APPENDICES
MARITAL ADJUSTMENT QUESTIONNAIRE

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INSTRUCTIONS

The words 'Name' and 'Marital Status' are repeated incorrectly. The correct text should be:

Name: 
Age: 
Gender: 
Marital Status: 

Please mark (✓) for 'Yes' and (☐) for 'No' in the space provided. This is a confidential questionnaire, and the answers will be kept secret. It is important that you write your answers in the space provided. The responses will be used for research purposes only. The questionnaire is designed to help you understand your relationship better.

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1. बाहर अविश्वासी गए-गान घर से उड़ उड़ गते करते हुए।
2. आपको एक जुगरे पर गूँगा रूप में विवाहार है।
3. आप दोनों भी देवर में अवश्य करते हैं।
4. आप दोनों के बाहर पहुँचने तक एक-दूसरा मारवाला बनाते हैं।
5. आप दोनों ऐसा करते हैं कि बच्चों की स्वस्थता न हो। दोनों को है दिखाई, है।
6. आप दोनों परिवार-परिवार में विवाहार चर्चा करते हैं।
7. आप दोनों यह मानते हैं कि आपने वामी रचना नहीं कर दी तथा।
8. आप दोनों में जुगरे से राजस कहने पर पहुँचते आपने भर्ती दोनों करते हुए सुनने करते हैं।
9. आप दोनों ही बीत सुर का पुर्ख अनल करने की साधने हैं।
10. आप दोनों ही अपनी बुद्धि विभाजित बनाते हुए करने, दुनिया परसंद करते हैं।
11. आप दोनों एक जुगरे के लिए अधिक नए धार्मिक तत्त्व करने हैं।
12. आप दोनों एक जुगरे के लिए नयां साधन करते हैं।
13. आप दोनों का एक जुगरे का गोपनीयता है।
14. आप दोनों परम्परागत कठिनाइयों के विवाह जोर देते हैं।
15. आप दोनों एक जुगरे का पत्रिका में अधिक एक सहयोगी के रूप में समझते हैं।
16. आप दोनों में समय समय पर एक जुगरे की प्रशंसा करते हैं।
17. आप दोनों एक जुगरे की प्रशंसा, भावना और जनता का ध्यान देते हैं।
18. आप दोनों परिवार में बच्चों की समस्या के निष्ठुर में एक नए है।
19. आप दोनों में पावन परेशरों का टेकर बहुत ही जल्द।
20. आप दोनों ही बीत सब्यों में एक जुगरे की अवधारणा का ध्यान रखते हैं।
21. आप दोनों अवधारणा करते हैं कि आपने एक जुगरे के विवाह, रंग के आक्र लिया।
22. आप दोनों को एक जुगरे के समाधानी एक अध्ययन है।
23. आप दोनों मानते हैं कि लिखित जीवन का एक बीत सुनन मुहान करता है।
24. आप दोनों की गोपनीय तत्त्व कठिनाइयों संबंधि है।
25. आप दोनों ही अपनी बीत सब्यों में नवगत बनाये रखने का प्रयास करते हैं।
Trust Scale

Instructions:

Below are given certain statements about the trustworthiness of your partner (Husband / wife). On each statement you may state varying intensity of agreement or disagreement.

Please indicate your agreement or disagreement by putting any of the given symbols against each item.

Strongly disagree (SD)
Disagree (D)
Slightly disagree (Sd)
Neutral (N)
Slightly agree (Sa)
Agree (A)
Strongly Agree (SA)

1- My partner has proven to be trustworthy and I am willing to let him/her engage in activities which other partners find too threatening. ( )

2- Even when I don't know how my partner will react, I feel comfortable telling him/her anything about himself, even those things of which I am ashamed. ( )

3- Though times may change and the future is uncertain I know my partner will always be ready and willing to offer me strength and support. ( )

4- I am never certain that my partner won't do something that I dislike or will embarrass me. ( )

