Classroom Behaviour Training and
Teaching Effectiveness

PRE-ADOLESCENT ADJUSTMENT
SCALE

Name_________________________
Class_________________________
School_________________________
Date_________________________

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APPENDIX I

PRE-ADOLESCENT ADJUSTMENT SCALE

Below are given some sentences. Please read each sentence carefully. Tickmark (/) those sentences which are applicable to you. If the sentence is not applicable to you, do not write anything.

1. (___) My parents get annoyed with me easily.
2. (___) The school is a burden for me.
3. (___) My neighbours are not good people.
4. (___) My parents give me full freedom to play.
5. (___) My teacher encourages me very much in my studies.
6. (___) I do not want to make many friends.
7. (___) My friends don't allow me to do my school work.
8. (___) I don't get frightened in the presence of my teacher.
9. (___) The teacher takes lot of work from us in the school.
10. (___) I hesitate to speak before others in the class.
11. (___) My friends in the school tease me.
12. (___) My teacher listens to me.
13. (___) My parents take care of my amusements.
14. (___) I live very happily with my brothers and sisters at my house.
15. (___) My parents interfere with me in every affair.
16. (___) I feel inferior to others.
17. (___) I am very happy in the company of my friends.
18. (___) I am not friendly with my companions.
19. (___) I want more holidays.
20. (___) Very few friends help me.
21. (___) I don't like my friends at all.
22. (___) I go to school daily.
23. (___) I don't feel hesitant in asking questions from the teachers.
24. (___) We have got sufficient freedom in the class.
25. (___) Everybody pays attention to whatever I say.
26. (___) My teacher does not make me understand anything properly.
27. (___) I shall be happy if my teacher is transferred.
28. (___) The rules of the school seem to be senseless to me.
29. (___) I do not get angry easily.
30. (___) I like my parents very much.
31. (___) My parents don't allow me to go out alone.
32. (___) Nobody at home helps me in my school work.
33. (___) I like to study very much.
34. (___) I don't have the habit of quarrelling with others.
35. (___) I don't like frivolous jokes.
36. (___) Some of my friends are good.
37. (___) I can't express myself properly.
38. (___) I trust my friends.
39. (___) I remember everything at home; but forget in the teacher's presence.
40. (___) My teacher is very strict.