BIBLIOGRAPHY

BOOKS


Moser M: **Update on the management of hypertension: do recent clinical trials results indicate a change in national recommendations for therapy?** am I Clinical Hypertension 4: (suppl 2) 20, 2002.


Thyrocare “**Lipid Profile**” Information from Thyrocare Technologies Limited, Thyrocare House, Thane, Mumbai-400607.www.thyrocare.com
**JOURNALS**


Caroline Rheaume, Paulo H. Waib, Yves Lacourciere, Andre Nadeau and Jean Cleroux. 2002.


Chiara Di Loreto, Carmine Fanelli, Paola Lucidi, Giuseppe Murdolo, Ariann De Cicco, Natascia Parlanti, Anna Ranchelli, Cristina Fatone, Chiara Taglioni, Fausto Santesanio And Pierpaolo De Feo. 2005. Make your diabetic patients walk: Long term impact of different amounts of physical activity on type 2 diabetes. Diabetes Care, Department of Internal Medicine, Section of Internal Medicine Endocrine and Metabolic Sciences, University of Pregia, Italy. 28: 1295 – 1302.
Chiara Di Loreto, Carmine Fanelli, Paola Lucidi, Giuseppe Murdolo, Arianna De Cicco, Natascia Parlanti, Paolo Bruentii, Fausto Santesanio And Pierpaolo De Feo. 2003. Validation of a counseling strategy to promote the adoption and the maintenance of physical activity by type 2 diabetic subjects. Epidemiology / Health services / Psychological Research Original Article. From the department of Internet medicine, Section Internal Medicine, Endocrine and Metabolic Sciences, University of Perugia, Perugia, Italy. Diabetes Care.26: 404 – 408 by the American Diabetes Association, Inc.


Palatini, Paolo; Bratti, Paolo; Palomba, Daniela; Saladini, Francesca; Zanatta, Nello; Maraglino, Giuseppe, Regular Physical Activity Attenuates the Blood Pressure Response To Public Speaking And Delays The Development Of Hypertension. Journal of Hypertension, 2010; 28 (6): 1186–1193.


Rajeev Mohan Kaushika, Reshma Kaushika, Sukhdev Krishan Mahajana, Vemreddi Rajeshb.  
**Effects of mental relaxation and slow breathing in essential hypertension.** Complementary therapies in Medicine. 2006;14 (2): 120-126.


Rigila, M. **Effect of physical exercise on lipoprotein (a) and low density lipoprotein modifications in type 1 and type 2 diabetic patients.** Metabolism, 49: 5 May, 2000 p: 640 -647.


Santeusaino, F., C. Di Loreto, P. Lucidi, G. Murdolo, A. De Cicco, N. Parlanti, F. Piccioni, P. De Feo. **Diabetes and exercise.** J. Endocrinol Invest. Department of Internal Medicine, Section Internal Medicine, Endocrine and Metabolic Sciences, University of Perugia, Perugia, Italy.2003; 26(9): 937 – 40.


