Appendices
APPENDIX A 1

INSTRUCTION (PAS)

Please read the following items carefully. You are requested to write "YES" or "NO" against each of them after you have given thought to each. Please ask any question if you have.

1. I am very much afraid to die. ( )
2. The thought of death seldom enters my mind. ( )
3. It doesn't make me nervous when people talk about death. ( )
4. I dread to think about having to have an operation. ( )
5. I am not at all afraid to die. ( )
6. I am not particularly afraid of getting cancer. ( )
7. The thought of death never bothers me. ( )
8. I am often distressed by the way time flies so very rapidly. ( )
9. I fear dying a painful death. ( )
10. The subject of life after death troubles me greatly. ( )
11. I am really scared of having a heart attack. ( )
12. I often think about how short life really is. ( )
13. I shudder when I hear people talking about a world far in the future. ( )
14. The sight of a dead body is horrifying to me. ( )
15. I feel that the future holds nothing for me to fear. ( )

Name .................................. Sex ........................
Age ................................. Education .......................... Income ........................
Address ..............................
APPENDIX - 2

The case study schedule for interview:

The case study schedule mentioned below includes Family history, Personality history, Sex history and Major experiences.

(I) FAMILY HISTORY:

(A) Parents:

(1) Race, Education, Economical and Social Status, occupations, interests, opinions and general temperament, state of health.

(2) General home atmosphere (hormony or discord), what was the attitude of each of your aprents towards you: (affectionate, oversolicitous, domineering, possessive, nagging, anxious, indifferent etc.)

(3) Moral or religious instructions.

(B) Sisters and Brothers.

(C) Larger family circle. Grand parents and relatives.

(D) Physical surroundings of youth. City or country: Nature of home.

(II) PERSONALITY HISTORY: Data and Place of birth. Nature of birth. (natural or caesarean, short or long labour).

(A) Early development, illness, habits.

(B) (1) School and college history.

(2) Friendship (many, few, casual or deep)

(3) Quarrels; Moodiness and solitariness.

(4) We are ignored.

(5) Aggressive.
(III) **SEX HISTORY:**

1. Early knowledge (curiosity about the body, especially about sex differences.
2. Early practices: Masturbation, relations with the same or opposite sex. Did you want to see others naked or display your own body?
3. What emotions accompanied or followed sex experiences. (Anxiety, shame, remorse, repulsion, satisfaction).
4. What is your attitude towards marriage?

(IV) **MAJOR EXPERIENCES:**

A. Positive: (Events accompanied by great emotion; success and joy).

B. Negative: (Events accompanied by great depression and discomfort: fights, humiliations, failures, transgressions.

(V) Aims and Aspirations.

(VI) Estimates of self and world.
Interview Schedule:

1. Do you feel life is quite meaningless? Or there is no fun in living any more? (Yes/No)

2. Do you feel you will not survive long? (Yes/No)

3. Do you feel you could not become what you had aspired for? (Yes/No)

4. Do you feel upset and anxious that many important tasks would remain unfinished due to your departure from the world? (Yes/No)

5. Do you feel only Divine intervention can relieve you from the suffering? (Yes/No)

6. Do you think this ailment is a punishment for you from God? (Yes/No)

7. Do you have any ideal personality in your mind like whom you aspire to become?

8. What are your plans in case you recover from this illness?
   (a) Any vocation?
   (b) Business?

9. How have your relations treated you after knowing about your illness?
   (a) Helped you emotionally?
   (b) Just to visit and enquire about you.

10. Do you like your family members as much as you did before getting sick? (Yes/No)

11. Do you want your family members to visit you frequently? (Yes/No)
12. Are you becoming indifferent to your family members? (Yes/No)

13. Do you feel your family members have become hopeless about you? (Yes/No)

14. Are you quite happy in their company? (Yes/No)