APPENDIX XI
AN EXAMPLE OF THE TASK ANALYSIS APPROACH

Major Task: Diarrhoea Management

Specific tasks:

Knowledge needed:

1. Diarrhoea means frequent, watery stools
2. Replacement of fluids is the most essential and important part of treatment
3. The homemade sugar-salt solution is the easiest way to replace the lost fluids
4. The sugar-salt solution can be made by dissolving 40g sugar, 4g salt in 1 litre of water. Alternately by dissolving 1 kobo of sugar, 2 three finger pinches of salt in 2 seira lots of water
5. The child should be allowed to sip this constantly rather than giving it all at once
6. The child should be given 1 cup or 1 glass of this fluid after every stool
7. The child should be kept fed in diarrhoea. Restriction of food is undesirable
8. Child should be breastfed during diarrhoea
9. Sunken fontanelle, sunken eyes and drowsiness, in elastic skin reduced or no urine are the signs of severe dehydration/loss of a lot of water from the body
10. If the child shows any of these above symptoms, refer to the doctor immediately
11. The causes of diarrhoea and preventive measures

Skills needed:

1. Be able to measure 40±10g sugar and 4±1g salt using a handscoop and pinch and 1 litre of water using the local measure
2. Be able to prepare the sugar-salt solution and administer it slowly to a child
3. Be able to communicate this to the mother