CHAPTER I
INTRODUCTION

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CHAPTER I
INTRODUCTION

1.0.0 Introduction

Normal life is full of reversals, contraindications, disappointments and ever changing problems. A nurse, then cannot expect the world to be different for her. She must adapt her desires and her life to conform to her environment. She must choose the proper course and act accordingly. There is no use deceiving ourselves and acting as if we were the only ones in the world, who have difficulties and troubles. Frustrations are sure to confront us throughout our lives. Living is adjusting. Every human being is constantly occupied with bringing himself into harmony with his environment. Frustration should not be used as an excuse to give up rather it should be taken as a challenge to do something different and an opportunity to receive the great pleasure that comes from the ability to meet an emergency successfully.

In actual life, we are constantly facing or dealing with frustration. It becomes so much a part of our lives that unless we are unusually sensitive persons, we are able to overlook or scarcely notice most of the frustrations.
we encounter. How adequately we learn to deal with or adjust to frustration will determine the level and type of social adjustment we make. If we are unable to learn satisfactory adaptive mechanisms, using reactions that are either inadequate or inappropriate. For meeting our needs, our behaviour will be seen as atypical, neurotic, or even psychotic.

"In the complex society in which we live, frustrations of all kinds act to increase the anxiety and tension under which we live. Every new rules, regulations, taxes, world crisis, cold war, manoeuvres and act of racial strife pose frustrations and tension that each person must learn to deal with effectively or suffer the discomfort and even physiological stress that can occur when we fail to adapt ourselves adequately to conditions we must face".  

According to Benjamin and Clarie, "Frustration is the feeling aroused by the blocking of sought gratifications"


and satisfactions, ordinarily by forces outside one's self.

Simply defined, a frustration is a block or obstacle that prevents one from attaining a goal.

"The inability to obtain what we want may cause frustration. Any intense interference with our desires and needs causes in us feeling of helplessness, disappointment, inadequacy and anxiety. Two conditions are necessary for the presence of frustration:

(i) An aroused need or drive or tendency towards an action.

(ii) Some object that interferes with or blocks the satisfaction of the need." 3

The blocking or thwarting of activity directed toward a goal, is termed frustration. It always produces an unpleasant feeling state, a disturbing emotion of one kind or the other. This could be rage, despair, irritation, anxiety, anger or disappointment, to mention but a few. For the purposes of our discussion we shall designate this

The terms involved are enlisted below:

1. Frustration
2. Students
3. Nursing Schools
4. Variables
5. Impact
6. Achievement

The clarification of the concepts of the terms enlisted above is as follows:

1.2.1 Frustration

Frustration is taken to mean what Lorraine B. Dennis said "the blocking or thwarting of activity directed towards a goal".5

1.2.2 Students

An individual who is studying in second year and fourth year of General Nursing Schools of Gujarat State.

1.2.3 Nursing Schools

According to the Indian Nursing Council syllabi and regulations for the courses in General Nursing and Midwifery (Revised 1985) at New Delhi, "Is an educational institution where the students acquire adequate knowledge, skills and develop right attitudes to function as trained nurses and midwives in the hospital/community. It functions according to the by-laws laid down by the State Councils".

The investigator has considered all General Nursing schools of Gujarat State, i.e. Ahmedabad - New Civil, V.S., L.G., Sharda, Jamnagar, Rajkot, Junagadh, Bhavnagar, Surendranagar, Mehsana, Nadiad - Methodist Nursing School, Baroda and Surat Civil Hospital as schools for the purpose of this study.

1.2.4 Variables

According to the Webster Universal Dictionary\(^6\), A variable is a quantity, an indeterminate quantity, one subject to increase or decrease.

The investigator has considered sex, areas, I.Q., socio-economic status and later frustration and sex as variables in the present study.

1.2.5 Impact

According to the Webster Universal Dictionary impact means to strike against to press upon one.

1.2.6 Achievement

Level of performance as indicated by results of Gujarat Nursing Council Examination is considered to be the achievement of students. This includes the results of First Year (Part I) and Third Year (Part II) General Nursing Examinations.

