APPENDIX C : Self-Concept Questionnaire (SCQ)

Instructions
On the following pages there are some questions and their probable answers given against them. Read them carefully and according to whichever suits you, put a tick (✓) in the blank space against it. Only one answer has to be marked.

Example:
If you think that you have beautiful teeth, you tick in the space given below the word 'Beautiful'.

What type of teeth do you have?
- Very beautiful
- Beautiful
- Average
- Not beautiful
- Not beautiful at all.

1. Do your friends come to you for advice?
   - Always
   - Usually
   - Sometimes
   - Usually not
   - Never
   Obtained R. S.
2. What do you think about your appearance?
   Very Beautiful
   Beautiful
   Satisfactory
   Not satisfactory
   Ugly
   Obtained R. S.

3. How do you find yourself in doing physical work?
   Very strong
   Strong
   Average
   Delicate
   Very delicate
   Obtained R. S.

4. How do you find your temperament?
   Always cheerful
   Cheerful
   Normal
   Sometimes unhappy
   Always unhappy
   Obtained R. S.
5. How do you like school studies?
   Very good  
   Good  
   Average  
   Not good  
   Not good at all  
   Obtained R. S. 

6. Do you believe in religious customs and traditions?
   Very much  
   Usually  
   Normally  
   Sometimes  
   Never  
   Obtained R. S. 

7. Do you participate in criticising other?
   Always  
   Mostly  
   Generally  
   Not usually  
   Never  
   Obtained R. S.
8. Do you express your ideas frankly in the presence of others?

<table>
<thead>
<tr>
<th>Expression</th>
<th>Abbreviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Always</td>
<td></td>
</tr>
<tr>
<td>Mostly</td>
<td></td>
</tr>
<tr>
<td>Normally</td>
<td></td>
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<tr>
<td>Sometimes</td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td></td>
</tr>
<tr>
<td>Obtained R. S.</td>
<td></td>
</tr>
</tbody>
</table>

9. How do you like your complexion?

<table>
<thead>
<tr>
<th>Opinion</th>
<th>Abbreviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very beautiful</td>
<td></td>
</tr>
<tr>
<td>Beautiful</td>
<td></td>
</tr>
<tr>
<td>Normal</td>
<td></td>
</tr>
<tr>
<td>Not so beautiful</td>
<td></td>
</tr>
<tr>
<td>Ugly</td>
<td></td>
</tr>
<tr>
<td>Obtained R. S.</td>
<td></td>
</tr>
</tbody>
</table>

10. Do you think of yourself as one of the cheerful persons?

<table>
<thead>
<tr>
<th>Opinion</th>
<th>Abbreviation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Always</td>
<td></td>
</tr>
<tr>
<td>Mostly</td>
<td></td>
</tr>
<tr>
<td>Normally</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td></td>
</tr>
<tr>
<td>Obtained R. S.</td>
<td></td>
</tr>
</tbody>
</table>
11. Do you behave abnormally also?
   Always
   Mostly
   Sometimes
   Seldom
   Never
   Obtained R. S.

12. Do you think of yourself as an experienced person?
   Highly
   Usually
   Average
   Less experienced
   Without any experience
   Obtained R. S.

13. Do you think about your teachers?
   Always
   Mostly
   Normally
   Usually not
   Never
   Obtained R. S.
14. Do you think of yourself as a cool-tempered person?

Very much
Usually
Some
Disturbed
Much Disturbed
Obtained R. S.

15. Are you regular in doing your homework assignments?

Always
Mostly
Normally
Sometimes
Never
Obtained R. S.

