LIST OF FIGURES

Fig. 1.1: Shows the creation of Knowledge from the raw data

Fig. 1.2: Interrelationship of various subjects with the Traditional Knowledge

Fig. 1.3: Shows the creation of Traditional Herbal Medicine

Fig. 1.4: Depicting the relationship of Traditional System of medicine with other system of medicines.

Fig. 3.1: Map showing mountainous range of Western Himalayas

Fig. 3.2: Map showing vegetation landscape of Western Himalayas

Fig. 3.3: Map showing the Jammu and Kashmir region of the study area

Fig. 3.4: Map showing the Himachal Pradesh region of the study area

Fig. 4.1: TKH Ashutosh Sharma of Jammu, J&K

Fig. 4.2: TKH Banarsi Lal of Akhnoor, J&K

Fig. 4.3: Pictures of the patients displayed by the TKH successfully cured by his treatment

Fig. 4.4: Panoramic view of the work place of TKH Banarsi Lal

Fig. 4.5: TKH Bodh Raj Sharma of Khour, J&K

Fig. 4.6: TKH checking the pulse of one of his patients

Fig. 4.7: Patients waiting for their check up

Fig. 4.8: TKH Chander Kant Arora of Jammu, J&K
Fig. 4.9: Panoramic view of the TKH descendant’s locality in Domana, J&K

Fig. 4.10: A sadhu has got treatment from the TKH

Fig. 4.11: TKH Fazil-ul Rehman of Rajouri, J&K

Fig. 4.12: TKH Kamal Kapoor of Jammu, J&K and the self made medicines used by him for the cure and treatment.

Fig. 4.13: TKH Kamal Kishore Gupta of Jammu, J&K displaying the medicine and the bandage used by him for the treatment.

Fig. 4.14: a) Burnt arm of the patient and b) covered with the bandage of the TKH

Fig. 4.15: Clinic and Display Board of TKH Dr. Lachhman Singh Thakur of Gharoh, H.P.

Fig. 4.16: TKH Mohd. Amjad of Punjab serving in Jammu, J&K

Fig. 4.17: TKH Nun Sagis Zimo of Kargil, J&K interacting with the researcher and self made medicines displayed in the clinic.

Fig. 4.18: TKH Padam Kumar Sharma of Jammu, J&K

Fig. 4.19: Self made and prescribed medicines used by him for cure and treatment

Fig. 4.20: TKH Piyush Abrol of Jammu, J&K and the researcher interacting with the TKH

Fig. 4.21: TKH Puran Chand of Akhnoor, J&K and the instrument used for preparing the medicine
Fig. 4.22: TKH interacting with patients and researcher and the wound of the patient highly improved by the treatment.

Fig. 4.23: Some herbs used by TKH displayed by the researcher and TKH himself

Fig. 4.24: TKH Qazi Mohd. Aslam of Rajouri, J&K

Fig. 4.25: Display board of the TKH on the shop where he sits to see the patients

Fig. 4.26: TKH Ram Nivas Padha of Basholi, J&K

Fig. 4.27: TKH Sanjeev Sharma of Jammu, J&K

Fig. 4.28: TKH interacting with the patients and display board of the room where TKH checks the patients.

Fig. 4.29: TKH Sardari Lal Sajgotra of Jammu, J&K and his display board in Hindi, English, Urdu and Punjabi Languages

Fig. 4.30: TKH checking the pulse of one of his patient

Fig. 4.31: Manuscripts of TKH around 600-700 years old

Fig. 4.32: Instruments used by TKH to cut the infected areas.

Fig. 4.33: Work station of TKH where self made medicines prepared (a) crushed medicinal herbs (b) engaged labourers preparing the medicines as per the instruction of TKH (c) stored medicines displayed in the area.

Fig. 4.34: TKH Subhash Chander of Jammu, J&K

Fig. 4.35: TKH Tsering Gyalpo of Kargil, J&K and patients waiting in the clinic
Fig. 4.36: Medicines used by TKH displayed in the clinic

Fig. 4.37: TKH Vikas Nagar of Jammu, J&K

Fig. 4.38: TKH interacting with patients and patients waiting for their turn

Fig. 4.39: Helper of the TKH in preparing and giving the medicines to the patients as per prescription

Fig. 4.40: Local Ladakhi selling medicinal herbs to the tourists

Fig. 4.41: (a – f) local dried fruits (g) Shilajeet (h - l) local dried herbs (m) Chilgoza (n) Garlic (o) White chana (p) Zeera

Fig. 4.42: Tourist enjoying the natural warm therapy in hot caves of Manikaran, H.P.

Fig. 4.43: Display board of Handimachal Kullu therapy unit, H.P.

Fig. 4.44: Researcher in front of Baba Rishi Shrine at Tangmarg, J&K

Fig. 4.44: Parvati Kund in Drass, J&K

Fig. 4.46: Baba Sehar Waterfall in Reasi, J&K

Fig. 6.1: Pie chart depicting the age distribution of TKHs

Fig. 6.2: Pie chart depicting the gender distribution of TKHs

Fig. 6.3: Pie chart depicting the educational qualification of TKHs

Fig. 6.4.1: Pie chart depicting the range of diseases cured by TKHs

Fig. 6.4.1.1: Pie chart depicting the range of specialized diseases cured by TKHs
Fig. 6.5: Pie chart depicting the source through which TKHs acquire the knowledge

Fig. 6.6.1: Pie chart depicting the source to which TKHs transfer the knowledge

Fig. 6.6.1.1: Pie chart depicting the distribution according Knowledge transfer to various categories of recipients

Fig. 6.7: Pie chart depicting the distribution according to number of years served

Fig. 6.8: Pie chart depicting the distribution of TKHs according to ways of diseases diagnosis

Fig. 6.9.1: Pie chart depicting the type of medicines given by TKHs

Fig. 6.9.1.1: Pie Chart depicting the support provided to TKHs for preparing medicines

Fig. 6.10: Pie chart depicting the number of generations of TKHs

Fig. 6.11: Pie chart depicting the income earned by TKHs by this profession

Fig. 6.12: Pie chart depicting the effectiveness of treatment given by TKHs

Fig. 6.13: Pie chart depicting the area served by the TKHs