# Table of Contents

Abstract and Key words ............................................. i  
Preface ...................................................................... ii  
Acknowledgements ...................................................... iv  
Table of Contents ........................................................ viii  
List of Tables .............................................................. xvi  
List of Figures .............................................................. xix  
List of Appendices ......................................................... xx  
Abbreviations ................................................................. xxi  
Glossary .................................................................... xxii  

Chapter 1 **Preliminaries** ............................................. 1-42  
1.1 Introduction ......................................................... 1  
1.2 The Present Situation ............................................. 2  
1.3 Tribes in Kerala ..................................................... 3  
1.4 Relevance of the Study .......................................... 4  
1.4.1 Inter Disciplinary Relevance ................................. 6  
1.5 Research Design .................................................... 7  
1.5.1 Research Issues ................................................ 7  
1.5.2 Objectives ........................................................ 7  
1.5.3 Hypotheses ....................................................... 8  
1.5.4 Conceptual Framework ...................................... 8  
1.5.4.1 Definition of Key Terms .................................. 9  
1.5.4.1.1 Job Reservation .......................................... 9  
1.5.4.1.2 Christian Malai Arayans ............................... 9  
1.5.4.1.3 Hindu Malai Arayans .................................. 10  
1.5.4.1.4 Hill Tribes of Kerala .................................... 10  
1.5.4.1.5 Other Hill Tribes ........................................ 10
1.5.4.1.6 Organized Sector Employment

1.5.5 Theoretical Framework

1.5.6 Analytical Framework

1.5.7 Scope and Coverage of the Study

1.5.8 Data Sources and Sampling Framework

1.6 Organization of the Chapters

1.7 Review of Literature

1.7.1 Tribes and their Classification in India

1.7.2 Tribal Studies

1.7.3 Studies on the Tribes of Kerala

1.7.4 Studies Related to the Hill Tribes of Kerala

1.7.5 Reservation and Related issues

1.8 Research Gap

1.9 Limitations of the Study

1.9.1 Biased Versions

1.9.2 Exaggerations and Concealments

1.9.3 Inability to Provide Correct Information

1.9.4 Lack of Authentic History

1.9.5 Limitations of the Secondary Sources

Endnotes

Chapter 2 Socio Economic Profile of the Hill Tribes: A Historical Overview

Introduction

2.1 Definition of the Tribes under Study

2.1.1 Etymology

2.1.1.1 The Malai Arayan

2.1.1.2 The Ulladan

2.1.1.3 The Urali

2.2. Physical Features
2.2.1. The Malai Arayan 45
2.2.2 The Ulladan 46
2.2.3 The Urali 46

2.3 Topography and Habitat of the Tribals 46
2.3.1 The Malai Arayan 46
2.3.2 The Ulladan 47
2.3.3 The Urali 47

2.4 Legends 47
2.4.1 The Malai Arayan 48
2.4.2 The Ulladan 48
2.4.3 The Urali 48

2.5 Social Background 48
2.5.1 Social Status 49
2.5.1.1 The Malai Arayan 49
2.5.1.2 The Ulladan 49
2.5.1.3 The Urali 49
2.5.2 Social Structure 50
2.5.2.1 The Malai Arayan 50
2.5.2.2 The Ulladan 50
2.5.2.3 The Urali 51

2.6 Economic Status 51
2.6.1 Occupation 51
2.6.1.1 The Malai Arayans 51
2.6.1.2 The Ulladan 52
2.6.1.3 The Urali 52
2.6.2 Laws of Inheritance 53
2.6.2.1 The Malai Arayan 53
2.6.2.2 The Ulladan 53
2.6.2.3 The Urali 54
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.7 Religion</td>
<td>54</td>
</tr>
<tr>
<td>2.7.1 The Traditional Religion of the Malai Arayans</td>
<td>54</td>
</tr>
<tr>
<td>2.7.2 The Ulladan</td>
<td>55</td>
</tr>
<tr>
<td>2.7.3 The Urali</td>
<td>56</td>
</tr>
<tr>
<td>2.8 Caste Practice in Travancore</td>
<td>57</td>
</tr>
<tr>
<td>2.9 Exploitation of the Tribals</td>
<td>60</td>
</tr>
<tr>
<td>2.10 Protestant Missionary Work in Travancore</td>
<td>61</td>
</tr>
<tr>
<td>2.10.1 Church Missionary Society in Travancore</td>
<td>62</td>
</tr>
<tr>
<td>2.10.1.1 Areas of Mission Work</td>
<td>63</td>
</tr>
<tr>
<td>2.10.1.2 Baker (Junior) and the Malai Arayans</td>
<td>64</td>
</tr>
<tr>
<td>2.10.1.3 Conversions</td>
<td>65</td>
</tr>
<tr>
<td>2.11 Earlier Christian Influences on the Malai Arayans</td>
<td>66</td>
</tr>
<tr>
<td>Summary</td>
<td>67</td>
</tr>
<tr>
<td>Endnotes</td>
<td>68</td>
</tr>
</tbody>
</table>