16. Do you have difficulty in understanding something when the teacher explains in the class?

Never
Usually
Generally
Often feel difficulty
Usually feel difficulty
Obtained R. S.
17. Do you think if you get an opportunity you can discover something new?
   Definitely ________
   Most probably ________
   Probably ________
   Doubtful ________
   Not at all ________
   Obtained R. S. ________

18. Do you feel irritated if somebody finds fault with your work?
   Never ________
   Usually not ________
   Sometimes ________
   Usually ________
   Always ________
   Obtained R. S. ________

20. How do you find your personality?
   Most attractive ________
   Attractive ________
   Normal ________
   Unattractive ________
   Totally unattractive ________
   Obtained R. S. ________
21. How do you like the company of others?
   - Always good
   - Mostly good
   - Usually good
   - Sometimes dislike
   - Never like
   Obtained R. S.

22. How much are you satisfied with your weight?
   - Fully satisfied
   - Satisfied
   - Usually satisfied
   - Not so satisfied
   - Unsatisfied
   Obtained R. S.

23. Do you feel irritated while you face petty difficulties?
   - Never
   - Mostly not
   - Generally
   - Sometimes
   - Always
   Obtained R. S.
24. Are you a coward by nature?
- Not at all
- Not much
- Normal
- Usually
- Very much

Obtained R. S.

25. How much are you satisfied with the present position of your studies in class?
- Completely satisfied
- Somewhat satisfied
- Average
- Somewhat dissatisfied
- Totally dissatisfied

Obtained R. S.

26. How do you like school examination?
- Like very much
- Mostly like
- Generally like
- Seldom like
- Never like

Obtained R. S.
27. How is your voice?

<table>
<thead>
<tr>
<th>Option</th>
<th>_____</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very good</td>
<td></td>
</tr>
<tr>
<td>Good</td>
<td></td>
</tr>
<tr>
<td>Normal</td>
<td></td>
</tr>
<tr>
<td>Not good</td>
<td></td>
</tr>
<tr>
<td>Unsatisfactory</td>
<td></td>
</tr>
<tr>
<td>Obtained R. S.</td>
<td></td>
</tr>
</tbody>
</table>

28. Are you curious to know the end while reading a novel or seeing a movie?

<table>
<thead>
<tr>
<th>Option</th>
<th>_____</th>
</tr>
</thead>
<tbody>
<tr>
<td>Always</td>
<td></td>
</tr>
<tr>
<td>Usually</td>
<td></td>
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<tr>
<td>Normally</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Not at all</td>
<td></td>
</tr>
<tr>
<td>Obtained R. S.</td>
<td></td>
</tr>
</tbody>
</table>

29. How do you find your health?

<table>
<thead>
<tr>
<th>Option</th>
<th>_____</th>
</tr>
</thead>
<tbody>
<tr>
<td>Very good</td>
<td></td>
</tr>
<tr>
<td>Good</td>
<td></td>
</tr>
<tr>
<td>Average</td>
<td></td>
</tr>
<tr>
<td>Weak</td>
<td></td>
</tr>
<tr>
<td>Feeble</td>
<td></td>
</tr>
<tr>
<td>Obtained R. S.</td>
<td></td>
</tr>
</tbody>
</table>
30. How is your attendance in the class?
   - Always present
   - Usually present
   - Average
   - Generally absent
   - Usually absent
   - Obtained R. S.

31. How much are you satisfied with your height?
   - Fully satisfied
   - Satisfied
   - Normal
   - Somewhat dissatisfied
   - Fully dissatisfied
   - Obtained R. S.

32. Do you try to get first position in the tests given in the class?
   - Always
   - Usually
   - Generally
   - Often not
   - Never
   - Obtained R. S.
33. Do you take care of the merits and demerits of a work before doing it?
   Always _____
   Usually _____
   Generally _____
   Usually not _____
   Never _____
   Obtained R. S. _____

34. Where do you place yourself while speaking the truth?
   Always speak truth ____
   Usually speak truth ____
   Generally speak truth ____
   Usually hesitate in speaking the truth ____
   Always have to resort to falsehood ____
   Obtained R. S. ____

35. Where do you place yourself in obeying public rules, e.g., rules pertaining to public places like road, park, railway station etc.?
   Always obey rules ____
   Usually obey rules ____
   Generally obey rules ____
   Usually do not obey rules ____
   Never care for rules ____
   Obtained R. S. ____
36. Are you more intelligent than your colleagues?
   Certainly more
   Usually
   Generally
   Less
   Not at all
   Obtained R. S.

