Appendix
Confidential

PROLONGED DEPRIVATION SCALE (PDS)

Designed and Prepared by
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REUSABLE TEST BOOKLET

[ Please do not write anything on this Booklet. ]

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INSTRUCTIONS FOR RESEARCHERS

Present scale has been developed to provide quantitative measure of the global experiential input of an individual. It attempts at measuring experiences derived from environment with respect to different aspects of life. In order to administer this scale successfully and efficiently researchers have to obtain information pertaining to each item of the scale through interview and observation. In the format of the scale for each item one question is given. Other questions may and should be asked, if necessary, in order to elicit reliable and valid information. On the basis of information, thus obtained, the same has to be rated on five-point scales. The five points of the rating scale cover values from very low degree of deprivation '1' to very high degree of deprivation '5'. In order to determine the position of a subject on each scale-item five ordinal categories, i.e., (1), (a), (b), (c), (d), and (e) are given with descriptions. They are cues and correspond to the five deprivation categories supposedly equidistant from one to the other. After determining the position of the subject a researcher has to put a check mark ('\') in the given space. The significant informations obtained from subjects have to be noted in space given to the right side of the item. This helps in determination of category. A thorough checking of all the items is necessary after obtaining relevant information and determination of categories on all the items. Then numerical scores are assigned to ratings made on all the items of PDS. They are to be recorded in the summary chart given at the end of scale form. There is no time-limit for administration of the scale.

It is needless to point out that determination of experiential content is a complex task. Particularly it is most difficult to obtain accurate information, regarding motivational, emotional and other similar personal experiences. Without establishing adequate rapport with the subject it is impossible to do so. Therefore, it is desirable to start with a warm and friendly relationship between the researcher and the subject.

Prior to the administration of scale the subject will have to be informed that secrecy of the responses given by him will be maintained. The researchers are advised to validate the informations received from subject through other sources, i.e., friends and parents of the subject. The physical environment and other related informations may be obtained through observation. In fact, successful use of the present scale depends upon combined skill of interview, rating and observation. With regards to vocabulary used in the scale format the following points should be kept in mind.

(1) In many items a category named 'average' is given but it cannot be equated with 'normal' or 'adequate'. It represents the middle position with respect to the five levels of deprivation. While determining the category this fact must be given due consideration.
(2) The questions in the scale should not be viewed in the context of "immediate present". Category determination should be strictly done on the basis of total experiential content of the individual derived up to the time of the administration of PDS. Particularly special attention is required for 62nd item onwards. With regard to these items information has to be obtained concerning general life experiences and not to the immediate experiences.
<table>
<thead>
<tr>
<th>S. No.</th>
<th>Items</th>
<th>Notes</th>
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<tbody>
<tr>
<td>1.</td>
<td>In which type of house have you been living till now?</td>
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<tr>
<td></td>
<td>(a) Pucca cemented house</td>
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<td></td>
<td>(b) Partly cemented, partly katcha</td>
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<td></td>
<td>(c) Katcha house made with fire-bricks</td>
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<td></td>
<td>(d) Partly katcha house and partly hut or thatched-roof</td>
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<td></td>
<td>(e) Hut.</td>
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<td>2.</td>
<td>Is the house spacious enough for the number of persons living in it?</td>
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<tr>
<td></td>
<td>(a) More than sufficient</td>
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<td></td>
<td>(b) Sufficient</td>
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<td></td>
<td>(c) Tolerable</td>
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<td></td>
<td>(d) Insufficient</td>
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<td></td>
<td>(e) Extremely insufficient</td>
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<td>3.</td>
<td>In what condition is your house? (Whether dilapidated, or strong-looking, in what physical condition is it?)</td>
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<td></td>
<td>(a) Very strong</td>
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<td></td>
<td>(b) Strong</td>
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<td></td>
<td>(c) Average</td>
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<td></td>
<td>(d) Weak and broken</td>
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<td></td>
<td>(e) Very dilapidated</td>
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<td>4.</td>
<td>What facilities (e.g., Courtyard, Varandah, Drawing-room with Windows, Lawn, Foreground, Latrine etc.) are available in the house?</td>
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<tr>
<td></td>
<td>(a) All facilities</td>
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<td></td>
<td>(b) Most of the facilities</td>
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<td></td>
<td>(c) Average</td>
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<td></td>
<td>(d) A few facilities only</td>
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<td></td>
<td>(e) Very few facilities</td>
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<td>5.</td>
<td>What is the spatial location of the residence in the village/township?</td>
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<tr>
<td></td>
<td>(a) In the centre</td>
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<td></td>
<td>(b) Near the central position</td>
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<td></td>
<td>(c) Away from central position</td>
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<td></td>
<td>(d) Far away from central position</td>
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<td></td>
<td>(e) On the periphery</td>
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<td>6.</td>
<td>Of what castes/socio-economic status (SES) are the residents of your neighbourhood?</td>
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<tr>
<td></td>
<td>(a) People of all castes/SES</td>
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<td></td>
<td>(b) Of many castes/SES</td>
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<td></td>
<td>(c) Of the same castes/SES</td>
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<td></td>
<td>(d) Of all castes/SES</td>
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<td></td>
<td>(e) Of very low castes/SES</td>
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<td></td>
<td>(Note: Low is relative to the caste/SES of the subject.)</td>
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</table>
7. What kinds of utensils are available in your house?
   (a) Stainless steel, white-metal, china-pots and cups
   (b) Some pots of stainless steel, white metal
   (c) White metal and aluminium
   (d) Brass and aluminium
   (e) Mostly aluminium and earthen-pots.