5- My partner is very unpredictable. I never know how he/she is going to act from one day to the next. contd..
6- I feel very uncomfortable when my partner has to make decisions which will affect me personally. ( )

7- I have found that my partner is unusually dependable, especially when it comes to things which are important to me. ( )

8- My partner behaves in a very consistent manner. ( )

9- Whenever we have to make an important decision in a situation we have never encountered before, I know my partner will be concerned about my welfare. ( )

10- Even if I have no reason to expect my partner to share things with me, I still feel certain that he/she will. ( )

11- I can rely on my partner to react in a positive way when I expose my weakness to him/her. ( )

12- When I share my problems with my partner, I know he/she will respond in a loving way even before I say anything.

13- I am certain that my partner would not cheat on me, even if the opportunity arose and there was no chance that he/she would get caught. ( )

14- I sometimes avoid my partner because he/she is unpredictable and I fear saying or doing something which might create conflict. ( )

15- I can rely on my partner to keep the promises he/she makes to me.

16- When I am with my partner, I feel secure in facing unknown new situations.

17- Even when my partner makes excuses which sound rather unlikely, I am confident that she/he is telling the truth. ( )
Instructions:

Below are given certain statements relating to the intimacy in the context of marriage. You are required to describe your relationship with your spouse vis-à-vis these statements by encircling the numbers given against each item. You have to encircle only one of the ten numbers given under the three categories which you feel expresses more adequately.

<table>
<thead>
<tr>
<th>Item</th>
<th>Very Rarely</th>
<th>Some of the Time</th>
<th>Almost Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. When you have leisure time how often do you choose to spend it with him/her alone?</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
<td>7 8 9 10</td>
</tr>
<tr>
<td>2. How often do you keep very personal information to yourself and do not share it with him/her?</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
<td>8 9 10</td>
</tr>
<tr>
<td>3. How often do you show him/her affection?</td>
<td>1 2 3 4 5 6</td>
<td></td>
<td>8 9 10</td>
</tr>
<tr>
<td>4. How often do you confide very personal information to him/her?</td>
<td>1 2 3 4 5 6</td>
<td></td>
<td>8 9 10</td>
</tr>
<tr>
<td>5. How often are you able to understand his/her feelings?</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
<td>8 9 10</td>
</tr>
<tr>
<td>6. How often do you feel close to him/her?</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
<td>8 9 10</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Item</th>
<th>Not Much</th>
<th>A Little</th>
<th>A Great Deal</th>
</tr>
</thead>
<tbody>
<tr>
<td>7. How much do you like to spend time with him/her?</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
<td>8 9 10</td>
</tr>
<tr>
<td>8. How much do you feel like being encouraging and supportive to him/her when he/she is unhappy?</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
<td>8 9 10</td>
</tr>
<tr>
<td>9. How close do you feel to him/her most of the time?</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
<td>8 9 10</td>
</tr>
<tr>
<td>10. How important is it to you to listen to his/her personal disclosures?</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
<td>8 9 10</td>
</tr>
<tr>
<td>11. How satisfying is your relationship with him/her?</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
<td>8 9 10</td>
</tr>
<tr>
<td>12. How affectionate do you feel towards him/her?</td>
<td>1 2 3 4 5 6 7</td>
<td></td>
<td>8 9 10</td>
</tr>
</tbody>
</table>

P.T.O.
13. How important is it to you the he/she understand your feelings?  
   1 2 3 4 5 6 7 8 9 10

14. How much damage is caused by a typical disagreement in your relationship with him/her?  
   1 2 3 4 5 6 7 8 9 10

15. How important is it to you that he/she be encouraging and supportive to you when you are unhappy?  
   1 2 3 4 5 6 7 8 9 10

16. How important is it to you the he/she show you affection?  
   1 2 3 4 5 6 7 8 9 10

17. How important is your relationship with him/her in your life?  
   1 2 3 4 5 6 7 8 9 10

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Name:  
Sex:  
Age:  
Length of marriage:  
Education:  
No. of years living together: