Chapter-8

Bibliography
8. Chapter-8, Bibliography


11. Barton, D.L. et al., The use of Valeriana officinalis (Valerian) in improving sleep in patients who are undergoing treatment for cancer: a phase III


of Valeriana wallichii on stress management: a clinical report. *Nepal Medical
College journal* : *NMCJ* 9(1), pp.36–9. Available at:

receptors reduces actions of alcohol and other drugs. *The Journal of
pharmacology and experimental therapeutics*, 304, pp.30–36.

22. Boulanger, B. et al., 2003. An analysis of the SFSTP guide on validation of
chromatographic bioanalytical methods: Progresses and limitations. In *Journal
of Pharmaceutical and Biomedical Analysis*. pp. 753–765.

23. Brand, S. & Kirov, R., 2011. Sleep and its importance in adolescence and in
common adolescent somatic and psychiatric conditions. *International journal of
general medicine*, 4, pp.425–42. Available at:
entrez&rendertype=abstract [Accessed May 24, 2014].

24. Bristol), (University of, Bristol University - Gas Chromatography Mass
Spectrometry (GC/MS). Available at:
http://www.bris.ac.uk/nerclsmsf/techniques/gcms.html [Accessed July 19,
2014].

applications in foods--a review. *International journal of food microbiology*, 94,

what is known? *CNS drugs*, 17(8), pp.539–62. Available at:

27. Chebib, M. et al., 2006. Ionotropic GABA Receptors as Therapeutic Targets for
Memory and Sleep Disorders. , 39(04).

channels: medicinal chemistry and molecular biology. *Journal of medicinal
chemistry*, 43(8), pp.1427–47. Available at:


difficulty in older adults: the Maintenance of Balance, Independent Living,


134. Padmawar, D.A., Withania somnifera. Monograph for Anruta Herbals, LTD.,


197. Teo, C.C. et al., 2008. Evaluation of the extraction efficiency of thermally labile bioactive compounds in Gastrodia elata Blume by pressurized hot water extraction and microwave-assisted extraction. *Journal of Chromatography A*, 1182, pp.34–40.


221. YK., S., 1996. Illustrated manual of herbal drugs used in Ayurveda., New Delhi: Council of scientific and industrial research.

