The history and culture of the Garos have not been properly portrayed. There are, of course, some historical, anthropological works and monographs, as well as articles in learned journals. But a comprehensive history of the Garos has not been written. Major Playfair's monograph is no doubt, authoritative and unbiased, but the learned author dealt with the social and religious life, and not with the political history of the Garos. Moreover, he did not consult the official records, without which, it is not possible to know the British policy towards the Garos. Recently, Robbins Burling has published a monumental book on the Garos, but his approach is from the anthropological point of view. Various articles and pamphlets published are often sketchy and limited in scope.

Being myself a Garo, conversant with local language and custom, I thought that a comprehensive account of the Garos and the development of all the political, social and religious institutions and systems of the Garos should be written. I have endeavoured to trace the origin and the development of each and every institution and system that existed or imposed on the Garos, though I can not claim to have covered all the local variations in tracing those institutions.

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