Acknowledgement

Easy it is to tell a fact, but hard it is to know and act!

All thanks to almighty for He gave me an opportunity, determination and of course a many wonderful people around, to complete this research work!

This work, which owes its very existence to my dear parents, who have prayed day and night just to find their child happy, would have never been completed, had I not been blessed with such a kind and generous supervisor, my ma'am, Dr. Imrana Naseem. She is the one who have taught me that sincere efforts and hard work is the only key to success. She has not only inspired me in my every endeavor, but also imbibe in me the courage to overcome any obstacle that came in between. I am grateful to her from all my heart, for all those 'critical remarks' and 'selfless love' that had made me a better person today.

I want to express my sincere thanks to Dr. Jamal Ahmad, Prof. of Medicine, JN Medical College, A.M.U., Aligarh. He was the one who gave me the right direction to work and has been the driving force throughout the study. I greatly appreciate his scientific knowledge and am indebted for he endowed all the fundamental necessities required for this work and allowed me access in his lab.

I tender my heartfelt thanks to Prof. S.M. Hadi, chairman of our department for providing me the necessary facilities to carry out this research work. Sincere thanks to Prof. Masood Ahmad, Prof. Bilquees Bano, Prof. Yusufi, Prof. Qayyum, and Prof. Naheed Bano for their constant encouragement. Specific thanks to Riyaz sir, Fahim sir, Tabish sir, and Farah ma'am for their valuable suggestions and motivation.

Sincere thanks are due to Prof. Mushfiq, Department of Chemistry, A.M.U., Aligarh, for permitting me to work in his lab for some experiments.

I would also like to thank Prof. Abida Malik, chairman, Department of Microbiology, JN Medical College, A.M.U., Aligarh, for allowing me to perform some experiments in her labs.

Words are inadequate to express my genuine thanks to my senior Mrs. Eram who have helped me out in every possible way, whenever and whatever I needed. Special thanks are due to Ms. Shubha for lending me a helping hand during the most stressful days, despite of all her busy schedules. Ms. Ayesha, Mrs. Deeba, Mrs. Shamila, Dr. Showket, and Dr. Arivarasu, have been the wonderful seniors, and are just a call away to solve any problem.
I sincerely acknowledge the cooperation extended by my colleagues, especially Ms. Medha, Ms. Mahreen, Mrs. Toshiba, and Mrs. Sheeba. They all have been wonderful friends throughout.

I take this opportunity to appreciate and thank all my juniors, especially Mr. Sandesh, Mr. Iftikhar, Mr. Atif, Mr. Shahnawaz, Mr. Amit, Mr. Shams, Mr. Zoheb, Mr. Shakeel, Ms. Rukhsana, Ms. Humaira, and of course the sweet memories with Ms. Aaliya and Ms. Uzma are unforgettable. I would also like to thank Mr. Fahad, who has rather acted like a senior sometimes and given valuable advices.

I am short of words to express thanks to my friends Ms. Rabab and Ms. Nigar, for adding fun in my life and understanding me during the peak workload.

The kind help extended by Mr. Wasim, Mr. Qadir, Mr. Salim, and Mr. Aqeel is greatly acknowledged and respected.

The help and support received by Mr. Anwar and Mr. Asif from Endocrinology Lab., Department of Medicine, JN Medical College, A.M.U., Aligarh, is also appreciated and I am thankful to them for each and every help they have rendered.

Specific thanks to Mr. Salman and Mr. Mudabbir from 'Global Air Services' for helping me out in the setting and formatting of present and final shape of this thesis.

Lastly, the job would be unfinished, if I do not thank those patients on whose blood samples I have worked upon, and those innocent animals who have served selflessly for my research.

I must also open the truth here by saying that if anytime in my life, I have ever succeeded; it is only because of my brother, who has shared his experiences with me. I have just followed his footprints!

One person, who has always been the wind beneath my wings, is my companion in this life, and thereafter. Ashish, I must say, "I could have never travelled up till this end without you."

Thanks are due to all those people who are directly or indirectly linked to this work. I dedicate this work to my loving parents!

Nishtha Jain

[Signature]

17-11-08