CONTENTS

Page No.

Acknowledgement i-i
List of Tables vii-viii
List of Figures ix-xi
Glossary xii-xvii

Introduction 1-7

PART - ONE
GEOGRAPHICAL PERSONALITY OF THE
STUDY AREA : MANIPUR

Chapter-I : Physical and Socio-Economic Background of Manipur 8-39

1.1 Physical background of Manipur
1.1.1 Geology
1.1.2 Relief
1.1.3 Drainage system
1.1.4 Climate
1.1.5 Flora and fauna

1.2 Social Background of Manipur
1.2.1 People
1.2.2 Culture
1.2.3 Religion
1.2.4 Present demography

1.3 Economic Background of Manipur
1.3.1 Economic structure
1.3.2 Transport

PART - TWO
OPENING MANIPUR FOR TOURISM

Chapter-II : Tourist Movement in Manipur 40-54

2.1 Ancient Period
2.2 Medieval Period
2.3 British Period
2.4 Post Independence Period
Chapter-III : Tourist Attractions of Manipur 55-112

3.1 Hill Area
   3.1.1 Natural Factors
   3.1.2 Socio-Cultural Factors
   3.1.3 Religious and Historical Places
   3.1.4 Infrastructure

3.2 Imphal Valley
   3.2.1 Natural Factors
   3.2.2 Socio-Cultural Factors
   3.2.3 Religious and Historical Places
   3.2.4 Infrastructure

Chapter-IV : Tourist Centres of Manipur : Selected Case Studies 113-152

4.1 Lokta Lake – Scenic Beauty Site
   4.1.1 Historical
   4.1.2 Places of Tourist Attraction
      1. Thanga (Island)
      2. Karang (Island)
      3. Sendra (Island)
      4. Moirang
      5. INA Complex
      6. Phubala
      7. Thangjing
   4.1.3 Life Style of the People in the Loktak Lake
   4.1.4 Tourist Trends
   4.1.5 Tourist Amenities and Facilities
   4.1.6 Damage of the Lake Landscape
   4.1.7 Suggestions

4.2 Keibul Lamjao National Park : Wild Life Site
   4.2.1 History
   4.2.2 Part Fauna
   4.2.3 Park Flora
   4.2.4 Recreational Use and Tourist Amenities
   4.2.5 Suggestions

4.3 Dzuko Valley : Biospheric Conservation
   4.3.1 Physical setting
   4.3.2 Climatic conditions
   4.3.3 The salient features
   4.3.4 The Flora
4.3.5 The Fauna
4.3.6 State of Natural Environment
4.3.7 Grazing
4.3.8 Forest Fire
4.3.9 Trekking
4.3.10 Suggestions

4.4 Govindajee Temple: Religious Centres
4.4.1 History
4.4.2 Daily ritual functions and administration
4.4.3 Religious cum-recreation resources
4.4.4 Pilgrims pattern
4.4.5 Accommodation facilities
4.4.6 Suggestions

Chapter-V : Tourist Centres of Mainpur: Selected Case Studies

5.1 Imphal Town (Capital)
5.1.1 History
5.1.2 Physical setting
5.1.3 Places of Tourist attraction
   1. Ima Keithel
   2. Kangla
   3. Cemetery
   4. Museum
   5. Bir Trikandrajit Park
   6. Nupi War Memorial Complex
   7. Sekta
   8. Singda Dam
   9. Sambalei sekipil
   10. Orchidarium
   11. Langthabal
   12. Zoo
5.1.4 Tourist trends
5.1.5 Tourist Amenities
5.1.6 Suggestions

5.2 Kangla Fort/Old Palace: Historical Site
5.2.1 History
5.2.2 Physical setting
5.2.3 Places of Tourist attractions
5.2.4 Ritual functions
5.2.5 Tourist trends
5.2.6 Suggestions
5.3 Ukhrul Town: Hill Station
5.3.1 Physical setting
5.3.2 Social background
5.3.3 Places of Tourist attraction
   1. Siroy lily
   2. Hundung
   3. Kangkhui cave
   4. Khayang water fall
5.3.4 Tourist treads
5.3.5 Tourist facilities
5.3.6 Suggestions

5.4 Moreh Town: Commercial Site
5.4.1 Physical setting
5.4.2 Market structure
5.4.3 Places of tourist attraction
   1. Kwatha
   2. Kongdong Lairembi
   3. Yaingoupokpi Lokchao wild-life sanctuary
   4. Buddhist temple
   5. Tamu
   6. Tour to Myanmar
5.4.4 Tourist trends
5.4.5 Tourist amenities
5.4.6 Suggestions

**PART-III**
DEVELOPMENT OF TOURISM IN MANIPUR

Chapter-VI: Tourism Strategy for Manipur 210-223

6.1 Present Status of Tourism
6.2 Problems in the Development of Tourism
6.3 Strategies for the Development of Tourism

Conclusion 224-234

Bibliography 235-244

Appendices 245-249

Appendix-I: Quationnaire
Appendix-II: Manipuri Calender