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SCHEME OF CHAPTERIZATION

The scheme of Chapterisation is organizing the pattern of the study. Systematic way of organizing the study will challenge the researcher to take the responsibility to act accordingly which begins with commitment. When an individual is organized, creativity automatically flows and brings in more ideas. There arises the need for specific design layouts.

The study has been organized in terms of five chapters and the specific design layout of this Chapterisation is described below:

Chapter I
INTRODUCTION

Section- I
Meaning and Definition of Adolescence:
This section discusses the different stages of Adolescence - Early Adolescence, Middle Adolescence, Late Adolescence, Primary Adolescence, Secondary Adolescence; definitions on Adolescents from six different aspects like Chronological, Legal, Sociological, Medical, Educational, Psychological etc., and the Importance of Adolescence.

Section- II
Characteristics of Adolescence:
Various characteristics of Adolescence; Consequences of fast growth and structural changes in the body of the Adolescents; development of new attitude towards oneself and others; increased awareness of one's rights and duties; transitional period; confusing and dual standards; admiring qualities of peers of the opposite sex; adolescence as a period of change; adolescence is an age with problems; a time of search for identity; acquiring skills and building up attitude; a time of experimentation; idealism conflict and uncertainty; physical
changes during adolescence; westernized interests; adolescence in today’s context; stress and adolescents; psychological characteristics of adolescents and their needs namely Biological, Psychological and Egoistic needs are also discussed in this section.

Section- III
Theories about the Nature of Adolescence:
This section discusses theories of the nature of Adolescence, according to various psychologists like, Sigmund Freud, Anna Freud, Erik Erickson, G.Stanley Hall, Margaret Mead, Harold W Bernard etc.

Section -IV
Problems of Adolescents:
This section discusses various problems of Adolescents - Personal adjustment; Divorced parents, Relationships, Negative relations; stress among Adolescents; juvenile delinquency; drug addiction; teenage pregnancies; health; problems of socialization and conduct disorder.

Section –V
Causes for the Problems of Adolescents:
This section discusses the causes for Adolescent problems from three different Angles- Individual, Family, Social and various other Psychological findings. It further discusses the causes with the aspect of Changes taking place in the Society.

Section- VI
Effects of Adolescent Problems:
This section discusses the effects of Adolescent Problems – Mal-adjusted families, social maladjustment, Psycho-neurotic disorders; Behavioral problems; mental disturbances and Phobias.
Section – VII
Meaning and Definition of Counselling:
This section discusses the Origin of Counselling; Its meaning and definition according to various Psychologists and Sociologists, and the need for counselling felt among the Adolescents.

Section – VIII
Schools and Social Work Intervention:
This section discusses the attitude of the adolescents towards education, factors influencing attitudes towards education; teacher’s attitude and behaviour towards students; school and social work, and the main thrust of school social work in the schools.

Chapter II
REVIEW OF LITERATURE
Relevant literature (Current and old) on research studies from published journals, books, magazines having bearing on the objectives set for the study was reviewed selectively and a summary of it is presented to serve as a backdrop for the study. In addition, throughout the body of the present study, relevant references having bearing on the findings made have been quoted in support of the present study.

Chapter III
METHODOLOGY
In this chapter the formulation of the Problem is discussed. It further presents the Objectives of the study; scope of the study; research design; universe of the study; area of the study and the description of the area -Dakshina Kannada District; table containing description of schools in Dakshina Kannada District - Range wise; literacy rate; sample selection; hypothesis; tools used; description of various Interview Schedules; methods of data collection and statistical techniques used for analysis.
Chapter IV
ANALYSIS AND INTERPRETATION

Under this section the data collected is analyzed and interpreted using various statistical techniques. The present findings are compared with previous research studies on similar topics for an effective analytical result. The interpretation and analysis is formulated under the following sub headings:

- Problems of Adolescents and the situation prevalent in Dakshina Kannada District.
- Difficulties faced by the parents and teachers in handling Adolescents.
- Knowledge and awareness about counselling services among the adolescents, parents, and teachers.
- Various intervention strategies undertaken by the schools to help the adolescent students.
- Effectiveness of intervention by the teachers in alleviating the problems of the Adolescents.
- Effectiveness of the counselling services provided in the Schools.
- Other findings in general.

Chapter V
SUMMARY, CONCLUSION and SUGGESTIONS

In this chapter, a concise summary of the results reported in the earlier sections and conclusions drawn from therein are reported. This chapter concludes with indications of the limitations of the present study and with some suggestions, as how to undertake similar studies in the future.