8. What kinds of furniture are used in your house?
   (a) Sofa, Chair, Table, Wall-shelf, Bedstead etc.
   (b) Some Chairs, Table, Charpoy
   (c) Few Chairs, Table, Charpoy
   (d) Charpoy only
   (e) Insufficient charpoys and straw mats.

9. What facilities are available for drinking-water in your house?
   (a) Tube-well, Water-supply
   (b) Hand-pump at a small distance
   (c) Hand-pump at a long distance
   (d) Well at some distance
   (e) Well at a long distance.

10. What is the lighting arrangement in your house?
    (a) Electricity
    (b) Partly electricity and partly kerosin lamps
    (c) Lanterns
    (d) Indigenous earthen-lamps
    (e) Controlled/occasional use of indigenous earthen-lamps.

11. What type of agricultural implements are available?
    (a) Tractor, Tube-well and other implements
    (b) Tube-well/Plough, Fodder machine
    (c) Plough, Fodder machine
    (d) Only plough
    (e) Nothing.

12. What means of transportation are available?
    (a) Car, Motor
    (b) Motorcycle, Scooter
    (c) Bicycle
    (d) Occasional bicycle
    (e) Dependence on foot.

13. How much printed literature (e.g., Books, Newspapers, Magazines etc.) is available in the house?
    (a) Considerable number of books and daily supply of newspapers, and magazines
    (b) Few books, occasional use of magazines and newspapers
    (c) Newspapers, regular use of books
    (d) Few books or occasional use of newspapers
    (e) Nothing.
14. What are the mechanical gadgets available in the house?
   (a) Radio, Clock, Refrigerator, Telephone etc.
   (b) Radio, Clock, Gun etc.
   (c) Radio, Clock, Torch etc.
   (d) Torch and few photographs
   (e) Few photographs only or nothing.

15. What are the sources of family income?
   (a) Professional service, good agriculture/lucrative business
   (b) Professional service only/good agriculture
   (c) Average service (middle-class)/small agricultural holding
   (d) Menial service/small landholding
   (e) Daily wages.

16. Is the income of family sufficient to cover all expenditures?
   (a) More than sufficient
   (b) Sufficient
   (c) Average
   (d) Insufficient
   (e) Very insufficient.

17. How much cultivated land have you in your family?
   (a) More than sufficient (20 Bighas or more)
   (b) Sufficient (10 to 20 Bighas)
   (c) Average (5 to 10 Bighas)
   (d) Insufficient (1 to 5 Bighas)
   (e) Very insufficient (up to only 1 Bigha).

