical Directors worked from the year 1932-33 to 1946-47. In the year 1932-33 to the number Physical Directors in Government Colleges were 22 and it increased to 23 by the year 1944-45. In Non-Government Colleges the number of Physical Directors in the year 1932-33 were 21 and it increased to 50 by the year 1944-45.
TABLE 8- FINANCIAL BUDGET GIVEN BY PANJAB UNIVERSITY, LAHORE FOR GARDEN AND TOURNAMENT AND PHYSICAL CULTURE

<table>
<thead>
<tr>
<th>YEAR</th>
<th>AMOUNT</th>
</tr>
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<tbody>
<tr>
<td>1910-11</td>
<td>3000</td>
</tr>
<tr>
<td>1911-12</td>
<td>2200</td>
</tr>
<tr>
<td>1921-22</td>
<td>6815</td>
</tr>
<tr>
<td>1922-23</td>
<td>5299</td>
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<tr>
<td>1924-25</td>
<td>12368</td>
</tr>
<tr>
<td>1925-26</td>
<td>5184</td>
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<td>1926-27</td>
<td>5185</td>
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<td>1930-31</td>
<td>14741</td>
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<tr>
<td>1932-33</td>
<td>7534</td>
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<tr>
<td>1935-36</td>
<td>4297</td>
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<td>1938-39</td>
<td>3716</td>
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<tr>
<td>1939-40</td>
<td>3849</td>
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<tr>
<td>1942-43</td>
<td>4281</td>
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</table>
Table 8 depicts the Financial Budget given by Panjab University for the Garden and Tournament and Physical Culture. The grant given in the year 1910-11 was Rs. 3000 which rose to 24,842 by the year 1942-43. This may be due to the fact that with the increase in the number of participation in Inter-College, more money was needed to conduct the tournament. So, the amount of grant increased year by year.