ACKNOWLEDGEMENT

This research work entitled, “THE INFLUENCE OF PSYCHO-TONIC TRAINING ON SELECTED PSYCHOLOGICAL PARAMETERS AND PERFORMANCE AMONG BATSMEN IN CRICKET” would have been impossible without the direct and indirect help and support of a number of important persons.

The researcher is ever grateful to Almighty for having given the strength and conviction to conduct this research systematically.

The researcher extends profound gratitude to his revered supervisor, Dr. V. Sundaramoothy, Lecturer (S.S), Department of Physical Education, Health Education and Sports, H.H. The Rajah’s College, Pudukkottai. He is a guide par excellence and a remarkable teacher of dedication, devotion, determination and altruism. The researcher is highly indebted for his patience, encouragement, good humor and effective direction. His impact and magnanimity have been long standing and timely.

The researcher expresses deep sense of gratitude to Dr. J. Suganthi, Reader and Head, Dr. A. S. Nageswaran, Lecturer (S.S), Department of Physical Education, Health Education and Sports, H.H. The Rajah’s College, Pudukkottai and Dr. S. Chidambaram Raja, Reader, Department of Physical
Education and Sports Sciences, Annamalai University, Chidambaram, who were great source of inspiration for the researcher. The researcher is very much indebted to them for their technical inputs and guidance.

The researcher wishes to thank the then Secretary to the Government for Education, Government of Puducherry cum Vice-Chairman, Rajiv Gandhi School of Sports Ms.M Sathiyavathy, I.A.S, for readily permitting the researcher to appear for this degree.

The researcher also thanks the then Principal of Rajiv Gandhi School of Sports, Mr.Lalith Kumar Micheal for permitting the researcher to appear for this degree.

The researcher expresses his sincere thanks to his senior colleagues Dr.V.Sankar, Lecturer, Department of Tamil, Tagore Arts College (Annexe) and Mr. V. Sougoumarin, Lecturer, Department of Commerce, Tagore Arts College (Annexe) for their continuous help and motivation.

The researcher extends his sincere gratitude to Mr. D.S.K.Reddy, Chief Coach, Reddy’s Cricket Academy, Chennai, Mr. Soupramanien, Assistant Coach, Reddy’s Cricket Academy, Mr. Loknath Behra, Physical Education Teacher, Vivekananda Higher Secondary School, Mr. B. Sivakumar,
Physical Education Teacher, Department of School Education, Government of Puducherry, Mr. T. Nagaraj, Physical Education Teacher, Sai Matha High School, Puducherry.

The researcher heartily acknowledges the services of Mr. Jurgen Putz, Director, PALMYRA, Mr. Mayank A. Metha, Mr. D. Viswanathan and Mr. N. Sivakoumare from the Pondicherry Cricket Development Association for their support and help in organising the tests for this research activity.

The researcher wishes to extend his thanks to his friends Mr. T. Jayashankar, Badminton Coach, Rajiv Gandhi School of Sports, Dr. A. Subramanian, Lecturer, Department of Physical Education and Sports Sciences, Annamalai University, Dr. K. Sridhar, Department of Physical Education and Sports Sciences, Annamalai University and Dr. R. Kalidasan, Lecturer, Department of Physical Education, Bharathidasan University for their timely support.

He is thankful to Mrs. Vasanthi Thillaigovindan for typing the thesis and related work.

The investigator is immensely thankful to his parents Mrs. Usha Bai and Mr. Ramakrishna Singh and his ‘in- laws’ Mrs. Hansa M. Shah and Mr. M. L. Lalji for their unending support.
and encouragement. He is also indebted to his wife Mrs. Shital Singh for her cooperation and understanding.

Last but not the least, the researcher sincerely extends his profound gratefulness to his pupils who acted as subjects in the test and trained with great enthusiasm.

R. Ram Mohan Singh