TABLE OF CONTENTS

ACKNOWLEDGEMENT i
LIST OF TABLES vii
LIST OF FIGURES xxvi
LIST OF APPENDICES xxxiii
ABBREVIATIONS xxxiv

CHAPTER

I INTRODUCTION 1

1.1 Significance of the Study
1.2 The Purpose of the Study
1.3 The Background of the Study

II REVIEW OF THE RELATED LITERATURE 12

2.0 Introduction
2.1 General Characteristics of Growth
2.2 Quantitative Aspects of Physical Growth
2.3 Growth Cycles for Different Organs
2.4 Factors Influencing Physical Growth
2.5 Methods of Studying Growth
2.6 Sampling and Location of Area
2.7 Conclusion
CHAPTER

III THE PROBLEM AND PROCEDURE 95

3.0 Introduction
3.1 Statement of the Problem
3.2 Scope of the Study
3.3 Delimitation of the Study
3.4 Objectives of the Study
3.5 Hypothesis
3.6 Procedure
3.7 Training to Assistants
3.8 The System of Analysis of the Data

IV ANALYSIS OF THE DATA AND DISCUSSION OF 134
RESULTS

4.1 Introduction
4.2 The Distribution of Total Sample
4.3 Study of the Weight of Pupils
4.4 Study of the Height of Pupils
4.5 Study of the Circumference of the Head
4.6 Study of the Circumference of the Neck
4.7 Study of the Circumference of the Chest
4.8 Study of the Width Between Shoulders
4.9 Study of the Waist Girth
4.10 Study of the Hip Girth
CHAPTER

4.11 Study of the Arm Length
4.12 Study of the Length Between Shoulder and Elbow
4.13 Study of the Length Between Elbow and Wrist
4.14 Study of the Upper Arm Girth
4.15 Study of the Wrist Girth
4.16 Study of the Leg Length
4.17 Study of the Lower Limb Length
4.18 Study of the Thigh Girth
4.19 Study of the Calf Girth
4.20 Study of the Foot Length
4.21 Discussion of Results

Summary, Observations and Suggestions 493

Summary

5.1 Significance and Background
5.2 Purpose of the Present Study
5.3 Statement of the Problem
5.4 The Scope and Limitations of the Study
5.5 Objectives of the Study
5.6 Hypothesis
5.7 Procedure
II Observations and Conclusions
5.6 Major Observations and Conclusions

III Suggestions
3.9 Suggestions

APPENDICES

BIBLIOGRAPHY