ACKNOWLEDGEMENT

“There are only two ways to live your life.
One is as though nothing is a miracle.
The other is as if everything is”.

*Albert Einstein*

“When a person doesn't have gratitude, something is missing in his or her humanity. A person can almost be defined by his or her attitude toward gratitude”.

- Elie Wiesel

No venture can be a success without help, support, guidance, encouragement and contribution from number of people who make it possible. I would like to express my deep felt gratitude in a written form to all those who rendered me a supporting help.

First and foremost my respectable gratitude is to my Guide Dr. Y.S. Siddegowda, Prof. and chairman Department of Studies in Social Work for accepting to guide and supervise the course of my research project from the beginning till the end.

I express my deep sense of gratitude to Prof. Dr. R. Parthasarthy, Professor, Dept. of PSW, NIMHANS Bangalore; for his guidance.

My heartfelt gratitude to heads of the departments and staff members of Psychology Departments (UG and PG) of SDM College Ujire, for guiding me and sharing the minor research studies which they have experimented upon their college students.
Special thanks to former Superintendent of Police of D.K District, Mr. Dayananda, IPS for granting me the permission to collect the data on Juvenile Delinquents and Mr. Nagaraj – Crime Branch for helping me in getting the data.

My heartfelt thanks to all the Heads of the Sample Schools, the students, teachers, parents and counselors without whose support the study would have been incomplete.

Thanks to YMCA Director Mr. Ashley for permitting me to collect the data on Adolescent problems and the work they do - with Child Line (helpline-1098), Youth health programme, and the coordinators Mrs. Rajani, Ms. Neeta, Mr. Jayaram and Mr. Prakash H.

A special thanks to Mr. Mahesha coordinator – ICTCS- PPTCS Project Fr. Muller’s Charitable Institutions and Hospital, Mangalore; for providing me relevant data.

My sincere gratitude to Dr. Richard Pais, Head of the Dept. of Sociology, St. Aloysius College, Mangalore; and the management especially Rev. Dr. Eugene Lobo S.J., former Principal (retired) of St. Aloysius college Mangalore for their valuable support and encouragement.

My heartfelt gratitude to Ms. Laveena Crasta, Lecturer in Statistics in the Department of MCA and Ms. Sumita Achar Lecturer in MBA Department (AIBA), St. Aloysius College, for training and guiding me in statistics; and in the application of SPSS programmes. I also thank Mr. Mohandas for his help, by providing the latest software for my research work.
I specially thank my teachers, colleagues and friends at the Institute where I serve:

*Dr. LourduSamy-HOD English Dept. (UG and PG) for giving me the language-grammar correction*; also I thank *Prof. Edmund Frank* Dean PGDBM, *Dr. Norbert Lobo, Ms. Shalini Ayyappa, Mr. Jeevan D’Souza, Ms. Mareena D’Souza* and all my colleagues in the MSW Department at St. Aloysius College, Mangalore.

My special thanks to my friends *Ms. Juliet Fernandes* and *Mr. Daniel Alvares* for their constant positive prayerful and moral support. And thanks to CATS – team *Sujay, Kumaresh, Riana and Treeza*.

I am indebted to my family members who have coped with me during difficult times in assisting and inspiring me to complete the thesis successfully.

Place:

Date: __________________________

Savitha F. Pereira