18. What is the cattle property?
   (a) Ox, cow, buffalo, she-goat, hen
   (b) Cow, one pair of ox
   (c) One pair of ox, or 1 ox and one buffalo
   (d) One ox/or cow
   (e) Nothing.

19. What is the area of orchard in profession?
   (a) Very big (several bighas)
   (b) Enough (2-3 Bighas)
   (c) Average (20-25 trees)
   (d) Less than average (5 to 10 trees)
   (e) Nothing.

20. What is the debt-position of your family?
   (a) No debt
   (b) Small amount
   (c) Moderate amount
   (d) Large amount
   (e) Huge amount.

21. What is the general quantum of economic difficulties of your family?
   (a) Very little
   (b) Little
   (c) Average
   (d) Fairly large
   (e) Extremely large.
22. What is the daily meal programme in your family?
   (a) Two daily meals with morning breakfast and evening snacks
   (b) Two daily meals with morning breakfast
   (c) Only two meals
   (d) One meal in 24 hours with certainty
   (e) Uncertainty concerning daily meals.

23. What are the items commonly included in food items?
   (a) Rice, bread, dal, ghee, vegetables, meat, curd, sweets, etc.
   (b) Everything but occasional use of meat, curd, etc.
   (c) Rice and bread only
   (d) Only rice or bread and coarse grains
   (e) Coarse grains with uncertainty about quality and quantity.

24. To which extent nutritive material (e.g., milk, curd, fruits, meat, etc.) are used?
   (a) Nearly regularly
   (b) With sufficient frequency
   (c) With average frequency
   (d) Less than average frequency
   (e) Occasionally.

25. What is the quantum of use of sugar and tea in your family?
   (a) Nearly regularly
   (b) With sufficient frequency
   (c) With average frequency
   (d) Less than average frequency
   (e) Occasionally.

26. In general, what kinds of clothes are used in your family?
   (a) All types of clothes, i.e., cotton, woollen, silk, synthetic fibre clothes
   (b) Cotton, woollen, some synthetic fibre clothes
   (c) Cotton, some woollen
   (d) Mostly cotton, some synthetic
   (e) Cotton only

27. Do you have sufficient clothes?
   (a) More than sufficient
   (b) Sufficient
   (c) Average
   (d) Insufficient
   (e) Very insufficient.

28. Since what age have you been using footwear?
   (a) Use of footwear from early childhood
   (d) From late childhood
   (c) From adolescence
   (d) Only after adolescence
   (e) Only occasionally.
29. What kind of bed do you use?
(a) Bedstead, cushion, pillow, quilt, mosquito-net
(b) Mattress with cotton padding, chaddar, quilt, charpoy
(c) Mattress with cotton padding and quilt
(d) Rough mattress with cotton padding and either blanket or chaddar
(e) Either quilt or blanket or chaddar.

30. At what age did you begin study in school?
(a) Early childhood
(b) Late childhood
(c) Adolescence
(d) Adulthood
(e) Never.

31. What are your educational attainments?
(a) Graduate or more
(b) Secondary
(c) Middle high school.
(d) Up to primary
(e) Illiterate.

32. How many years have you spent in educational institution?
(a) 13 years and above
(b) 10 to 12 years
(c) 6 to 9 years
(d) Up to 5 years
(e) Less than one year.

33. How regular were you in your school?
(a) Very regular
(b) Regular
(c) Average
(d) Less than average
(e) Very irregular.

34. How frequent was your interaction with teachers?
(a) Very frequent
(b) Frequent
(c) Average
(d) Infrequent
(e) Occasional.

35. How much interest did you take in extra-curricular activities?
(a) Extraordinary
(b) Sufficient
(c) Normal
(d) Insufficient
(e) No interest.
36. What castes of classmates were there in your school-days?
   (a) Of all castes
   (b) Of many castes
   (c) Of your own caste
   (d) Of lower castes
   (e) Of lowest castes

37. By whom you were brought up during childhood?
   (a) By your own parents
   (b) By your mother or your father
   (c) By your own relation
   (d) By your distant relation
   (e) By person having very distant relation or uncertain

38. In whose company did you spend most of your time during childhood?
   (a) Father and mother
   (b) Only mother or father
   (c) Some close relation
   (d) Some distant relation
   (e) Uncertain

