

ACKNOWLEDGEMENTS

It is my great pleasure to express my gratitude and sincere thanks to my Research Supervisor **Dr.R.THIRUMALAISAMY**, Reader, Department of Physical Education and Health Sciences, Alagappa University, Karaikudi, who encouraged me to take up this research. I place on record my deep gratitude to him for his great encouragement, scholarly guidance and ready help at every stage throughout the period of my research.

I am indeed thankful to **DR.A.M.MOORTHY**, Professor and Head, Department of Physical Education and Health Sciences, Alagappa University, Karaikudi for sharing his expertise whenever needed.

I place on record my deep sense of gratitude and sincere thanks to **Mr.M.Suresh**, Assistant Professor in English, Tamilnadu Agricultural University for going through the manuscript and giving many useful suggestions with regard to the presentation of this thesis.

I thank **Dr.B.R. Reddy**, Principal, Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur for extending cordial support by providing me with necessary tools and equipments and technical suggestions for the successful conduct of tests.

I express my grateful thanks to **Dr.A.S.Nageshwaran** and **Mr.V.Sundaramoorthy**, Lecturers, Department of Physical Education, H.H.Rajah's College, Pudukkottai for their technical support and whole-hearted services in the administration of tests and collection of data.

I thank my good friend **Mr.P. Karthikeyan**, Lecturer, Dr.Sivanthi Aditanar College of Physical Education, Tiruchendur for his sincere support and great co-operation in the successful completion and presentation of this research. I am very much indebted to him for his help in carrying out the statistical part of the investigation.

ACKNOWLEDGEMENTS (Continued)

I gratefully remember the help rendered by **Mr.G.Raghavan**, Assistant Director of Physical Education, Tamilnadu Agricultural University, **Mr.I. Rajagopal**, **Mr.J.Rajasingh Rogland** and **Mr.S.Mariappan**, Lecturers, Dr.Sivanthi Aditanar College of Physical Education, Tiruchendur.

I extend my thanks to **Mr.R.Senthil Kumar**, Director of Physical Education, The M.D.T.Hindu College, Tirunelveli for his valuable advise throughout this study.

I place on record my sincere thanks to **Mr. M.Selva Ganapathy**, Librarian, Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur for his help to collect the reviews.

My sincere thanks are due to **Mr.P.Ulaguvel**, Director, **Saraswathi Computers, Tiruchendur** for his neat execution of this thesis.