

## C O N T E N T S

<u>CHAPTERS</u> :	<u>PAGES</u>
CHAPTER - I : Introduction	1 - 27
CHAPTER - II : Review of literature	28 - 58
CHAPTER - III : The chemical nature of <u>Thevetia nerifolia</u> Juss	59 - 104
CHAPTER - IV : Effect of <u>Thevetia nerifolia</u> Juss on Blood glucose	105 - 140
CHAPTER - V : Effect of <u>Thevetia nerifolia</u> Juss on Serum cholesterol	141 - 169
CHAPTER - VI : Effect of <u>Thevetia nerifolia</u> Juss on Serum protein	170 - 195
CHAPTER - VII : Effect of <u>Thevetia nerifolia</u> Juss on Serum alkaline phos- phatase and serum calcium levels.	196 - 228
CHAPTER - VIII : Studies of physical variations and Histochemical changes on alkaline phosphatase in albino rat after treatment of <u>Thevetia</u> <u>nerifolia</u> Juss extract	229 - 249
CHAPTER - IX : General Discussion	250 - 261
CHAPTER - X : General Summary	262 - 268
Bibliography	I - XXXIV.

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किञ्चिद्दोषप्रशमनं किञ्चिद्दानं प्रदूषणम् ।  
श्वस्थवृत्ती मर्तकिञ्चित्तिविधं द्रव्यमुच्चते ॥  
(चरक, सूत्र—१/६८)

On the basis of effects - *Drovyā* - that is plants, etc. is classified into three categories :

The **first** variety contains properties of healing cough, rheumatic, gastric and acidity troubles in man;

The **second** variety pollutes secretory activities, blood, flesh, bone, bone marrow and semen.

The **third** variety possesses high nutritional value for all round development of human body.

योगादपि विषं तीक्ष्णभुत्तमं भेषजं भवेत् ।  
भेषजं चापि दुर्युत्तं तात्त्वं संपद्यते विषम् ॥  
तस्मान्नभेषजा युत्रयुत्रिवाहचेन भेषजम् ।  
धोमता किञ्चिदादयं जोवितारोग्यकाङ्क्षा ॥  
(चरक, सूत्र—१/१२७-१२८)

Poisons if used properly may cure certain diseases. On the other hand improper use of medicines may be poisonous. Hence we should always note that we should take advice and treatment from him who is well conversant in the field of medicines and their use.