39. How much attention did your parents/guardians paid to you during your childhood?
   (a) More than sufficient
   (b) Sufficient
   (c) Average
   (d) Insufficient
   (e) Extremely insufficient

40. How much affection did your parents extent to you during childhood?
   (a) Sufficiently affectionate
   (b) Very affectionate
   (c) Moderately affectionate
   (d) Insufficient
   (e) No affection

41. Under what type of discipline did your parents brought you up during your childhood?
   (a) Highly disciplined (liberal)
   (b) Fairly high
   (c) Moderate
   (d) Insufficient
   (e) Extremely insufficient (less discipline)

42. How much time did you spend with children of your age group?
   (a) Most frequently
   (b) Frequently
   (c) Moderately
   (d) Insufficiently
   (e) Rarely
43. What kind of friends did you have during your childhood?
   (a) Of all castes 
   (b) Of many castes 
   (c) Of the same caste 
   (d) Of lower castes 
   (e) Of extremely lower castes.

44. How much opportunity did you have for play and recreation during childhood?
   (a) Very frequently 
   (b) Frequently 
   (c) Occasionally 
   (d) Infrequently 
   (e) Rarely.

45. How frequently did you go to market-places (Bajaar) during your childhood?
   (a) Most frequently 
   (b) Frequently 
   (c) Occasionally 
   (d) Infrequently 
   (e) Rarely.

46. With what frequency did you get opportunity to hear folklore from your elders during childhood?
   (a) Most frequently 
   (b) Frequently 
   (c) Occasionally 
   (d) Infrequently 
   (e) Rarely.

47. How much opportunity did you have to go to religious and other places during childhood?
   (a) Most frequently 
   (b) Frequently 
   (c) Occasionally 
   (d) Infrequently 
   (e) Rarely.

48. How frequently did you participate in household activities during your childhood?
   (a) Most frequently 
   (b) Frequently 
   (c) Occasionally 
   (d) Infrequently 
   (e) Rarely.

49. How much educated are your parents/guardians?
   (a) Adequately educated 
   (b) Father adequately educated 
   (c) Father moderately educated 
   (d) Father literate 
   (e) Father uneducated.
50. How sufficient is the income of your parents/guardians?
   (a) More than sufficient
   (b) Sufficient
   (c) Average
   (d) Insufficient
   (e) Very insufficient.

51. What is the political status of your parents?
   (a) Very high
   (b) High
   (c) Average
   (d) Low
   (e) Very low.

52. In general, what kind of reputation do your parents have in the community?
   (a) Very high
   (b) High
   (c) Average
   (d) Low
   (e) Very low.

53. In general, what type of relation do your parents/guardians have with each other?
   (a) Very good
   (b) Good
   (c) Average
   (d) Bad
   (e) Very bad.

54. In general, how much worry and anxiety do your parents/guardians exhibit?
   (a) Least anxious
   (b) Anxious
   (c) Moderately anxious
   (d) Very anxious
   (e) Extremely anxious.

55. How healthy are your parents/guardians?
   (a) Very healthy
   (b) Healthy
   (c) Moderately healthy
   (d) Poor health
   (e) Very poor health.

56. How easily do you express your opinions before your elders in the family or outside?
   (a) Fully expressed
   (b) Partially expressed
   (c) Moderately expressed
   (d) Occasionally expressed
   (e) Rarely expressed.
57. To what extent, in general, do your views correspond to the views of your parents/guardians?

<table>
<thead>
<tr>
<th>Option</th>
<th>Frequency</th>
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<tbody>
<tr>
<td>(a) Always</td>
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<td>(b) Usually</td>
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<td>(c) Moderately</td>
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<tr>
<td>(d) Occasionally</td>
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<tr>
<td>(e) Rarely</td>
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58. What kind of expectations do your parents have from you?

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<th>Option</th>
<th>Degree</th>
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<tr>
<td>(a) Extremely ambitious</td>
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<td>(b) Highly ambitious</td>
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<td>(c) Moderately ambitious</td>
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<td>(d) Less ambitious</td>
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<tr>
<td>(e) Least ambitious</td>
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59. In general, how much guidance did you get from your parents/guardians?