Chapter 3  **Tribal Development: Approaches and Strategies**  72-95

<table>
<thead>
<tr>
<th>Subsection</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>72</td>
</tr>
<tr>
<td>3.1 Meaning of Development</td>
<td>72</td>
</tr>
<tr>
<td>3.1.1 Definitions of Development</td>
<td>73</td>
</tr>
<tr>
<td>3.2 Approaches to Development</td>
<td>75</td>
</tr>
<tr>
<td>3.2.1 Human Development Paradigm</td>
<td>75</td>
</tr>
<tr>
<td>3.2.2 Capabilities Approach</td>
<td>76</td>
</tr>
<tr>
<td>3.3 Core Values of Development</td>
<td>77</td>
</tr>
<tr>
<td>3.4 Development and Tribals of India</td>
<td>78</td>
</tr>
<tr>
<td>3.5 Tribal Areas</td>
<td>79</td>
</tr>
<tr>
<td>3.6 British Approach to Tribal Development</td>
<td>80</td>
</tr>
<tr>
<td>3.7 Tribal Development after Independence</td>
<td>82</td>
</tr>
<tr>
<td>3.7.1 Tribal Panchasheel</td>
<td>82</td>
</tr>
<tr>
<td>3.8 Anthropological Approach to Tribal Development</td>
<td>83</td>
</tr>
</tbody>
</table>
Chapter 5  Present Socio Economic Status of the Tribes under Study 123-152

Introduction 123

5.1 Sample Details 124

5.2 Literacy and Educational Attainment 126

5.3 Economic Condition 128

5.3.1 Representation in Organized Sector Employment 128

5.4 Monthly Income of the Households 129

5.5 Land Holdings 131

5.6 Classification by Occupation 132

5.7 Dwelling Places 133

5.7.1 Size of Houses 134

5.8 Savings and Debt Position 135

5.9 Basic Amenities and the Tribals 136

5.10 Access to Social Infrastructure 137

5.11 Social and Political Participation 138

5.12 Access to Communication and News 139

5.13 Health Situation 139

5.13.1 Life Expectancy 139

5.13.2 Chronic Ailments 140

5.13.3 Medical Treatment 141

5.14 Social Evils 141

5.15 Welfare Measures and the Tribal Development 143

5.16 Exploitation by Middlemen 143

5.17 Opinion about the Welfare Schemes 144

5.18 Best Agency for Implementation of Development Schemes 145

5.19 Participation in ‘Oorukottam’ 145

5.20 Possession of Ration Card and Voter Identity Cards 146

5.21 Dependence on the Market 147

5.22 New Economic Policy and Job Reservation 147
6.13.2 Comparison with Job Reservation 180
6.14 Development 181
6.15 Missionary Influence and Socio-Economic Development of Christian Malai- Arayans 182
   6.15.1 Educational Attainment- a Comparative Analysis 184
   6.15.2 Employment and Benefits of Job Reservation 184
   6.15.3 Freedom from Social Evils 185
6.16 Index of Deprivation 186
   Summary 187
   Endnotes 188

Chapter 7  Summary and Conclusions 189-201
7.1 General Conclusions 190
7.2 Test Results of the Hypotheses 195
7.3 Theoretical Analysis 197
7.4 Recommendations 198
7.5 Conclusion 200
   Appendix Tables 202
   Bibliography 221
   Index 240