37. Do you take part in organising when your classmates go for picnics, etc.?
   Always
   Usually
   Generally
   Usually not
   Never
   Obtained R. S.

38. Do you yourself solve the difficulties and problems of your studies?
   Always solve
   Usually solve
   Generally solve
   Usually cannot solve
   Always take help of others
   Obtained R. S.
39. How much do you attend to the artistic aspect of a photograph while seeing or making it?
   - Give very much attention
   - Give much attention
   - Give average attention
   - Give some attention
   - Do not give any attention
   Obtained R. S.

40. What will you do if you are doing some important work and your friends ask you to accompany them for a walk?
   - Will start immediately
   - Will go after thinking for some time
   - Will keep silent
   - Will not go after thinking for some time
   - Will refuse at once
   Obtained R. S.

41. While taking an examination you are not able to answer some question and a book of the same subject is lying near you, will you take the help of the book?
   - Will never do such a thing
   - Do not have the courage in spite of will
   - Generally do not do
   - Will use the book if given an opportunity
   - Will immediately use the book
   Obtained R. S.
42. If you get an opportunity to drink water in the house of a so called low-caste person, what will you do?
   Will take water
   Will take the water after some consideration
   Will care for cleanliness
   Will take water but would not tell anybody
   Will not take water
   Obtained R. S.

43. Do you hesitate in mixing with persons of opposite sex?
   Do not hesitate at all
   Sometimes hesitate
   Generally do not hesitate
   Usually hesitate
   Always hesitate
   Obtained R. S.

44. You are standing in the bus queue for a long time, when the bus comes the conductor takes some passengers and stops at your turn because there is no space in the bus, what will you do in the circumstances?
   Will wait for the next bus
   Will request the conductor
   Will run and try to board the bus
   Will push other passengers to board the bus
   Will make a noise
   Obtained R. S.
45. What will you do if you come to know of immoral character of your friend?

<table>
<thead>
<tr>
<th>Option</th>
<th>Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Will completely break the friendship</td>
<td></td>
</tr>
<tr>
<td>Will lessen the friendship</td>
<td></td>
</tr>
<tr>
<td>Will try changing him/her</td>
<td></td>
</tr>
<tr>
<td>Will continue friendship as it was</td>
<td></td>
</tr>
<tr>
<td>Will strengthen the friendship</td>
<td></td>
</tr>
</tbody>
</table>

Obtained R. S.

46. You have to do four tasks -

(a) you have to call the Doctor for your sick brother
(b) you have to prepare for going out the next day
(c) you have to read a novel
(d) you have to go and see off a friend

what will you do in the first place?

<table>
<thead>
<tr>
<th>Task</th>
<th>Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Will call the Doctor to show the sick brother</td>
<td></td>
</tr>
<tr>
<td>Will prepare for going out</td>
<td></td>
</tr>
<tr>
<td>Will read the novel</td>
<td></td>
</tr>
<tr>
<td>Will go to see the friend</td>
<td></td>
</tr>
<tr>
<td>Will not do any of the above mentioned work</td>
<td></td>
</tr>
</tbody>
</table>

Obtained R. S.
47. Your friend gives you one thousand rupees to keep and when you count they are eleven hundred what will you do?

Will return one hundred rupees at once
Will tell the friend at once
Will return eleven hundred rupees
Will take out one hundred rupees if possible
Shall take out one hundred rupees
Obtained R. S.

48. Do you like to do the work keeping in mind the desire of others?

Always keep others in mind
Usually keep others in mind
Generally keep others in mind
Sometimes do not care for others
Always do according to one's own will
Obtained R. S.