## INDEX

<table>
<thead>
<tr>
<th>Contents</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction – J. Krishnamurti in Contemporary Millennia.</td>
<td></td>
</tr>
<tr>
<td>'a' J. Krishnamurti — A Profile</td>
<td>1-5</td>
</tr>
<tr>
<td>'b' The vision &amp; the Approach of J. Krishnamurti</td>
<td>6-10</td>
</tr>
</tbody>
</table>

## PART – ONE

J. Krishnamurti — The Man & His Teaching .................................................... 11-22

## Chapter – 1

(a) THE PHILOSOPHICAL BASIS OF J. KRISHNAMURTI'S TEACHINGS. 23-31

- (i) J. Krishnamurti – A Truly Universal Man. 32-35
- (ii) J. Krishnamurti – A Wandering Seer Who Walked Alone. 36-44
- (iii) J. Krishnamurti – A Perfect Flower of Humanity. 45-52
- (iv) J. Krisnamurti – Aflame With His Message. 53-68

## Chapter – 2

(b) J. KRISHNAMURTI – A UNIQUE PHENOMENON IN THE HISTORY OF PHILOSOPHY 69-73

- (i) J. Krishnamurti – An Exponent of the Philosophy of Art of Living 74-82
- (ii) Krishnamurti’s – A Realistic Approach to Life. 83-88
- (iii) J. Krishnamurti & The Importance of Being a Light to Oneself 89-94
Chapter-3

c) J. KRISHNAMURTI'S PHILOSOPHY OF HUMAN EXISTENCE.................. 95-101
‘c’-(i) J. Krishnamurti's Philosophy in Its Essentials.......................... 102-119
‘c’-(ii) Self-Inquiry in The Spirit of J. Krishnamurti's Teaching............... 120-127
‘c’-(iii) The Teachings of J. Krishnamurti Are The Teaching of Life....... 128-136
‘c’-(iv) The Philosophy of J. Krishnamurti has its basis of Non-Conformism.... 137-146
‘c’-(v) J. Krishnamurti's Philosophy Is the Philosophy of The Spiritual Life... 147-155

PART - TWO

J. Krishnamurti— A Spiritual Exponent of Our Era.............................. 156-166

Chapter- 4

(d) A Summumbonum OF J. KRISHNAMURTI'S TEACHINGS —
"Choiceless - Awareness" ................................................................. 167-178
‘d’-(i) Meditation — The Krishnamurti way........................................ 179-186
‘d’-(ii) In The Desert of Life: J. Krishnamurti is an Oasis...................... 187-190

Chapter - 5

(e) SUMMARY OF J. KRISHNAMURTI'S TEACHINGS ON EDUCATION........ 191-192
‘e’-(i) Krishnamurti's Approach To The Right Education.................... 193-198
‘e’-(ii) The Experimental Discovery of J. Krishnamurti On Education...... 199-202
Annexure- I.................................................................................. 203-206
Annexure- II.................................................................................. 206-207

PART - THREE

Chapter - 6

(f) J. KRISHNAMURTI'S TEACHING ON TRANSFORMATION OF MAN .... 208-226
— A Comparative Study
‘f’-(i) J. Krisnamurti & Zen Buddhism.............................................. 227-234
PART - FOUR

Chapter - 7

(g) A CRITICAL STUDY OF THE PHILOSOPHICAL TEACHING OF J. KRISHNAMURTI. 277-285

'g'- (i) J. Krishnamurti's Teachings are Ahead of Their Time. 286-302
'g'- (ii) A Modern Mystic—J. Krishnamurti. 303-306

A Concluding Note: - (J. Krishnamurti's Philosophy in its Quintessence) 307-322

Appendix- I

Bibliography

Appendix- II

Books Of Reference