ACKNOWLEDGEMENTS

The research scholar is thankful to Prof. Amit Kumar Mallik, Vice – Chancellor, University of Burdwan, Burdwan (West Bengal), who granted me permission to work on the present project.

I owe unbounded gratitude to Prof. Aminul Haque, Ex. Dean - Faculty of Arts & Commerce, University of Burdwan, Burdwan (W.B.); and Harihar Bhattacharya, Dean - Faculty of Arts & Commerce, University of Burdwan, Burdwan who gave me opportunity to work on the study and facilities extended for carrying out the same successfully.

I owe my unbounded gratitude to Dr. Hiralal Adhikari, my advisor, Reader & Head, Department of Physical Education, Nikhil Banga Shikshan Mahavidyalaya, Bishnupur, who inspired me to take the present work. I am beholden to him for his gracious acceptance of my request and for his expertise guidance. He inspite of his busy schedule, spared long hours giving me judicious suggestions and guidance during the course of my thesis.

Thanks are also due to Dr. Arup Kumr Chattopadhyay, Head, Department of Commerce, University of Burdwan and all the teaching and non-teaching staff of the Commerce Department, University of Burdwan for their esteemed help and cooperation.

Sincere and heartfelt thanks are due to Smt. Protima Adhikari for her gracious cooperation, valuable suggestions and help for the study.

Sincere and heartfelt thanks to Dr. Pramod Kumar Das, Lecturer, Department of Physical Education, N.B.S.Mahavidyalaya, Bishnupur, Dist. Bankura, West Bengal and Smt. Priti Das for their gracious cooperation, valuable suggestions and dedicated services in final shaping of this doctoral work.

Sincere thanks are due to Dr. A .N. Dey, Additional Director of Public Instructions, Govt. of West Bengal, Bikash Bhawan, Salt Lake,
ACKNOWLEDGEMENTS (Contd...)

Calcutta; Dr. A.K.Bose Principal, P.G.T.C.P.E. Banipur, Calcutta University, Prof. Dr. A.K. Banerjee, Department of Physical Education, University of Kalyani, West Bengal; Dr. Kanchan Banerjee, Reader, Department of Physical Education, Kalyani University, Dr. Parimal Debnath, Head, Department of Physical Education, Jadavpur University for their valuable suggestions, cooperation and help.

Thanks are due to all the members of managing committee, teaching and non-teaching staff of Khirpai Dr. S.K.B.M.Girls High School, Khirpai, Paschim Medinipur, West Bengal, India; Mr. Shyamal Kumar Dey, Ex-secretary Khirpai, Dr. S.K.B.M.Girls High School, Khirpai and Mr. Sawpan Chakraborty, Teacher, Tatarpur High School, Paschim Medinipur, West Bengal for their valuable cooperations and help rendered for the study.

Thanks are due to all the library staff of P.G.T.C.P.E. Banipur, Dist. North 24 Parganas (W.B.), N.B.S.Mahavidyalaya, Bishnupur, Dist. Bankura, West Bengal, and Central Library of Burdwan University (W.B.) for their cooperation throughout the study.

The research scholar also expresses sincere thanks to Mr. Prabodhananda Dasgupta (Ph.D Scholar), Dr. Surajit Nandi, Yoga Insturtor, University of Burdwan, Burdwan-West Bengal, Dr. Arup Kumar Ghosh, Physical Education Teacher, Bishnupur High School, Bishnupur, Bankura, Dr. Ashok Goon, Lecturer, Department of Physical Education, Visva Bharati University, West Bengal, Dr. Dhritimar Chakraborty (Medical Practitioner), Dr. Golam Martuja (Medical practitioner), Dr. Pronoy Roy (Medical practitioner), Mr. Anjan Roy, Miss Manasi Mahanti (Ph.D Scholar), Mr. Gopal Chandra Saha (Ph.D Scholar), Mr. Atanu Das (Ph.D. Scholar), Santinath Patra (Ph.D. Scholar), Smt. Nilima Kundu, Teacher, Khirpai Dr. S.K.B.M.Girls High School Khirpai, Paschim Medinipur, West Bengal; Avijit Bhattacharya, Teacher, H.K.S.G.C.M. High school, Purulia, Panchannan Karok, Dilip Bag, Subrata Roy, Indrani Mahato, Physical Education Teachers, District of
ACKNOWLEDGEMENTS (Contd…)

Paschim Medinipur, West Bengal, Mr. Kunal Sardar, Physical Education Teacher, N.V.S., Darjeeling, West Bengal for their hearty cooperation in this study.

The scholar is extremely thankful to the subjects for their sincere and enthusiastic approach for this thesis, without which the study could have not been possible.

Soma Roy
(S.R.) - 31/1/07