Appendix H

Parental Questionnaire

Note: For each question please ✔ the two most appropriate choices according to you. Wherever necessary please do give reasons/descriptions.

1. When you first came to know of your child's problem what was your reaction?
   (a) Disbelief
   (b) Bitterness
   (c) Guilt
   (d) Remorse
   (e) Why me?
   (f) Self blaming
   (g) Blaming Spouse
   (h) Blaming God
   (i) Blaming fate.

2. How did you try to cope?
   (a) Go from Dr. to Dr. to understand the problem.
   (b) Over a period of time started to feel that child does not have too much problem.
   (c) Gave explanations/reasons for child's condition.
   (d) Any other (explain).

3. Have you ever done the following?
   (a) Going regularly to temples, fasting, doing piya.
   (b) Giving 'dan', taking a 'mannat' etc.
   (c) Getting associated with institutions working with special needs children, doing social work etc.

4. If the answer to the above question is 'yes' why did / do you indulge in these activities?
5. How often do you feel angry?
   (a) Rarely
   (b) Sometimes
   (c) Often
   (d) All the times

6. What are the chief reasons that make you feel angry?
   (a) Do not know where to get help from
   (b) Fear that your child’s condition may be permanent
   (c) Tense about the child’s future in terms of education, job, marriage
   (d) Any other (discuss).

7. When you are angry –
   (a) Blame self for the situation.
   (b) Get angry at your child (also physically shown at times)
   (c) Feel that the therapy, program, profile working for your child are useless.
   (d) Feel that friends, relatives are also of no use.
   (e) Any other.

8. How does this anger affect you?
   (a) Health is affected
   (b) Feeling of depression
   (c) Feeling of frustration
   (d) Feeling helpless
   (e) At times want to take extreme step (suicide)
   (f) Any other.

9. If the child is not progressing consistently how do you feel?
   (a) Angry
   (b) Depressed
   (c) Worried
   (d) Frustrated
   (e) Treat it as a challenge and work more with child.
10. What cause you the most anxiety with relation to your child?

11. How often do you take your child out?
   (a) Rarely
   (b) Sometimes
   (c) Often
   (d) Any other

12. If the answer to the above question is
    Yes – where do you take him/her out.
    If No – why and what alternate arrangements are made?

13. Have you ever sought external help to cope better? If yes, what?
   (a) Counselling
   (b) Gaining information from reading etc.
   (c) Turning to prayer
   (d) Any other

14. Can you state your child's strengths and weaknesses?

15. Do you feel your child has made adequate progress? Discuss.

16. Are you of the opinion that children with special needs also need to be disciplined? Why?

17. How have you / do you discipline your child?

18. If a suggestion is made by the teacher/therapist what is your reaction –
   (a) Accept it
   (b) Implement it
   (c) Co-operate and Collaborate
   (d) Argue and discuss why
   (e) Just let it be
   (f) Any other.

19. Do you have specific hobbies, interests? Do you pursue them?