ACKNOWLEDGEMENTS

The author wishes to express her sincere gratitude and appreciation to Dr. Mahtab S. Bamji, Director-Grade Scientist, for suggesting the problem, for constant and valuable guidance and encouragement.

She is thankful to: (i) Dr. A.V. Lakshmi, Research Officer, for her constructive suggestions in carrying out the work, and interest she has shown in preparing the manuscript.

(ii) Dr. Vinodini Reddy, Director, and Dr. B.S. Narasinga Rao, Ex-Director of National Institute of Nutrition, for their encouragement.

(iii) Mr. C.M. Jacob, Senior Technical Officer, for useful discussions.

(iv) Principal (Mr. Krishnan) and teachers of Model School for permitting and assisting in carrying out the supplementation studies.

(v) Dr. K. Satyanarayana, Assistant Director, for guidance in measuring physical work performance; Dr. K. Visweswara Rao, Assistant Director, and Mr. G. Redhaiah, Research Officer, in advising about the statistical analysis; Miss. B.V.S. Thimmayamma, Senior Research Officer for the guidance in carrying out diet survey; Dr. P. Suresh, Research Officer, for helping in induction of respiratory infection in mice; staff of LAISC, Instrumentation, Stores, for their needful help; and Biological Evans Ltd., for preparing and gifting the riboflavin and placebo tablets.
(vi) All her lively friends, for sustaining the morale through good humour.

(vii) Indian Council of Medical Research, for the award of research fellowship, during which period the investigations were carried out.

(viii) Mr. T. Satyanarayana, for his expert typing.

The authors heartfelt gratitude to her husband, who encouraged her to take up research, and to her parents and in-laws, for their unstinted support and encouragement.