Appendix IV

Proforma for In-depth Interview Schedule on mental health assessment
MINI MENTAL STATUS EXAMINATION (MMSE)

A. ORIENTATION (Score 1 if correct)
Name this society/building? 
Name the city you are in now? 
What year is this? 
What month is this? 
What is the date today? 
Name the state you are in now? 
Name the country you are in now? 
Which floor of the building are you on? 
What day of the week is it? 
Which season of the year is it? 

B. REGISTRATION
Name 3 objects and have the patient repeat them. Score number repeated by the patient.
Name 3 objects several more times if needed for the patient to repeat correctly. (Record trials)

C. ATTENTION AND CALCULATION
Subtract 7 from 100 in serial fashion to 65. (Maximum score 5)

D. RECALL
Do you recall the 3 objects named before? 

E. LANGUAGE TEST
Confrontation naming: Watch, Pen = 2
Repetition: “No ifs, Ands, or Buts” = 1
Comprehension: Pick up the paper in your right hand, fold it in half and set it on the floor = 3
Read and perform the command: “Close your eyes” = 1
Write any sentence (subject, object, verb) = 1

CONSTRUCTION
Copy the design below = 1

Total MMSE questionnaire score (Max = 30)

<table>
<thead>
<tr>
<th>Score</th>
<th>Categories</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt; 26</td>
<td>Normal</td>
</tr>
<tr>
<td>21 – 26</td>
<td>Mild</td>
</tr>
<tr>
<td>11 – 20</td>
<td>Moderate</td>
</tr>
<tr>
<td>≤ 10</td>
<td>Severe</td>
</tr>
</tbody>
</table>

Score Categories
> 26 Normal
21 – 26 Mild
11 – 20 Moderate
≤ 10 Severe

**COGNITIVE IMPAIRMENT TEST**

<table>
<thead>
<tr>
<th>Item</th>
<th>Weight</th>
<th>Max Error</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. What year is it now?</td>
<td>1</td>
<td>———x 4 =</td>
<td>———</td>
</tr>
<tr>
<td>2. What month is it now?</td>
<td>1</td>
<td>———x 3 =</td>
<td>———</td>
</tr>
</tbody>
</table>

**Memory Phrase**

Repeat this after me: **Sudhaben Patel, 24, Sardarnagar Society, Nizampura, Baroda.**

| 3. What time is it? (within one hr)       | 1      | ———x 3 =  | ———  |
| 4. Count backwards 20 to 1                | 2      | ———x 2 =  | ———  |
| 5. Say the months in reverse order        | 2      | ———x 2 =  | ———  |
| 6. Repeat the memory phrase              | 5      | ———x 2 =  | ———  |

**Total = ———**

**Score**            | **Categories**  
0 – 10               | Normal          
11 – 28              | Abnormal        