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<th>Option</th>
<th>Frequency</th>
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<tbody>
<tr>
<td>(a) Always</td>
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<tr>
<td>(b) Usually</td>
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<td>(c) Frequently</td>
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<tr>
<td>(d) Occasionally</td>
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<tr>
<td>(e) Rarely</td>
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60. How frequently do you involve to quarrel/hot argument with parents/guardians?

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<th>Option</th>
<th>Frequency</th>
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<tbody>
<tr>
<td>(a) Never</td>
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<tr>
<td>(b) Occasionally</td>
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<tr>
<td>(c) Moderately</td>
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<tr>
<td>(d) Frequently</td>
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<tr>
<td>(e) Very frequently</td>
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61. To what extent or the average do you co-operate with your parents/guardians?

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<th>Option</th>
<th>Frequency</th>
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<tbody>
<tr>
<td>(a) Always</td>
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<td>(b) Usually</td>
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<tr>
<td>(c) Moderately</td>
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<tr>
<td>(d) Occasionally</td>
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<tr>
<td>(e) Rarely</td>
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62. To what extent is your need for social prestige fulfilled?

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<th>Option</th>
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<tbody>
<tr>
<td>(a) Extremely well</td>
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<tr>
<td>(b) Well</td>
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<td>(c) Average</td>
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<td>(d) Very little</td>
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<tr>
<td>(e) Never.</td>
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63. To what extent is your need for getting company of others fulfilled?

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<th>Option</th>
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<tr>
<td>(a) Fully</td>
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<tr>
<td>(b) Partially</td>
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<tr>
<td>(c) Moderately</td>
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<td>(d) Slightly</td>
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<tr>
<td>(e) Least.</td>
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</table>
64. To what extent is your curiosity or need for knowing things satisfied?
   (a) Fully [ ]
   (b) Partially [ ]
   (c) Moderately [ ]
   (d) Slightly [ ]
   (e) Least. [ ]

65. To what extent is your desire for making your own decisions fulfilled?
   (a) Fully [ ]
   (b) Partially [ ]
   (c) Moderately [ ]
   (d) Slightly [ ]
   (e) Least. [ ]

66. To what extent is your desire for going to places, or act according to your own desire fulfilled?
   (a) Always [ ]
   (b) Usually [ ]
   (c) Moderately [ ]
   (d) Occasionally [ ]
   (e) Rarely. [ ]

67. To what extent are your expectations from family members fulfilled?
   (a) Always [ ]
   (b) Usually [ ]
   (c) Moderately [ ]
   (d) Occasionally [ ]
   (e) Rarely. [ ]

68. To which extent, in general, is your desire to dominate others fulfilled?
   (a) Always [ ]
   (b) Usually [ ]
   (c) Moderately [ ]
   (d) Occasionally [ ]
   (e) Rarely. [ ]

69. To what extent is your desire for taking initiative satisfied?
   (a) Always [ ]
   (b) Usually [ ]
   (c) Moderately [ ]
   (d) Occasionally [ ]
   (e) Rarely. [ ]

70. How dissatisfied and unhappy are you with your present mode of life?
   (a) Extremely unhappy and dissatisfied [ ]
   (b) Highly [ ]
   (c) Moderately [ ]
   (d) Partially [ ]
   (e) Least. [ ]
71. How varied are your interests?
   (a) Extremely varied
   (b) Highly varied
   (c) Moderately varied
   (d) Partially varied
   (e) Least varied.

72. How frequently do you think about future plans?
   (a) Very frequently
   (b) Frequently
   (c) Sometimes
   (d) Infrequently
   (e) Rarely.

73. In general, how contented do you feel to be?
   (a) Extremely
   (b) Frequently
   (c) Sometimes
   (d) Infrequently
   (e) Rarely.

74. How afraid or panicky do you feel, in general, from different types of objects, conditions and events?
   (a) Extremely
   (b) Highly
   (c) Moderately
   (d) Less than moderately
   (e) Very little.

