LIST OF FIGURES

Figure 3.1 : Conceptual framework for the descriptive study
Figure 3.2 : Conceptual framework for the experimental study
Figure 3.3 : Hypothetical relationship between the variables of the descriptive study.
Figure 3.4 : Hypothetical relationship between the variables of the experimental study
Figure 3.5 : Map of Himachal Pradesh
Figure 3.6 : Map of Kangra District
Figure 3.7 : Selected Blocks for the study
Figure 3.8 : Sampling Design

Figure 4.2 : Educational profile by age of the women farmers
Figure 4.3 : Family Type
Figure 4.4 : Family Size
Figure 4.5 : Family caste
Figure 4.6 : Area covered (output in m$^2$/h) by women subjects with different weeders

Figure 4.7 : Increase in heart beats per metre square of area weeded (beats/m$^2$)

Figure 4.8 : Increase in energy expenditure while working with different weeders

Figure 4.9 : Percentage reduction in grip strength of both hands after operation with weeders by women subjects