DEFINITION AND DESCRIPTION

Malnutrition: Pathological state resulting from a relative or absolute deficiency or excess of one or more essential nutrients which can manifest into over-nutrition or under nutrition or imbalance.

Family income: Combined earnings of all members of the children’s household.

Health: Defined as “A state of complete physical, mental and social well being”.

Joint family: Extended family groups who generally live under one roof, eat food cooked in one kitchen, participate in common family working, and are related to each other.

Nuclear family: Composed of two generations usually, or both parents living with their children.

Anemia: Deficiency in the circulating hemoglobin, red blood cells, or packed cell volume.

Atrophy: A wasting away of cell, tissue, or organ resulting in the reduction in size.

Calorie: A unit of heat measurement, in nutrition, the kilocalorie is the amount of heat required to raise the temperature of 1 kg water through 1°C (conventionally from 15°C to 16°C).

Cheilosis: Lesions of the lips and the angles of the mouth.

Conjunctiva: The mucous membrane covering the anterior portion of the eyeball, reflected upon the lids and extending to their free edges.

Glossitis: Inflammation of the tongue.

Nutrient: Chemical substance in foods which nourishes, e.g., amino acid, fat, calcium.

Vegan: Individual who eats only foods of vegetable origin and share a philosophy and lifestyle with others.

Weight for age: Level of underweight.

Height for age: Indicator of past nutrition.
Weight for height: Acute condition of rapid weight loss

DMF: Number of decayed missing and filled teeth

Per capita family monthly income: The ratio between total monthly family income and number of family members