75. How neglected are you by others?
   (a) Most
   (b) Much
   (c) Average
   (d) Less than average
   (e) Least.

76. How much sympathy do you get from others?
   (a) Most
   (b) Much
   (c) Average
   (d) Less than average
   (e) Least.

77. How anxious and tense do you feel, in general?
   (a) Most
   (b) Much
   (c) Average
   (d) Less than average
   (e) Least.
78. How much others praise you?
   (a) Most
   (b) Much
   (c) Average
   (d) Less than average
   (e) Least.

79. How much of opportunity have you got in your life to get rewards?
   (a) Always
   (b) Frequently
   (c) Sometimes
   (d) Infrequently
   (e) Rarely.

80. How healthy do you keep?
   (a) Extremely
   (b) Very
   (c) Neither healthy nor unhealthy
   (d) Slightly unhealthy
   (e) Extremely unhealthy.

81. What facilities are available to you for your entertainments?
   (a) Cinema, Radio, Playhouse, Games of choice
   (b) Cinema, Radio
   (c) Only Radio
   (d) Only some sports and games
   (e) Only talking with others.

82. How varied are your experiences of entertainment?
   (a) Extremely varied
   (b) Highly varied
   (c) Moderately varied
   (d) Slightly varied
   (e) Least varied.

83. How much leisure time do you get?
   (a) Least
   (b) Less than moderate
   (c) Moderate
   (d) More than moderate
   (e) Too much.

84. How much opportunity have you got so far of travels?
   (a) Extremely
   (b) Highly
   (c) Moderately
   (d) Occasionally
   (e) Rarely.
85. How much time do you devote in religious rituals?
- (a) Extremely
- (b) Highly
- (c) Moderately
- (d) Occasionally
- (e) Rarely.

86. How many rituals are observed in your family? (Such as rituals observed in our culture on religious days, and important days like birthday, marriage, etc.)
- (a) All rituals
- (b) Almost all
- (c) Some of them
- (d) A few of them
- (e) Very few of them.

87. How acquainted are you with other religions?
- (a) Highly acquainted
- (b) Fairly well
- (c) Moderately
- (d) Slightly
- (e) Least.

88. People of what castes can take their meals in your family?
- (a) Of all castes
- (b) Of almost all castes
- (c) Of some castes
- (d) Of a few castes
- (e) Of no other castes.

89. People of how many castes can touch your drinking-water?
- (a) Of all castes
- (b) Of almost all castes
- (c) Of some castes
- (d) Of a few castes
- (e) Of no other castes.

90. People of how many castes can drink water brought by you?
- (a) Of all castes
- (b) Of almost all castes
- (c) Of some castes
- (d) Of a few castes
- (e) Of no other castes.

91. People of how many castes can sit with you?
- (a) Of all castes
- (b) Of almost all castes
- (c) Of some castes
- (d) Of a few castes
- (e) Of no other castes.
92. With which caste people can you sit on a charpai?
   (a) Of all castes
   (b) Of almost all castes
   (c) Of some castes
   (d) Of a few castes
   (e) Of no other castes.

93. To what extent you participate in social activities of higher caste people?
   (a) Of all castes
   (b) Of almost all castes
   (c) Of some castes
   (d) Of a few castes
   (e) Of no other castes.

94. How important do you find yourself in social activities of your mohalla/village/town?
   (a) Extremely
   (b) High
   (c) Moderately
   (d) Slightly
   (e) Least.

95. What kind of reputation do you have in the village/mohalla/town?
   (a) Extremely high
   (b) High
   (c) Moderate
   (d) Low
   (e) Very low.

96. How much contact do you have with city-life?
   (a) Very frequent
   (b) Frequent
   (c) Moderate
   (d) Slight
   (e) Least.
## ANSWER - SHEET

**Misra & Tripathi's Prolonged Deprivation Scale (P.D.S)**

| Name (Name) — | Age (Age) — |
| Village (Village) — | Caste (Caste) — |
| Education (Education) — | Occupation (Occupation) — |
| Marital Status (Marital Status) — | |
| Father's name (Father's name) — | |
| Education (Education) — | |

### AREA-WISE SCORES ON P D S

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<td>3. Economic sufficiency</td>
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