1.3.0 The Need, Importance and Significance of the Present Study

During the General Committee of Student-Nurses' Association which met on the eve of SNA Biennial conference at Indore discussed the problems of nursing students that they face in the hospitals which affect their study. The areas which the committee concentrated on are:
1. The syllabus and examination
2. Leaves
3. Stipend
4. Bond period
5. Clinical experience
6. School of Nursing

The investigator has discussed with General Nursing students in different hospitals, schools of Nursing where many students expressed their problems which affect their study. Nursing tutors, who are teaching the Nursing students and working in schools of Nursing, felt that their students do not get enough time for study, as they work very hard in the clinical areas. The newness of the equipment and instruments used with new techniques and lack of orientation generate dissatisfaction among the nursing students. The General Nursing students are unable to correlate theory that they gain in the class room with the practice they do with the patients in the ward during their clinical experience. They expressed that they often work alone or with one staff nurse or third year General Nursing students for 60 to 70 patients in the ward.

Thus the study of frustration in the nursing students and its impact on their achievement by all means is an important study.
The need for such a study was felt because of the importance of frustration measurement and its impact on their achievement in the field of nursing education and guidance. It was felt that in most of the cases, the students show confusion and create behavioural problems due to different types of frustration which adversely affect their achievement.

The problems of frustrated students caused a constant difficulties for parents and nursing educators and administrators as the nursing schools are directly under the Matron. The number of failing students and drop-outs has increased such a state of affairs promoted the investigator to undertake the present investigation with the hope that it would help the nursing educators, administrators, parents and researchers of Gujarat State to have knowledge of frustration of general nursing students in relation to certain variables and its impact on their achievements. The present work, when completed will be hopefully the first of its kind in nursing education in Gujarat State.

1.4.0 Objectives of the Study

The main objectives of the present investigation are:

1. To study frustration in the context of IQ and area of second and fourth year students of general nursing.

2. To study frustration in the context of IQ and sex of second and fourth year students of general nursing.

3. To study frustration in the context of SES and area of second and fourth year students of general nursing.

4. To study frustration in the context of SES and sex of second and fourth year students of general nursing.

5. To study achievement in the context of frustration and sex of second and fourth year students of general nursing.

6. To study the relationship between frustration and achievement of second and fourth year students of general nursing.

1.5.0 Scope and Limitations of the Study

A few attempts have been made to measure frustration of children and adults in India. The picture-frustration tests are also available in India. Only one frustration inventory in Gujarati is available for students in Gujarat State. This frustration inventory is used in this investigation because of the following reasons:
1. Though it measures different patterns of frustration, it has no separate parts. This smoothens its administration in the class room.

2. Due weightage has been given to the environmental situations of personal life in home, school and society.

3. All the important patterns of frustration have been considered such as projection, regression, aggression, fixation, resignation and rationalization.

The inventory is used to study the extent and patterns of frustration of General Nursing students of Gujarat State.

It has also been found out that no attempt has been made to study the frustration of general nursing students with reference to certain variables like sex, areas, socio-economic status and IQ and its impact on their achievement.

The entire study has been undertaken with the sample of 669 students which represent second year (447) and fourth year (222 - Midwifery course from female and short term course for male for six months) General Nursing students with different sexes and different areas of Gujarat State.
Limitations of the Study

The study with a wide scope has the following limitations:

1. The frustration inventory is administered only to the second year and fourth year of general nursing students of Gujarat State who were present in those institutions.

2. As the language of the inventory is Gujarati, the study involves only the Gujarati speaking second and fourth year general nursing students.

3. The present study confines itself only to six patterns of frustration viz., Projection, Regression, Aggression, Fixation, Resignation and Rationalization.

4. The variables like sex, areas, socio-economic status and IQ and later frustration and sex only have been considered in the present study.

1.6.0 Characterization

The entire report of the study consists of two main parts. The first part of the report includes the
investigation of frustration in General Nursing students, its relationship with certain variables and second part consists of its impact on their achievement.

The report of the study has been presented in six chapters only. The scheme of chapterisation lies as follows:

Chapter I : Introduction
Chapter II : The Concept of Frustration and its Measurement
Chapter III : The Surveyed Realms
Chapter IV : Planning and Procedure
Chapter V : Analysis and Interpretation of Data
Chapter VI : Findings, Conclusions and Suggestions