It would not be an exaggeration to say that Sports are incomplete without management and a great number of management lessons can be learnt through sports. The managerial principles of planning, organizing, coordinating, controlling, strategy making, etc. can be learnt excellently through sports. These principles can be learnt more effectively on the field than in the classroom or in any seminar. When a player is playing any game on the field, he learns all these management lessons practically, because he will have to use all these principles in his game to win over the opponent. The B-Schools teach management lessons to the students through lectures and seminars, but this does not give practical approach to the students. In fact, if the same lessons are taught to the students through any game such as cricket, foot ball, hockey, basket ball or any one like that, the students will easily get to understand the management lessons.

The present research work tries to uncover such aspects of the relationship of the sports and management. In the present research work, I have tried to identify the effects of various motivational styles and leadership styles adopted by the test cricket captains of the Indian Test Cricket Team. To make the research work more accurate, I have included 10 Test Cricket captains of Indian cricket team. Through the questionnaire, I have gathered their responses for the leadership and motivational styles used by them to make their team win the match.

For the sake of convenience in understanding and ease, this research work is divided into six chapters. First chapter gives idea about the relationship of sports and management. Second chapter unveils various aspects of leadership and motivation. Third chapter reviews the existing literature in the field of spots and management. Fourth chapter gives an idea about the research methodology adopted for this rearhs work. Fifth chapter makes analysis and interpretation of the data and sixth and final chapter gives findings, suggestions and conclusions for the present research work.

I hope that this research work will be a precious jewel for the field of sports and management.