Acknowledgements

I devote all my achievements to the ‘Almighty Waheguru’ for instilling in me the strength, perseverance and spirit to accomplish this study.

It is my proud privilege to put on record my deep sense of gratitude and express my indebtedness to my revered guide Dr. Praveen Thukral, Principal, Mohan Lal Memorial Institute of Education, Mudhal, Amritsar for her unabated inspiration, keen critical acumen, constant encouragement and expertise help in planning, execution and completion of the present piece of research.

I convey my heartful thanks to Dr. Amit Kauts, Dean faculty of Education, G.N.D.U., Amritsar and Dr. Agyajit Singh, retired Head, Department of Psychology, Punjabi University, Patiala, for their fervent personal interest and never ending willingness to tender generous help whenever and wherever asked for.

I wish to express my thanks to Dr. Kulwinder Singh, Head, Department of Education and community service, Punjabi university, Patiala, who spared his valuable time for guiding me in applying various statistical techniques for the present study.
I am deeply indebted to Prof. S.C. Gakhar, Department of Education, Punjab University, Chandigarh who provided all sorts of research facilities available in the department.

My thanks are due to librarian and other staff members of Punjab University, Chandigarh for their expert guidance and help regarding the use of library facilities.

My sincere thanks are due to teachers and students of 10th class (Studying during the academic session 2005-06) all from the eight selected schools of Punjab, who unhesitatingly accepted to operate as subjects in the present study.

I am sincerely thankful to Dr. Daljit Singh, Dr. Raminder Singh and Dr. Tarlok Bandu whose discourses inspired me to complete the present research work.

I will be failing in my duty if I do not remember my late revered mother and elder brother for their persistent goading and moral support during this work. This work will remind me their presence in the times to come.

I wish to express my appreciation for family members especially my wife, son (Sargun), nephews (Shehbaz & Shubam) and niece (Siara) for their cooperation, inspiration, indented and unstinted efforts in helping in completion of the present work.
Mr. Avtar Singh and Mr. Harnek Singh, deserve special thanks for typing efficiently and giving it present shape.

I am thankful to all the authors whose books I have consulted.

I am thankful to my worthy colleagues, friends and students for their valuable help and inspiration for the completion of this work.

(Surjit Singh)