JIJI THOMAS
Ph D , Scholar,
Department of physical education & Sciences,
Pondicherry University,
Puducherry, India.

DECLARATION

I hereby declare that the research works entitled, “EXERCISE THE REAL CHOICE: EFFECT OF VARIOUS TYPES OF EXERCISES ON SELECTED PHYSICAL, PHYSIOLOGICAL AND HAEMATOLOGICAL PARAMETERS AMONG FEMALE PATIENTS WITH TYPE II DIABETES MELLITUS” being submitted through the Department of Physical Education and Sports, Pondicherry University, Puducherry, India in partial fulfillment of the requirement for the degree of Doctor of Philosophy in Physical Education under the guidance and supervision of Dr. D.Sultana, Reader, Department of Physical Education and Sports, Pondicherry University, Puducherry, India is an original piece of research work done by me and that the thesis has not previously been formed the basis for the award of any degree, diploma, associateship, fellowship or any other similar title.

Place: Puducherry
Date: (JIJI THOMAS)