The aim of this questionnaire is to collect some information about your behavior and experiences. This is not a test of any ability. You will find below a lists of questions and statements. Read each. You have to mark whether you possess the characteristic to a more or less degree in relation to other people. If you think you possess the characteristic more than the average individual put a '+' mark in the cell against that question. Similarly, if you think you possess that characteristics at least a little less than the average, put a '-' sign. If you do not understand the question or if you are unable to decide whether you have the characteristic to a larger or smaller degree, you may put a '?'.

Do not omit any them. No embarrassing questions have been included in this questionnaire. Your answers will be kept confidential. You need not spend too much time thinking. You may mark according to your first judgement itself.

Name:........................................Age..................Sex:.............
School/College/Address:.................................................................

1. Does a meaningless obsessive thought come to your mind again and again? ............

2. Do you feel uneasy in the presence of superiors? ............
3. Do you feel compelled to do meaningless acts again and again? .......... 
4. Do you worry a lot about past events? ............
5. Do you feel an inadequacy before others? ............
6. A feeling that nobody understands your problems? ............
7. Always the feeling of some impending danger? ............
8. Do you find it difficult to sit quietly at one place? ............
9. Do you feel shy before the opposite sex? ............
10. Do some people deliberately try to irritate you? ............
11. Do you think of your mistakes again and again? ............
12. Do you do things which you think you should not do? ............
13. Do you find it difficult to stand some people making you look small? ............
14. Do you become nervous on important occasions? ............
15. Do you find being noticed by others uncomfortable? ............
16. Do you experience fear while traveling in vehicles? ............
17. Do you find being alone unbearable? ............
18. Do you feel uneasy before strangers? ............
19. The thought that you do not get what you deserve from others? ............
20. Do you worry about you defects? ............
21. Do many people talk ill of you behind your back? ............
22. It somebody scolds you, do you feel like weeping? ............
23. Feeling that you are inferior to others? ............
24. Do other people tell you lies? ............
25. Do you worry about many things? ............
26. Do you tell others all that comes to your mind? ..........
27. The belief that people are generally troublesome? ..........
28. Inability to stand somebody making fun of you? ..........
29. The thought that it would be better to die? ..........
30. Do other people quarrel with you easily? ..........
31. Do you worry over small things? ..........
32. Do you perspire without reason? ..........
33. Do people try to fool you? ..........
34. Do you find it difficult to tolerate criticism? ..........
35. Do people try to take advantage of you? ..........
36. Feeling that the future is dark? ..........
37. Are people unfair towards you? ..........
38. Do you feel that life is hell? ..........
39. Do you get into difficult situations? ..........
40. Do you hear sounds in your ears? ..........
41. Feeling that you are going to die? ..........
42. Do people misunderstand you? ..........
43. Are your feelings easily hurt? ..........
44. Do you find life a burden? ..........
45. Do you find it difficult to concentrate? ..........
46. Do you get into accidents? ..........
47. Do you fell gloomy without reason? ..........
48. Feeling that nobody sympathizes with you? ..........
49. Feeling that life is empty? ..........
50. Habit of talking without forethought? ..........
51. Feeling that you are alone? ..........
52. Do you hate everything? ..........
53. Do people make fun of you? ....
54. Do you feel sad, thinking of many things? ....
55. Do you push yourself in everywhere? ..........
56. Do you lose your mental balance? ..........
57. The thought that people do not take you seriously? ..........
58. Tendency to panic easily? ..........
59. Fear of insanity ....
60. Does your mental state shift rapidly? ....
61. Does the sight of blood scare you? ..........
62. Do you suspect people too much? ..........
63. Palpitation ........
64. Feeling that everything is like a dream? ..........
65. Do you become emotional quickly? ..........
66. Do you act impulsively? ..........
67. Not being interested in anything? ..........
68. Uncomfortable energy? ..........
69. Anxiety about future ........
70. Mental restlessness ........
71. Lack of self-control ........
72. Undue feeling of guilt .............
73. Unreasonable fears ................
74. Mental weakness ............
75. Becoming upset easily ............
76. Inferiority feeling ............
77. Daydreaming ............
78. Sense of failure ............
79. Tremor of hand ............
80. Giddiness ............
81. Nightmares ............
82. Worry about future ............
83. Boredom ............
84. Poor memory ............
85. Feeling littery ............
86. Feeling irritable ............
87. Short temper ............
88. Bad luck ............
89. Mental conflict ............
90. Emotional turbulence ............
91. Dissatisfaction ............
92. Dispiritedness ............
93. Self-consciousness ............
94. Mental unrest ............
95. Fatigue …………
96. Depression …………
97. Anxiety …………
98. Tiredness …………
99. Despair …………
100. Withdrawal …………

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