Social Work profession is primarily concerned with providing specialized services to engage people in change activities. There is a need to engage people in change activities so that their psycho-social functioning can be altered and quality of life or socioeconomic development can be improved. Diagnosing and treating participation of people in developmental programs require knowledge of independent and intervening variables. This knowledge should be valid and reliable as well as the variables should be engineerable; i.e. identifiable, accessible and manipulable.

The present study views Family Planning as one of the developmental programs. Assuming socioeconomic status as an independent variable and individual modernity to be an intervening and engineerable variable; the study attempts to describe the association between respondents' individual modernity and their acceptance of family planning.