CHAPTER: - 5

Summary, Conclusions, Recommendations

Summary

Personality means person’s impression on others. This is the psychological meaning framed by common people. Many people come in our contact in daily routine life. If to some one’s impression on us is favorable, we say that his personality is good. In the same way we say his personality is very poor, if his impression on us is not favorable.

Physique is the most important dimension of personality. Physique is not a complete personality of human being. Of course, it is necessary for personality for a good individual healthy body, balanced and attractive body is essential. There is no doubt that the traits of physique are developed through physical education and sports. Physical exercise play vital role in balanced development of human body and mind. Exercises with and without many instruments, “dand bathak” (sit ups) “Surya Namaskar”, Shayanothan”, run, jumping etc. activities strengthen and activate muscles, which play important part in creation of personality.

For most of the people personality means one person’s unique identity for other person. “Mahatma Gandhi was a great person”. The personality of our history teacher is not much appealing. “Shyam has no personality”. Such sentence show how we form opinion regarding ones personality in reality it is vague and uncertain. Yet we can say that personality is a trait. It is an attribute. It is obtained in various results among different people. Logically it is true but scientifically it may not be true because personality is not a concrete object like black or white skin, black color or hair etc. It is not a certain object.
It is there in different people in more or less degree. Personality is that which a person is. Means personality is a combination of a person’s virtues and bad traits. It offers typical form, shape or existence to a person.

In a case study information of the concerned person or institution is collected. Its primary information is important. Then its prevalent information is gathered. After analyzing the information it is interpreted. In this case study information regarding shri Safiq Shaikh is collected and his past and present condition is studied.

Fifteen people were selected to obtain information regarding him, for study. This study covers close friends, neighbors, Family members etc. All these people are related to management or sports. To obtain information questionnaire and interview methods have been used.

The information and opinion obtained through questionnaire and interview has been analyzed, scrutinized and response has been transformed in to average. Finally the researcher has come to the following findings and conclusions.

Abdul Afiz Shaikh is a brother in law of Safiq Shaikh; He is working in SBI bank. The researcher had interviewed him. His opinion about Shri Safiq Shaikh is presented here as summary.

According to Shri Abdul Afix Shaikh Shri Safiq Shaikh is an amicable person. He is helpful to all. He strictly makes the best use of time. He himself makes his own time table. He proceeds by giving priority to required work. He completes the work in time.
As a friend Safiq Shaikh is very much loyal, he knows the real meaning of friendship. He has never misused his friendship and Safiq Shaikh would never misuse also. When Abdul Afiz sheikh desirers to met him, he would always be present there as a friend. He would never leave his organizational work incomplete and meet him... Abdul Afiz Shaikh further said that he is not at all obstinate. He works with patience and diligence. He emphatically said in his opinion that a friend like Safiq Shaikh is a matter of luck.

Shri Devesh Panikar is a staff member in SBI when Shri Safiq Shaikh had represented Gujarat University basket ball team as one of the players in Gujarat open and inters University level, both of them were present. The researcher interviewed Shri Devesh Panikar to know his opinion about Safiq Shaikh as an individual. His opinions are presented here as summary.

After interviewing Devesh Panikar the researcher came to know that Safiq Shaikh personality at that time was introvert. He used to keep himself busy with his own work. Both of them were together in Gujarat Open Tournament. Safiq Shaikh was motivating players and constantly preparing players to come on the play ground. He was encouraging the players. According to Devesh Panikar Safiq Shaikh is a straight forward and religious person. Besides Safiq Shaikh is much well-known in his friend circle. Shri Devesh Panikar has considered Safiq Shaikh as an ideal person possessing ideal characteristics.

Shri Zaved Munshi is his brother-in –law, Zaved Munshi has spent his childhood with him. He was behind him in study. But during study he helped Safiq Shaikh to attain required mental and physical preparation for high level. The researcher interviewed Shri Zaved Munshi. His opinions are presented here as summary.
Shri Zaved Munshi said during interview that Safiq Shaikh was fond of touring and travelling. Some time it so happened that during competition Safiq Shaikh had spent all his money on meal, but never demanded money like other players. He never demanded anything except good instruments and ground.

Zaved Munshi emphatically said that Shaikh was a good player during his school days. He performed without any temptation. His behavior was cultured with his school teachers. He was too humble a man. He had respect for all teachers.

