References
REFERENCES


Ciarrochi, J., Deane, F. P.; Wilson, C. J. and Rickwood, D. (2002) Adolescents who need help the most are the least likely to seek it; The relationship between low emotional competence and low intention to seek help. *British Journal of Guidance and Counseling, 30* (2), 173-188.


Mechanisms and Self-esteem. *Journal of Nervous and Mental Disease, 194*(8), 616-621.


