BIBLIOGRAPHY


All India Coordinated Research Project in Home Science (AICRP) (1999).


himalanchal.nic.in

hpkangra.gov.in


http://www.answers.com/topic/methodology

Improve your work posture www.cdc.gov/niosh/docs/2004-164


Kroemer, K. (1983). Engineering Anthropometry: Workspace and equipment to fit the user. Cited in Oborne, D. & Gruneberg, M.


**Literature cited**

Mathur,


Murphy (1973) www.dir.ca.gov/oshsb/(pdf)


Shallini (2000) ergonomic evaluation of workload to determined work rest allowance in critical activities for the physical fitness of women farmers of hill


www.social research methods.net/Kb/design.php-6k