There was no overflow of enjoyment when Safiq Shaikh got entry in inter-university level zone. Though this was his great achievement, his behavior was as that of any normal person.

Shri Kamar Faruki is a staff member of SBI Ahmedabad. He is his co-player. He is a subordinate of Shri Safiq Shaikh. Yet he is aware of all his organizational attributes. Besides he knows about working method of Naza Ghanghar and he knows about the relations of his colleagues. Here the researcher has summarized Kamar Faruki’s views.

Shri Kamar Faruki has said that Safiq Shaikh is a person with firm determination. He is very much dedicated and devoted to his work. He is very punctual about time. He keeps his documents very much in order. He is a source of cooperation and energy to all. He said that the ambition of Safiq Shaikh is to bring forth the name of the state and nation by becoming a unique and uncommon player. He desires to highlight the name of his nation. Shri Kamar Faruki emphatically mentioned that Shri Safiq Shaikh always welcome new thoughts. His public relations are very strong. Finally Kamar Faruki said that Safiq Shaikh has all attributes of a good administrator.
Shri Pathik Patel is a friend of Safiq Shaikh. He is a staff member in SBI bank, Ahmedabad. He is much familiar with organizational aspects of Safiq Shaikh. Researcher has interviewed Pathik Patel. His opinion is summarized here as under. Shri Pathik Patel’s opinion of Safiq Shaikh as management.

Shri Pathik Patel has said that Safiq Shaikh is a hard working and honest person. He is expert in taking work from others. Safiq Shaikh has ability to make others work by his speech. He further said that he welcomes suggestions from his staff as well as his subordinates. He knows no discrimination. He keeps watchful eye. He specially mentioned that Safiq Shaikh does not believe too much in service. He is a very simple fellow. Safiq Shaikh is a frank spoken, dedicated and answering on the spot. He has considered Safiq Shaikh possessing the best management attribute person.

Gaurang Zala performs his duty in SBI. He is familiar with all people associated with sports club and cultural activities. Shri Safiq Shaikh is an active member of the SBI bank. This institution organizes cultural activities and other social activities. Researcher had interviewed Shri Gaurang Zala and obtained some information regarding Safiq Shaikh. He knows Safiq Shaikh very closely. Safiq Shaikh has taken many responsibilities pertaining to sports and has made others feel free from such burden. Shri Gaurang Zala has unshaken faith in Shaikh’s management. Shri Gaurang Zala further said that when the work is assigned to Safiq Shaikh it is to be taken for granted that work is done properly. One of his opinions was that Safiq Shaikh is a source of co-operation and energy for others.

It was his opinion that Safiq Shaikh does not let failure affect him. As an active and dedicated member Safiq Shaikh knows no discrimination. He is impartial to all. His management is devoted to democracy. Shri Gaurang Zala considered Safiq Shaikh as an adventurous person.
Ashok Zariwala has said that Safiq Shaikh is a responsible professional person. His knowledge regarding sports is vast and deep. His attitude towards sports is scientific. He said that he felt something unique in the personality of Safiq Shaikh right from the day one when he was instructing him about a game. He was sure that in future he will highlight Gujarat State. He has clarified that Safiq has very pure and pious character. His contribution in increasing sports activities is remarkable. Even today Safiq Shaikh comes on the ground and guides the players and shows required techniques toaster skill. Many Players have been successful through Safiq Shaikh advanced training.

It is found from Ashok Zariwala’s response that Safiq Shaikh always insisted on perfection in advanced training. He wished the players be perfect in their skill. His concept of sports has always remained scientific.

Shri Suresh Panchasar is a co-referee. At present he is retired. He has given required guidance acquiring efficient skill in the activities on play ground. He has given his warm co-operation in this regard to Safiq Shaikh. He is familiar with all activities of Safiq Shaikh. Researcher had personally interviewed Shri Suresh Panchasar and collected information and opinion regarding Safiq Shaikh. Safiq Shaikh as a motivator of sports activities and as an individual- Opinion of Suresh Panchasar.

Suresh Panchasar has said in his opinion that it can never happen when Safiq Shaikh does not motivate or encourage sports activities. In his words. “ Safiqbhai and basket ball are incomplete without each other.” He is of the opinion that the awards achieved by Safiq Shaikh are at the right place and to the right person. When Bharat Sarkar provides motivation to such commissions them many other new commissions make efforts to increase their experience. Many other commissions get themselves prepared mentally.
Shri Suresh Panchasar has heard Safiq Shaikh giving examples to his players as the best players of India and the world. Motivation provided by Safiq Shaikh encourages players to work harder and still harder. Shri Suresh Panchasar has said that Safiq Shaikh emphasized on good, nutritive food and physical fitness. He is enthusiastic to popularize basketball in Gujarat. The most important attribute of Safiq Shaikh is that he does not envy anybody. He is not at all jealous of anybody. He respects good suggestions from everybody. Shri Suresh Panchasar believes that he is impossible to know Safiq Shaikh completely.

Punit Verma is a co-referee and at present he runs his own business. Many times he has performed his duty as a referee at state level and in Gujarat open. There was coincidentally their meeting in open Gujarat team. Shri Punit Verma knows Safiq Shaikh less as co-player and more as a creator of the best atmosphere of sportsman spirit. Punit Verma knows Safiq Shaikh for quite a long time as being with him during sports activities. Researcher himself had got the questionnaire filled to obtain opinion regarding Safiq Shaikh. Opinion of Shri Punit Verma regarding Safiq Shaikh as an encouraging person to sports activities.

Before giving his opinion Shri Punit Verma talked about awards honored to Safiq Shaikh. He said that the award of Gujarat Best Basket Ball Referee is not sufficient for him. Safiq Shaikh can win better awards than this. He said that Safiq Shaikh does not show the emotions of excitement or depression like others. Punit Verma said that Safiq Shaikh co-operates to increases sports activities. Punit Verma also said that if the duty of commission is assigned to Safiq Shaikh then other referees would achieve the name and fame of Gujarat in India and in the world. Shri Punit Verma considers Safiq Shaikh as the humble personality interested in sports activities.
The investigation was conducted on Shafiq Ahmed Shaikh and studied different factors of Shafiq Ahmed Shaikh, such as his behavior as a player and his overall personality. The investigation was chosen on Shafiq Ahmed Shaikh in his research work because he is an outstanding player of Indian Basketball and a referee of Basketball.

The investigation was prepared in the form of questionnaire which consists of 22 questions. Method employed for the collection of data from secondary sources was interview method. The method employed for the collection of data from primary sources were interview method, official records. Pictorial records and published material. The data were collected from the physical education faculty members, friends, Professional Colleagues and related of Shafiq Ahmed Shaikh.

After the data collection the investigator edited and tabulated the data and entered into the excel sheet of computer. Statistical techniques were followed and analysis was done. The researcher found Shafiq Ahmed Shaikh was very energetic, enthusiastic and co-operative due to his valuable support and kind guidance only could complete my research work.
Conclusions

Safiq Sheikh as an individual

1. As an individual Safiq Shaikh has amicable nature. Most of the people totally agree. So it can be said that his nature is amicable.
2. Safiq Shaikh as an individual is a friendly person. He is helpful to all. Most of the people agree to this. It can be said that he is a friend, and helpful person.
3. As an individual Safiq Shaikh is much conscious regarding his health. For opinion most of the people totally agree. It can be said that he is conscious about his health.
4. He performs his exercises regularly. For opinion most people completely agree. It can be said that he performs his exercises regularly.
5. Safiq Shaikh holds very strong and sturdy physique. Most people totally agree to this. So it can be said that his physique is strong.
6. As an individual Safiq Shaikh does not hold obstinate nature. For opinion most people agree. It can be said that he does not have obstinate nature.
7. Safiq Shaikh never loses control over temper. For opinion most people totally agree. It can be said that he never loss temper.
8. As an individual Safiq Shaikh has patience. For opinion most people totally agree. So it can be said that he is a man of immense patience and diligence.
9. Safiq Shaikh is a religious minded person. Most people totally agree. So it can be said that he is a religious minded person.
10. As an individual his attitude towards another person is humane. Most people agree. So it can be said that his attitude towards another person is humane.
11. For others Safiq Shaikh is a role model. For opinion most people totally agree. It can be said that he is a role model for others.
12. Safiq Shaikh believes in learning through working. Most people agree to this. It can be said that Safiq Shaikh believes in learning through working.
13. As an individual Safiq Shaikh does not compromise regarding principles. For opinion most people agree. It can be said that he does not compromise with principles.
14. As an individual all his habits are occasional. For opinion most of the people agree. It can be said that all his habits are occasional.
15. As an individual Safiq Shaikh has an art to impress others. Most people agree to this. It can be said that he has an art of impressing people.

16. Safiq Shaikh is one of the best referees given by Gujarat State. For opinion most people agree. So it can be said that he is one of the best referees of the Gujarat State.

17. He is an example for others. For opinion most people agree. So it can be said that he is an example for others.

18. As an individual Safiq Shaikh is hard working and works with diligence. For opinion most people agree. It can be said that he is hard working and works with diligence.

19. As an individual Safiq Sheikh never misuses his status for personal gain. Most people agree. It can be said that he never misuses his status for personal gain.

20. As an individual he is famous and prestigious. For opinion most people agree. It can be said that he is famous and prestigious among his friend circle.

21. As an individual Safiq Shaikh is ambitious. For opinion most people agree. So it can be said that he is an ambitious person.

22. As an individual Safiq Shaikh is proud of his nation. For opinion most people agree to this. So it can be said that Safiq Shaikh is proud of his country.
Safiq Shaikh as a Management:

1. Safiq Shaikh is eager to respond as management. For opinion most people totally agree. It can be said that he is eager to respond.
2. As management he keeps his documents well-maintained. Most people agree to this. So it can be said that he keeps documents well maintained.
3. As management Safiq Shaikh is strong enough to fight against the future difficulties. Most people totally agree. So it can be said that he is ready to fight against future difficulties.
4. As management Safiq Shaikh is a good speaker. For opinion most people agree. So it can be said that he is a good speaker.
5. He does not believe in too much social service. Most people totally agree. So it can be said that he does not believe in too much social service.
6. As management Safiq Shaikh is very simple. Most people totally agree. So it can be said that he is very simple.
7. As management he is devoted and frank towards his assignment. Most people agree to this. It can be said that he is devoted and honest and frank to his assignment.
8. As management he creates the atmosphere of reliability and frankness. For opinion most of the people totally agree. It can be said that he creates the atmosphere of frankness and reliability.
9. Safiq Shaikh guides everybody who comes in his contact. Most people agree to this. So it can be said that Safiq Shaikh guides everybody who comes in contact with him.
10. Safiq Shaikh is a source of energy and co-operation. Most people totally agree to this opinion. It can be said that he is a source of energy and co-operation to others.
11. As management Safiq Shaikh does not let failure appear on him. Most people totally agree. It can be said that he is a source of energy and co-operation for others.
12. Safiq Shaikh as management welcomes new ideas. For opinion most of the people totally agree. It can be said that he welcomes new ideas.
13. As management Safiq Shaikh has very good public relations. For opinion most of the people totally agree. It can be said that he has very good public relation.
14. As management Safiq Shaikh observes regularity. For opinion most of the people totally agree. It is said that Safiq Shaikh observes regularity.

15. As management Safiq Shaikh as an active member of Ahmedabad Cultural Forum and Ahmadabad Junior Chamber he shows equal behavior towards all. Most of the people totally agree. It can be said that he shows equal behavior towards all.

16. As management Safiq Shaikh does not show one sided attitude towards his colleagues and class fellows.

17. As management Safiq Shaikh knows his work very well. For opinion most of the people totally agree. It can be said that he knows his work very well.

18. As management Safiq Shaikh believes in democratic management. For the opinion most of the people totally agree. It can be said that he believes in democratic management.

19. As management Safiq Shaikh welcomes Suggestions from his subordinates too. For opinion most of the people totally agree. It can be said that he welcomes suggestions from his subordinates too.

20. As management Safiq Shaikh does not show partiality towards his subordinates. For opinion most of the people totally agree. It can be said that he does not show partiality towards his subordinates.

21. Safiq Shaikh possesses all traits of an administrator. For opinion most of the people agree. It can be said that he possesses all traits of an administrator.

22. As management Safiq Shaikh keeps watchful eye on his colleagues. For opinion most of the people totally agree. It can be said that Safiq Shaikh keeps watchful eye on his colleagues.
SAFIQ SHAIKH as individual encouraging sports activities… Findings

1. Safiq Shaikh is a knowledgeable person who encourages sports activities. For opinion most of the people totally agree. It can be said that he is a knowledgeable person.

2. He respects all good suggestions as an encourager of sports. For opinion many people totally agree. It can be said that he encourages and respects all good suggestions.

3. As an encourager of sports activities he is a responsible professional person. For opinion most of the people totally agree. It can be said that he is a responsible professional person.

4. As an encourager of sports Safiq Shaikh has natural talent for sports. For opinion most of the people totally agree. It can be said that he has natural talent for sports.

5. He has deep knowledge regarding sports. For opinion most of the people totally agree. It can be said that he has natural talent for sports.

6. Attitude of Safiq Shaikh regarding sports is scientific. For opinion most people totally agree. It can be said that his attitude regarding sports is scientific.

7. As an encourager of sports activities programs given his player are scientific. Most people totally agree. It can be said that the players are daily given scientific program.

8. As an encourager of sports activities Safiq Shaikh motivates his player by giving examples of the best player of Gujarat and the world. For opinion most of the people totally agree. It can be said that he motivates his players by giving examples of the best players of Gujarat and the world.

9. As an encourager of sports activities Safiq Shaikh is anxious to popularize basketball in Gujarat. For opinion most of the people totally agree. It can be said that he is anxious to popularize basketball in Gujarat.
10. Safiq Shaikh as an encourager of sports will remain busy by encouraging sports even during his retirement period. For opinion most people totally agree. It can be said that he would keep himself busy by encouraging sports even during his retirement period.

11. As an encourager of sports his contribution in sports is significant. Most people totally agree to this. So it can be said that his contribution in sports is significant.

12. As an encourager of sports he has contributed in increasing sports activities. Most people agree to this. It can be said that his contribution in sports is great and he has contributed in increasing sports activities.

13. Safiq Shaikh gives importance to nutritive food and physical fitness. For opinion most of the people totally agree. It can be said that he gives much importance to nutritive food and physical fitness.

14. As an encourager of sports Safiq Shaikh motivates players to improve their performance in basket ball. For opinion most people totally agree. It can be said that he motivates players to improve performance in basket ball.

15. As an encourager of sports he is fond of playing many other games. For opinion most people totally agree. It can be said that he is fond of playing many other games.

16. As an encourager of sports Safiq Shaikh believes in teaching his skill to others. Most people totally agree. It can be said that he believes in teaching his skill to others.

17. Safiq Shaikh as an encourager of sports is eager to popularize basket ball in Gujarat. Most people totally agree. It can be said that he is eager to popularize basket ball in Gujarat.

18. Safiq Shaikh as an encourager of sports teaches his acquired skill to others. Most people totally agree. It can be said that he teaches and analyzes his acquired skill.
19. Safiq Shaikh as an encourager of sports makes attempts to make his players complete. Most people totally agree. It can be said that he makes attempts to make his players complete.

20. Safiq Shaikh as an encourager of sports gives such knowledge to his players as their ability is utilized in maximum degree. Most people totally agree. It can be said that he gives such knowledge to his players as their ability is utilized in maximum degree.

21. Safiq Shaikh as an encourager of sports has trained many players who have been successful. For opinion most people totally agree. It can be said that players who have taken advanced training under him have been successful.

22. Safiq Shaikh as an encourager of sports activities in all his attempts his attitude is to make players perfect. For opinion most people totally agree. It can be said that in all his attempts his attitude is to make his players perfect.
RECOMMENDATIONS

1. This type of case study can be conducted regarding the winner of Asian games.
2. Study can be conducted regarding the player who has won Arjun Award, Eklavya Award honored by Bharat Sarkar
3. Study can be conducted regarding the winner of the Olympic Games.
4. Study can be conducted on the winner of Dronacharya award for contribution in the field of international games.
5. This type of case study can be conducted in the field other than games where his contribution is of special significance.
6. This type of case study can be conducted regarding the University of physical education or any university or institution of special importance.
7. This type of study can be conducted to improve the level of games and clubs and institutions which have contributed for the improvement of the level of games.
8. News horizon can be opened if the government gives sanction to sports activities and achievements attained by Shri Safiq Shaikh.
9. New horizon can be opened if the activities of responsibility regarding referee of games is assigned to Safiq Shaikh.